

CRAWFURD

MEDICAL

3 TEMASEK BOULEVARD, #02-482, SUNTEC CITY MALL
(NORTH WING BETWEEN TOWER 1 & 2)
SINGAPORE 038983

Your One-Stop Health Screening & Medical Centre



At Crawfurd Medical, we make healthcare simple, seamless, and accessible. As a one-stop clinic, we provide diagnostic imaging, comprehensive health screening, GP services, and employment medical checks — all under one roof.

Our dedicated medical team delivers care that goes beyond tests and treatments. We focus on your overall well-being, offering a comfortable environment, quality service, and personalised support.

Explore our full range of Health Screening Packages here:

<https://crawfurdmedical.com.sg/health-screening/>

Your health matters — let us care for you, all in one place.

Appointment Booking



Should you wish to schedule your health screening, you may do so through any of the following channels.

Please remember to quote your “Company Name” when making the appointment.

Appointment Options:

 WhatsApp us at 9833 2651

 Call us at 6804 9580

 Email us at Appointment@crawfurdmedical.com

 Register through the weblink: <https://q4what.com/CMCServices?lan=en&bn=cmc>

Considerations for Booking An Appointment



For ladies only: Urine, stool and Pap smear tests are preferably done at least 5 days before the start of menstruation or 5 days after the end of menstruation. You may want to time your appointment accordingly.



Fasting Required: As some tests require you to be fasted (e.g. blood test and ultrasound abdomen), please abstain from food and drinks for at least 10 hours before your scheduled appointment. Sips of plain water are allowed.

An example of the time range for fasting is as follows:

Health Screening Appointment	Earliest Slot	Latest Slot
Morning Session (Monday to Saturday, excluding Public Holidays)	8.30am Fast from 10.30pm the night before	11.00am Fast from 1.00am

Find Us Here

Clinic Location

Address:

Suntec City Mall (North Wing between Tower 1 & 2)
3 Temasek Boulevard, #02-482, Singapore 038983

Pathway to clinic



By Car

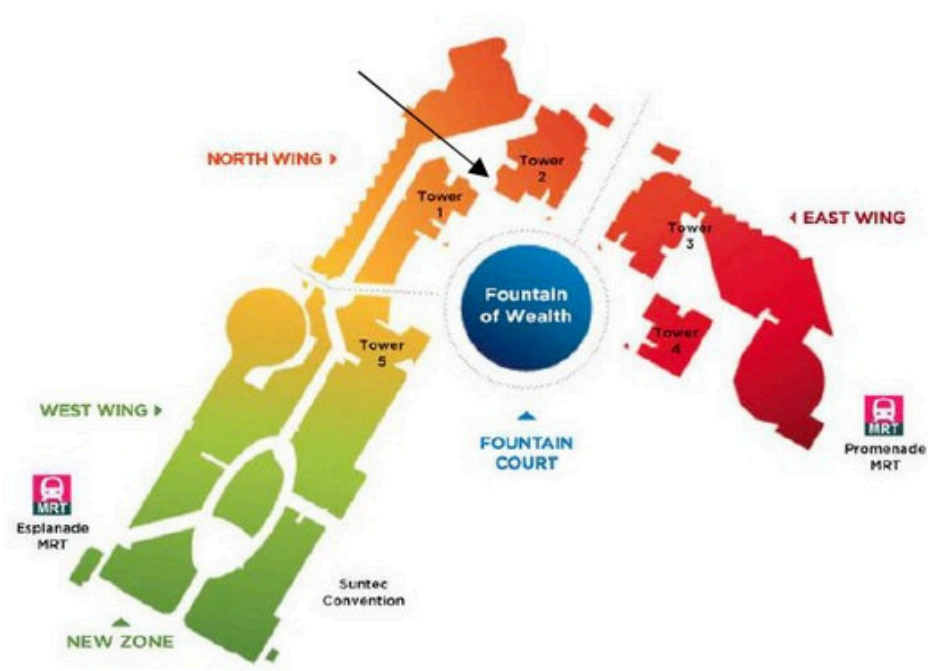
THERE ARE 4 ACCESS ROUTES TO SUNTEC CITY BY CAR:

1. Raffles Boulevard (from Bras Basah Road)
2. Temasek Avenue
3. Rochor Road exit from East Coast Expressway (ECP)
4. Nicoll Highway *You may park in the *Orange Zone* of the carpark for convenience



By MRT

- < 10 min walk from Promenade MRT – Exit C
- < 10 min walk from Esplanade MRT – Exit A
- < 20 min walk from City Hall MRT



OPERATING HOURS:

Monday to Friday: Saturday: 8.30 am to 1.00pm; 2.00pm to 5.30 pm

Sunday & Public Holidays: 8.30 am to 12.30 pm

Closed

Lunch hours will be from 12.30 pm to 2.00 pm

Pre-Screening

Pre-Screening Preparations and Checklist



Please present the necessary documents (e.g. identification card, passport or staff pass) for verification upon registration.



As some tests require you to be fasted (e.g. blood test and ultrasound abdomen), please abstain from food and drinks for at least 10 hours before your scheduled appointment. Sips of plain water are allowed.



Please do not take medicine or insulin for diabetes in the morning of the scheduled appointment.



Regular medicine for high blood pressure and heart can be continued.



Please bring your past medical reports, scans and medications.



As we will be testing your vision, please bring your glasses for distant and near vision tests. Please do not put on your contact lenses on the day of appointment.



For your comfort and convenience of medical examination, it is preferable to wear a two-piece outfit.



If you are undergoing the Cardiac Treadmill Stress ECG test, you may bring your sports attire. Medications such as beta-blocker may need to be omitted 24- 48 hours before the tests. You are advised to discuss this with your prescribing doctor.



Containers will be provided for collection of urine and stool specimens on the day of screening. Do collect mid-stream urine to avoid contamination of the sample. Collect 1 scoop of stool using the spatula from the bottle provided the night before or in the morning of your appointment



(For ladies only) Urine, stool and Pap smear tests are preferably done at least 5 days before the start of menstruation or 5 days after the end of menstruation. Avoid sexual intercourse, use of spermicides, vaginal creams/medications, lubricants and tampons 48 hours prior to your appointment.

Radiology Preparations

Radiology Preparations (If you are taking the following radiology assessment)

1. **Ultrasound Abdomen / Ultrasound Hepatobiliary System**

Fasting is required at least 8 hours before the examination

2. **Ultrasound Pelvis / Prostate**

Patient to drink at least 5 to 6 glasses of water one hour before the examination. Patient is not to empty the bladder until the test is done.

A full bladder forms an acoustic window for the ultrasonic waves to detect the size and shape of the pelvic organs

3. **Ultrasound Breasts / Mammogram**

At the clinic, you may be asked to change into a x-ray gown and to remove jewellery or ornaments which may obscure the region that is being scanned. Please refrain from applying perfume, powder or deodorant on the breast or armpits area.

For female patients taking Mammogram, you will be asked to certify that you are not pregnant. If there is any possibility of pregnancy, this should be brought to the attention of the physician or radiographer or nurse attending to you.

