

# A health screening today for a brighter tomorrow!

BOOK YOUR HEALTH SCREENING EARLY!



Preventive health screening starts early and continues throughout life. At Parkway Shenton, we tailor health screening packages according to age, medical history, risk factors, family history and health concerns. With our team of experienced healthcare professionals and staff, feel at ease with personalised and attentive care during every visit.

We offer delivery of screening results and a full, targeted review that includes lifestyle recommendations and health advice. For those requiring medical intervention, we provide a one-stop experience with direct access to our specialists, facilities and premium medical services.

## Book your appointment with us!

### LOCATIONS

Executive Health Screeners  
(Republic Plaza)

Executive Health Screeners  
(Paragon)

Executive Health Screeners  
(Gleneagles Hospital)

Executive Health Screeners  
(Bedok Central)

Executive Health Screeners  
(Mount Elizabeth Hospital)

Executive Health Screeners  
(Mount Elizabeth Novena Hospital)

Kindly provide Full Name, NRIC No., Date of Birth, Gender, Contact Details and First & Second Preferred Dates

### Contact us at

 +65 8660 0090 [Whatsapp]

 +65 6280 0090 [Call]

 [ehs.customerservice@parkwaypantai.com](mailto:ehs.customerservice@parkwaypantai.com)



Refer to next page for the  
Executive Health Screening Packages



# Screen Classic

For the young professionals.

For Men  
**\$585**  
(with GST)

For Women  
**\$625**  
(with GST)

### Medical Consultation

### Clinical Examination

- Vital Signs and Physical Examination
- Body Composition Analysis
- Eye Check
  - Visual Acuity
  - Colour Vision

### Blood Tests: Essentials

- Full Blood Count
- Cholesterol Profile
- Kidney Function
- Liver Function
- Thyroid Function
- Mineral Screen
  - Uric Acid
  - Calcium
  - Phosphate

Price is inclusive of GST, at prevailing rate.



### Blood Tests: Disease Screen

- Diabetes Screen
  - Blood Glucose
  - HbA1c
- Hepatitis A and B Screen

### Urine Analysis

- Urine Microscopic Examination

### Stool Occult Blood Test (Immunological)

### Cardiac Screen

- Resting ECG

### Imaging Tests

- Chest X-ray

### Tests (For Women)

- ThinPrep Pap Smear

### Additional Tests with Top-Up

- Treadmill Test (Stress ECG)
- Ultrasound Abdomen - Includes Liver, Gallbladder, Pancreas, Spleen, Kidneys
- Ultrasound Thyroid
- Uroflowmetry and Bladder Scan
- Ultrasound Pelvis
- Ultrasound Breasts
- Mammogram



# Screen Elite

Advance through life worry-free.

For Men  
**\$958**  
(with GST)

For Women  
**\$998**  
(with GST)

## Medical Consultation

## Clinical Examination

- Vital Signs and Physical Examination
- Body Composition Analysis
- Eye Check
  - Visual Acuity
  - Colour Vision
  - Tonometry (Glaucoma Screen)

## Blood Tests: Essentials

- |                     |                            |
|---------------------|----------------------------|
| Full Blood Count    | Vitamin and Mineral Screen |
| Cholesterol Profile | Uric Acid                  |
| Kidney Function     | Calcium                    |
| Liver Function      | Phosphate                  |
| Thyroid Function    | Vitamin D Level            |

Price is inclusive of GST, at prevailing rate.

## Blood Tests: Disease Screen

- Diabetes Screen
  - Blood Glucose
  - HbA1c
- Hepatitis A, B and C Screen

## Blood Tests: Tumour Markers

- Colon (CEA)
- Liver (AFP)
- Prostate (PSA)
- Ovary (CA125)

## Urine Analysis

- Urine Microscopic Examination
- Urine Microalbumin / Creatinine Ratio

## Stool Occult Blood Test (Immunological)

## Cardiac Screen

- Resting ECG

## Imaging Tests

- Chest X-ray

## Tests (For Women)

- ThinPrep Pap Smear

## Additional Tests

Choose 1:

- Treadmill Test (Stress ECG)
- Ultrasound Kidneys
- Ultrasound Thyroid
- Ultrasound Liver
- Ultrasound Abdomen - Includes Liver, Gallbladder, Pancreas, Spleen, Kidneys (Top-up applies)
- Uroflowmetry and Bladder Scan
- Ultrasound Pelvis
- Ultrasound Breasts
- Mammogram

# Screen Exclusive

Vitality and health  
in your prime.



For Men  
**\$1,700**  
(with GST)

For Women  
**\$1,740**  
(with GST)

## Medical Consultation

## Clinical Examination

Vital Signs and Physical Examination  
Body Composition Analysis  
Eye Check  
Visual Acuity  
Colour Vision  
Tonometry (Glaucoma Screen)  
Retinal Photography

## Blood Tests: Essentials

Full Blood Count	Vitamin and Mineral Screen
Cholesterol Profile	Uric Acid
Kidney Function	Calcium
Liver Function	Phosphate
Thyroid Function	Vitamin D Level

## Blood Tests: Disease Screen

Diabetes Screen  
Blood Glucose  
HbA1c  
Hepatitis A, B and  
C Screen

## Blood Tests: Tumour Markers

Colon (CEA)  
Liver (AFP)  
Nasopharynx / Nose  
(EBV Serology)  
Pancreas (CA19.9)  
Prostate (PSA)  
Testis (THCG)  
Breast (CA15.3)  
Ovary (CA125)

## Urine Analysis

Urine Microscopic  
Examination  
Urine Microalbumin /  
Creatinine Ratio

## Stool Occult Blood Test (Immunological)

## Cardiac Screen

Resting ECG  
Treadmill Test  
(Stress ECG)

## Imaging Tests

Chest X-ray

## Tests (Women)

ThinPrep Pap Smear

## Additional Tests

Choose 2:

Ultrasound Kidneys  
Ultrasound Thyroid  
Ultrasound Liver  
Ultrasound Abdomen – Includes Liver,  
Gallbladder, Pancreas, Spleen, Kidneys  
(Top-up applies)  
Uroflowmetry and Bladder Scan  
Ultrasound Prostate  
Mammogram  
Ultrasound Breasts  
Ultrasound Pelvis

Price is inclusive of GST, at prevailing rate.



# Screen Signature

Vigilance at the peak of your career.



For Men  
\$2,688  
(with GST)

For Women  
\$2,728  
(with GST)



## Medical Consultation



## Clinical Examination

Vital Signs and Physical Examination  
Body Composition Analysis  
Eye Check  
Visual Acuity  
Colour Vision  
Tonometry (Glaucoma Screen)  
Retinal Photography



## Blood Tests: Essentials

Full Blood Count	Kidney Function
Anaemia Studies	Liver Function
Iron Serum	Thyroid Function
Total Iron	Vitamin and Mineral Screen
Binding Capacity	Uric Acid
Serum Folic Acid	Calcium
Vitamin B12	Phosphate
Ferritin	Vitamin D Level
Cholesterol Profile	

Price is inclusive of GST, at prevailing rate.



## Blood Tests: Disease Screen

Diabetes Screen  
Blood Glucose  
HbA1c  
Hepatitis A, B and C Screen



## Urine Analysis

Urine Microscopic Examination  
Urine Microalbumin / Creatinine Ratio



## Stool Occult Blood Test (Immunological)



## Cardiac Screen

Resting ECG  
Treadmill Test (Stress ECG)



## Imaging Tests

Chest X-ray  
Ultrasound Abdomen  
- Includes Liver, Gallbladder, Pancreas, Spleen, Kidneys



## H. Pylori Screen

Urea Breath Test



## Tests (Women)

ThinPrep Pap Smear

## Additional Tests

### Group A: Imaging Tests (Choose 2)

Ultrasound Thyroid  
Ultrasound Carotid (Stroke Screen)  
Ultrasound Fibroscan\* of Liver (Top-up applies)  
Uroflowmetry and Bladder Scan  
Ultrasound Prostate  
Mammogram  
Ultrasound Breasts  
Ultrasound Pelvis

### Group B: Functional Tests (Choose 1)

Bone Mineral Density Test (BMD)  
Blood Test: Biomarkers of Ageing\*  
Gator Prime (Gait Analysis)†

\* Only available at Mount Elizabeth Hospital (Orchard)

† Biomarkers of Ageing = Adrenal Function Test, Pituitary Function Test, Sex Hormones.

‡ Only available at Mount Elizabeth Novena Hospital



# Screen Premier

Accomplish more with peace of mind.

For Men  
**\$4,000**  
(with GST)

For Women  
**\$4,040**  
(with GST)



## Medical Consultation



## Clinical Examination

Vital Signs and Physical Examination  
Body Composition Analysis  
Eye Check  
Visual Acuity  
Colour Vision  
Tonometry (Glaucoma Screen)  
Retinal Photography



## Blood Tests: Essentials

Full Blood Count	Thyroid Function
Anaemia Studies	Vitamin and Mineral Screen
Iron Serum	Uric Acid
Total Iron	Calcium
Binding Capacity	Phosphate
Serum Folic Acid	Vitamin D Level
Vitamin B12	Biomarkers of Ageing
Ferritin	Adrenal Function Test
Cholesterol Profile	Pituitary Function Test
Kidney Function	Sex Hormones
Liver Function	

Price is inclusive of GST, at prevailing rate.

## Blood Tests: Disease Screen

Diabetes Screen  
Blood Glucose  
HbA1c  
Hepatitis A, B and C Screen

## Stool Occult Blood Test (Immunological)

Cardiac Screen  
Resting ECG  
Treadmill Test (Stress ECG)  
2D Echocardiogram

## Blood Tests: Tumour Markers

Colon (CEA)  
Liver (AFP)  
Nasopharynx / Nose (EBV Serology)  
Pancreas (CA19.9)  
GASTROClear  
Prostate (PSA)  
Testis (THCG)  
Breast (CA15.3)  
Ovary (CA125)

## Imaging Tests

Chest X-ray  
Ultrasound Abdomen  
- Includes Liver, Gallbladder, Pancreas, Spleen, Kidneys  
Bone Mineral Density Test (BMD)

## H. Pylori Screen

Urea Breath Test

## Urine Analysis

Urine Microscopic Examination  
Urine Microalbumin / Creatinine Ratio

## Tests (Women)

ThinPrep Pap Smear

## Additional Tests

Choose 2:

Ultrasound Thyroid  
Ultrasound Carotid (Stroke Screen)  
Ultrasound Fibroscan\* of Liver (Top-up applies)  
Uroflowmetry and Bladder Scan  
Ultrasound Prostate  
Mammogram  
Ultrasound Breasts  
Ultrasound Pelvis

\* Only available at Mount Elizabeth Hospital (Orchard)

# Screen Prestige

Comprehensive  
suite of tests  
for maximum  
reassurance.

For Men  
**\$6,388**  
(with GST)

For Women  
**\$6,428**  
(with GST)



## Medical Consultation



## Clinical Examination

Vital Signs and Physical Examination  
Body Composition Analysis  
Eye Check  
Visual Acuity  
Colour Vision  
Tonometry (Glaucoma Screen)  
Retinal Photography



## Blood Tests: Essentials

Full Blood Count	Thyroid Function
Anaemia Studies	Vitamin and Mineral Screen
Iron Serum	Uric Acid
Total Iron	Calcium
Binding Capacity	Phosphate
Serum Folic Acid	Vitamin D Level
Vitamin B12	Biomarkers of Ageing
Ferritin	Adrenal Function Test
Cholesterol Profile	Pituitary Function Test
Kidney Function	Sex Hormones
Liver Function	



## Blood Tests: Disease Screen

Diabetes Screen  
Blood Glucose  
HbA1c  
Hepatitis A, B and C Screen



## Blood Tests: Tumour Markers

Colon (CEA)  
Liver (AFP)  
Nasopharynx / Nose (EBV Serology)  
Pancreas (CA19.9)  
Prostate (PSA)  
Testis (THCG)  
Breast (CA15.3)  
Ovary (CA125)



## Urine Analysis

Urine Microscopic Examination  
Urine Microalbumin / Creatinine Ratio



## Stool Occult Blood Test (Immunological)



## Cardiac Screen

Resting ECG  
Treadmill Test (Stress ECG)  
2D Echocardiogram



## Nasoendoscopy



## Imaging Tests

Chest X-ray  
Ultrasound Abdomen  
- Includes Liver, Gallbladder,  
Pancreas, Spleen, Kidneys  
Bone Mineral Density Test (BMD)



## Tests (Women)

ThinPrep Pap Smear

Price is inclusive of GST, at prevailing rate.



# Cancer Screening Comprehensive LifeScreen

Make the good  
times with  
your loved  
ones last.



For Men  
**\$558**  
(with GST)

For Women  
**\$778**  
(with GST)

## Medical Consultation

## Clinical Examination

Vital Signs and Physical Examination  
Body Composition Analysis  
Eye Check  
Visual Acuity  
Colour Vision

## Urine Analysis

Urine Full Examination and Microscopic  
Examination (U FEME)

Price is inclusive of GST, at prevailing rate.

## Blood Tests: Essentials

Full Blood Count  
Bone / Joint Profile  
Cholesterol Profile  
Fasting Glucose  
Kidney Function  
Liver Function

## Blood Tests: Tumour Markers

Liver: Alphafoeto Protein (AFP)  
Colon: Carcinoembryonic Antigen (CEA)  
Pancreas (CA19.9)  
Nasopharynx / Nose (EBV Serology)  
Prostate (PSA)  
Breast (CA15.3)  
Ovary (CA125)

## Colorectal Cancer Screening

Occult Blood Immunological (OBI)

## Lung Examination

X-ray (Chest)

## Tests (Men)

Ultrasound Prostate

## Tests (Women)

Breast Mammogram and Ultrasound  
Cervical Pap Smear and HPV Test

## Post Medical Review

## Additional Tests with Top-Up




Low-Dose CT Scan (Chest)

GASTROClear + Urea Breath Test







## Pre-screening Guidelines

In order for us to serve you better, please secure your preferred timing by booking an appointment in advance.

-  As some tests require fasting (e.g. blood tests and ultrasound abdomen), please **abstain from food and drinks for at least 8 hours** before your scheduled appointment. Drinking plain water is allowed during the fasting period. Light refreshments will be provided after your fasting tests.
-  Please be **punctual** for your appointment to avoid a longer waiting time.
-  **Urine and stool sample kits** are available for collection before your appointment at any of our Executive Health Screeners clinics. Alternatively, the kits will be provided on the day of your screening.



-  **Tests that require prior specialist and facility booking** are subjected to availability on the screening date.
-  **Colonoscopy requires additional preparation** and will be performed after screening date.
-  **Gastroscopy and Colonoscopy may incur additional charges** for removal and diagnosis of polyps. These charges apply even if the endoscopy is included as part of the screening package.
-  Our doctors are happy to provide a **detailed explanation of your screening results and health advice** on a review appointment. Your report will be sent to you digitally via MyHealth360 mobile app and email.

