RafflesMedical



Treasure your health

Prevention • Detection • Enhancement

Raffles Health Screening 2025



Treasure Your Health

Prevention. Detection. Enhancement.

Health screening is essential for the early detection of diseases and conditions that can lead to disability and death. Modern lifestyles and stress can adversely affect our health, increasing the risk of silent killers such as heart disease, diabetes, hypertension, and cancers. Regular health screenings help to identify these diseases before they produce noticeable symptoms.

At **Raffles Medical**, our dedicated team of healthcare professionals is committed to enhancing your well-being and helping you understand your health status. Our screening services cater to both individuals and corporate employees.

A personalised medical report will be emailed to you following your screening. This report will be reviewed with you during a private consultation with your doctor, who will then explain your results and provide tailored recommendations based on your health profile.

Taking charge of your health through regular evaluations can help prevent potential risks. Early detection enables timely diagnosis and intervention, allowing for more effective management of illnesses. This proactive approach not only enhances your overall health but also supports you in achieving your lifestyle aspirations.

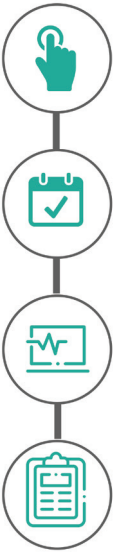
With over 40 years of experience, **Raffles Medical** offers holistic and personalised health screening services across our executive health screening centres located throughout the island. Our team of professionals is dedicated to ensuring that your visit is comfortable and worthwhile. With complimentary Wi-Fi service available, you can stay connected or attend to your business needs.

During your consultation, you can discuss any health concerns with our doctors. If necessary, they can arrange for advanced imaging to further investigate these concerns.

For more information or to schedule an appointment for any health screening package, please call our **24-hour hotline at 6311 1222**.

Packages available online

Enjoy greater convenience by selecting your preferred health screening package online.



Select health screening package

Book your appointment

Go for screening

Receive your report via email, the Raffles Connect app, or hard copy.



bit.ly/rmghealthscreening

Terms and conditions apply.

Essential Packages

The standard health screenings that provide physical check-ups, reviewing, and advising you on health risks, lifestyle, and dietary adjustments.

Available at:
All Raffles Medical clinics, Raffles Executive Medical Clinic, Raffles Health Screeners Satelite Clinics.

Select your health screening package via bit.ly/rmghealthscreening

All prices are inclusive of GST and subject to changes without prior notice.
Items in packages are non-refundable if declined.



Raffles Classic $138

PHYSICAL EXAMINATION & ASSESSMENT

- Consultation & Physical Examination by Doctor
- Body Fat Measurement
- Height / Weight / BMI
- Visual Acuity
- Medical Report (Electronic)
- Post Examination Review by Doctor

LABORATORY ANALYSIS

- Lipid / Cholesterol Profile (Measured)
- Blood Glucose
- Gout (Uric Acid)
- Liver Function Test
- Kidney Function Test
- Urinalysis



Raffles Lifestyle $238

PHYSICAL EXAMINATION & ASSESSMENT

- Consultation & Physical Examination by Doctor
- Blood Pressure Measurement
- Height / Weight / BMI
- Visual Acuity
- Medical Report (Electronic)
- Post Examination Review by Doctor

LABORATORY ANALYSIS

- Full Blood Count
- Lipid / Cholesterol Profile (Measured)
- Blood Glucose
- Gout (Uric Acid)
- Liver Function Test
- Kidney Function Test
- Urinalysis
- Thyroid Screening: Free T4
- Hepatitis B Screening
- Tumour Marker - Prostate (PSA) / Ovary (CA 125)
- Stool Occult Blood Test

OTHER CLINICAL ASSESSMENT

- 12-lead Resting Electrocardiogram (ECG)



Raffles Plus $398

Supplements Included in this package.

PHYSICAL EXAMINATION & ASSESSMENT

- Consultation & Physical Examination by Doctor
- Blood Pressure Measurement
- Height / Weight / BMI
- Visual Acuity
- Medical Report (Electronic)
- Post Examination Review by Doctor

LABORATORY ANALYSIS

- Full Blood Count
- Lipid / Cholesterol Profile (Measured)
- Blood Glucose
- HbA1c (Diabetic Screening)
- Gout (Uric Acid)
- Liver Function Test
- Kidney Function Test
- Urinalysis
- Thyroid Screening: Free T4
- Hepatitis B Screening
- Stool Occult Blood Test
- Tumour Marker - Prostate (PSA) / Ovary (CA 125)
- Tumour Marker - Liver (AFP)
- Tumour Marker - Colon (CEA)

Choose 1 out of 3 tumour marker tests

- Pancreas (CA 19-9)
- Nose (EBV)
- Breast (CA 15-3)

OTHER CLINICAL ASSESSMENT

- 12-lead Resting Electrocardiogram (ECG)

Optional Add-on Tests

to Raffles Classic, Raffles Lifestyle, or Raffles Plus

TUMOUR MARKER PACKAGE S$131

Select 3 out of 7 tests

- Prostate (PSA)
- Ovary (CA 125)
- Breast (CA 15-3)
- Pancreas (CA 19-9)
- Colon (CEA)
- Lung (Cyfra)
- Liver (AFP)

For Men

SPECIFIC SCREENING A S$234

- PSA
- Ultrasound Prostate

SPECIFIC SCREENING B S$289

- Testosterone
- Ultrasound Scrotum

For Ladies

SPECIFIC SCREENING A S$327

- HPV
- Pap Smear
- Ultrasound Pelvis

SPECIFIC SCREENING B S$327

- Ultrasound Breast
- Mammogram

MINERAL SCREENING S$104

- Iron
- Vitamin B12
- Folate
- Calcium
- Phosphate

Mastocheck®
Blood-based test to screen for breast cancer

Enhance Packages

The comprehensive packages that provide full body checkup, pre-screening consultation by doctor, laboratory analysis, radiology, and physical assessment. Our doctors will advise you on health risks, lifestyle and dietary adjustments, family medical history and stress levels, and how these affect your well-being.

Deluxe package available at:
Shaw Centre, Raffles Holland V, MBFC, Singapore Land Tower, Tampines One, Changi Airport Terminal 3, Causeway Point, Raffles Medical @Raffles Hospital, and Jurong East.

All other packages available at:
Shaw Centre, Raffles Holland V, MBFC, Singapore Land Tower, and Raffles Medical @Raffles Hospital.

Select your health screening package via bit.ly/rmghealthscreening

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Deluxe $498

Supplements Included in this package.

For Men

LABORATORY ANALYSIS

- Tumour Marker
  - Prostate (PSA)

For Ladies

LABORATORY ANALYSIS

- Tumour Marker
  - Ovary (CA 125)

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PHYSICAL EXAMINATION & ASSESSMENT

- Consultation & Physical Examination by Doctor
- Body Fat Measurement
- Height / Weight / BMI
- Waist Circumference
- Visual Acuity
- Medical Report (Electronic)
- Post Examination Review by Doctor

LABORATORY ANALYSIS

- Complete Haematological Parameters
- Erythrocyte Sedimentation Rate (ESR)
- Liver Function Test
- Kidney Function Test
- Blood Glucose
- HbA1c (Diabetic Screening)
- Lipid / Cholesterol Profile (Measured)
- Gout (Uric Acid)
- Thyroid Screen: Free T4 & TSH
- Bone Mineral Status: Calcium & Phosphate
- Rheumatoid Factor
- Hepatitis A Screening
- Hepatitis B Screening
- Tumour Marker - Liver (AFP)
- Tumour Marker - Colon (CEA)
- HIV Screening
- Venereal Disease (VDRL / TPHA)
- Urinalysis
- Stool Occult Blood
- B-HCG
- Insulin
- Measles Virus lgG

RADIOLOGY TEST

- Chest X-ray

OTHER CLINICAL ASSESSMENT

- 12-lead Resting Electrocardiogram (ECG)

Blood Test Only @ $328



Deluxe Plus $705

Supplements Included in this package.

For Men

LABORATORY ANALYSIS

- Tumour Marker
  - Prostate (PSA)

RADIOLOGY TESTS

Choose 1 out of 3

1. Ultrasound Liver
2. Ultrasound Prostate
3. Ultrasound Thyroid

For Ladies

LABORATORY ANALYSIS

Choose 1 out of 2

1. SurePath™ Liquid-based Pap Test
2. Tumour Marker
   - Ovary (CA 125)

RADIOLOGY TESTS

Choose 1 out of 5

1. Ultrasound Liver
2. Ultrasound Pelvis
3. Ultrasound Thyroid
4. Ultrasound Breast
5. Mammogram

Select your health screening package via bit.ly/rmghealthscreening

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PHYSICAL EXAMINATION & ASSESSMENT

- Consultation & Physical Examination by Doctor
- Body Fat Measurement
- Height / Weight / BMI
- Waist Circumference
- Visual Acuity
- Medical Report (Electronic)
- Post Examination Review by Doctor

LABORATORY ANALYSIS

- Complete Haematological Parameters
- Erythrocyte Sedimentation Rate (ESR)
- Liver Function Test
- Kidney Function Test
- Blood Glucose
- HbA1c (Diabetic Screening)
- Lipid / Cholesterol Profile (Measured)
- Gout (Uric Acid)
- Thyroid Screening: Free T4 & TSH
- Bone Mineral Status: Calcium & Phosphate
- Rheumatoid Factor
- Hepatitis A Screening
- Hepatitis B Screening
- Tumour Marker - Liver (AFP)
- Tumour Marker - Colon (CEA)
- Tumour Marker - Pancreas (CA 19-9)
- HIV Screening
- Venereal Disease (VDRL / TPHA)
- Urinalysis
- Stool Occult Blood
- B-HCG
- Insulin
- Measles Virus IgG

RADIOLOGY TEST

- Chest X-ray

OTHER CLINICAL ASSESSMENT

- 12-lead Resting Electrocardiogram (ECG)

Blood Test Only @ $468



Executive

Supplements Included in this package.

For Men

$1,312

LABORATORY ANALYSIS

- Hormonal Profile: Testosterone
- Tumour Marker - Prostate (PSA)

RADIOLOGY TESTS

Choose 1 out of 3

1. Ultrasound Abdomen
2. Ultrasound Prostate
3. Ultrasound Thyroid

For Ladies

$1,457

LABORATORY ANALYSIS

- Hormonal Profile: Estradiol (E2)
- Hormonal Profile: Follicle Stimulating Hormones (FSH)

Choose 2 out of 3

1. Tumour Marker - Ovary (CA 125)
2. Tumour Marker - Breast (CA 15-3)
3. SurePath™ Liquid-based Pap Test

RADIOLOGY TESTS

Choose 2 out of 6

1. Ultrasound Abdomen
2. Ultrasound Pelvis
3. Ultrasound Thyroid
4. Ultrasound Breast
5. Mammogram
6. Bone Densitometry

PHYSICAL EXAMINATION & ASSESSMENT

- Consultation & Physical Examination by Doctor
- Body Fat Measurement
- Height / Weight / BMI
- Waist Circumference
- Visual Acuity
- Medical Report (Electronic)
- Post Examination Review by Doctor

LABORATORY ANALYSIS

- Complete Haematological Parameters
- Erythrocyte Sedimentation Rate (ESR)
- Liver Function Test
- Kidney Function Test
- Blood Glucose
- HbA1c (Diabetic Screening)
- Lipid / Cholesterol Profile (Measured)
- Gout (Uric Acid)
- Thyroid Screening: Free T4 & TSH
- Bone Mineral Status: Calcium & Phosphate
- Rheumatoid Factor
- Cardiac Risk: HS CRP
- 25-Hydroxyvitamin D
- Anaemia Screening: B12
- Anaemia Screening: Folate
- Iron
- Ferritin
- HIV Screening
- Venereal Disease (VDRL / TPHA)
- Hepatitis A Screening
- Hepatitis B Screening
- Hepatitis C Screening
- Tumour Marker - Liver (AFP)
- Tumour Marker - Colon (CEA)
- Tumour Marker - Pancreas (CA 19-9)
- Tumour Marker - Nose (EBV)
- Helicobacter Pylori IGG
- Urinalysis
- Urine Microalbumin to Creatinine Ratio
- Stool Occult Blood
- B-HCG
- Magnesium
- Insulin
- Measles Virus IgG

RADIOLOGY TEST

- Chest X-ray

OTHER CLINICAL ASSESSMENT

- 12-lead Resting Electrocardiogram (ECG)
- Tonometry (Glaucoma Screening)

Blood Test Only
Men - $818
Ladies - $ 898

Select your health screening package via bit.ly/rmghealthscreening

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Elite

Supplements Included in this package.

For Men

$2,066

LABORATORY ANALYSIS

- Hormonal Profile: Testosterone
- Tumour Marker - Prostate (PSA)

RADIOLOGY TESTS

- Ultrasound Abdomen
- Ultrasound Prostate
- Ultrasound Thyroid

CARDIAC ASSESSMENT

- Treadmill Electrocardiogram

For Ladies

$2,309

LABORATORY ANALYSIS

- Tumour Marker - Ovary (CA 125)
- Tumour Marker - Breast (CA 15-3)
- Hormonal Profile: FSH
- Hormonal Profile: Estradiol (E2)
- Hormonal Profile: Progesterone
- SurePath™ Liquid-based Pap Test

RADIOLOGY & CARDIAC ASSESSMENTS

Choose 3 out of 7

1. Ultrasound Abdomen
2. Ultrasound Pelvis
3. Ultrasound Thyroid
4. Ultrasound Breast
5. Mammogram
6. Bone Densitometry
7. Treadmill Electrocardiogram

PHYSICAL EXAMINATION & ASSESSMENT

- Consultation & Physical Examination by Doctor
- Body Fat Measurement
- Height / Weight / BMI
- Waist Circumference
- Visual Acuity
- Medical Report (Electronic)
- Post Examination Review by Doctor

LABORATORY ANALYSIS

- Complete Haematological Parameters
- Erythrocyte Sedimentation Rate (ESR)
- Liver Function Test
- Kidney Function Test
- Blood Glucose
- HbA1c (Diabetic Screening)
- Lipid / Cholesterol Profile (Measured)
- Gout (Uric Acid)
- Thyroid Screening: Free T4 & TSH
- Bone Mineral Status: Calcium & Phosphate
- Immunology: Rheumatoid Factor
- Immunology: Anti-DS DNA Antibody
- Immunology: Anti-Nuclear Antibody
- Cardiac Risk: Homocysteine
- Cardiac Risk: HS CRP
- Cardiac Risk: Lipoprotein A
- 25-Hydroxyvitamin D
- Anaemia Screening: B12
- Anaemia Screening: Folate
- Anaemia Screening: TIBC
- Iron
- Ferritin
- Hepatitis A Screening
- Hepatitis B Screening
- Hepatitis C Screening
- HIV Screening
- Venereal Disease (VDRL / TPHA)
- Rubella IgG
- Tumour Marker - Liver (AFP)
- Tumour Marker - Colon (CEA)
- Tumour Marker - Pancreas (CA 19-9)
- Tumour Marker - Nose (EBV)
- Urinalysis
- Urine Microalbumin to Creatinine Ratio
- Stool Occult Blood
- Helicobacter Pylori IGG
- Varicella IgG
- Magnesium
- B-HCG
- Insulin
- Measles Virus IgG

RADIOLOGY TEST

- Chest X-ray

OTHER CLINICAL ASSESSMENT

- 12-lead Resting Electrocardiogram (ECG)
- Spirometry (Lung Function Assessment)
- Tonometry (Glaucoma Screening)

Blood Test Only
Men - $988
Ladies - $ 1,288

Select your health screening package via bit.ly/rmghealthscreening

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STD Screening

Sexually transmitted diseases (STDs) are infectious and some do not display signs or symptoms. A simple screening allows early detection and treatment, and reduces the risk of infecting your partner.

Available at:
All Raffles Medical clinics, Raffles Executive Medical Clinic, Raffles Health Screeners Satelite Clinics.

Select your health screening package via bit.ly/rmghealthscreening

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Basic Screening $114

PHYSICAL EXAMINATION & ASSESSMENT

- Consultation by Doctor
- Medical Report (Electronic)
- Post Examination Review by Doctor

LABORATORY ANALYSIS

- Syphilis (VDRL)
- HIV (HIV Ag & Ab)
- Hepatitis B Screening (HBsAg & HBsAB)



Standard Screening with HSV $231

PHYSICAL EXAMINATION & ASSESSMENT

- Consultation by Doctor
- Medical Report (Electronic)
- Post Examination Review by Doctor

LABORATORY ANALYSIS

- Syphilis (VDRL)
- HIV (HIV Ag & Ab)
- Hepatitis B Screening (HBsAg & HBsAB)
- Hepatitis C Screening (Anti-HCV, Total)
- Herpes Type I & II IgG



Comprehensive Screening with HSV

For Men **$443**

LABORATORY ANALYSIS

- Chlamydia Trachomatis & GC, PCR

For Ladies **$453**

LABORATORY ANALYSIS

- Herpes Type I & II IgG
- Chlamydia Trachomatis & GC, PCR
- Smear for Trichomonas, Monilia & Gonorrhoea

PHYSICAL EXAMINATION & ASSESSMENT

- Consultation by Doctor
- Medical Report (Electronic)
- Post Examination Review by Doctor

LABORATORY ANALYSIS

- Syphilis (VDRL)
- HIV (HIV Ag & Ab)
- Hepatitis B Screening (HBsAg & HBsAB)
- Hepatitis C Screening (Anti-HCV, Total)

Preparations

- Fast for at least eight hours. Please refrain from consuming food the night before your appointment. **Drinking of plain water is permissible.**
- Please delay your routine morning medication and / or supplements until your blood sample is taken. Bring along all medications for consumption after your blood test.
- For ladies - Urine and stool tests should be done at least five days after the last day of menstruation and before the next cycle.

  If you are menstruating on the day of your appointment, please inform the nurses on arrival. You will not be able to do your urine and stool tests because the presence of blood in these tests would produce inaccurate results.
- Fasting is mandatory for patients who will be undergoing the ultrasound abdomen test. While taking the test, you may feel some slight discomfort and the conducting gel may feel cold and wet.
- Before undergoing a pelvic ultrasound, you will be required to drink several glasses of water and to avoid urinating for about one hour prior to the examination time. When the bladder is full, it forms a convenient path, known as the acoustic window, for the ultrasonic waves.
- Do not wear any deodorant, perfume, powder, or cream under your arms or chest area as it may interfere with the quality of the mammogram. Please bring old mammographic films if you have any.
- If you are taking the treadmill test, bring along an additional change of clothes and appropriate footwear. Medications such as beta-blockers (e.g. propranolol or atenolol) should preferably be stopped three days before the test date.
- Patients are to fast for at least two hours before undergoing Mastocheck®.

Useful Information

Mastocheck®

Mastocheck® is a blood-based breast cancer detection test. Developed by South Korea-based Bertis, Mastocheck® is the world's first proteomics-based early diagnostic test for the disease. It is a convenient method that requires only a small amount of blood.

Multiphasic Blood Tests

A series of blood tests to screen conditions such as gout, thyroid, anaemia, leukaemia, diabetes, hepatitis, sexually transmitted diseases, rheumatoid arthritis, liver and kidney disorders, and high cholesterol (lipid screen).

Tumour Markers

A series of blood tests to detect cancer markers that may be produced by some cancer cells. These are available for liver, colon, pancreas, prostate, ovarian, and nose.

Urinalysis

A test to infer the state of kidney function as well as the urinary tract.

Stool Analysis

A test to screen for blood in the stool, a recognised manifestation of colorectal cancer (stool occult blood test) or for parasitic infection (stool FEME test).

SurePath™ Liquid-based Pap Test

The BD SurePath™ Liquid-based Pap Test is intended for use in the screening and detection of cervical cancer, precancerous lesions, and atypical cells. This test uses modern technology by removing debris such as blood, mucus, and inflammatory cells, aiding in visualisation of diagnostically relevant cells and reducing patient callbacks.

Cardiac Assessments
Screenings through resting ECG and treadmill stress test to assess for presence of coronary heart diseases.

Ultrasound Abdomen
Examines and detects any structural abnormalities of abdominal organs including the liver, gall bladder, spleen, pancreas, and kidneys.

Ultrasound Pelvis
Examines and detects the presence of any structural abnormalities in the pelvic organs such as the uterus and ovaries in women.

Ultrasound Thyroid
Examines and detects the presence of any structural abnormalities within the thyroid gland.

Ultrasound Scrotum / Testes
Examines and detects the presence of any structural abnormalities within the scrotal sac and testicles in men.

Ultrasound Kidneys
Examines and detects the presence of any structural abnormalities of the kidneys.

Ultrasound Hepatobiliary System (Liver)
Examines and detects the presence of any structural abnormalities of the liver and gall bladder.

Ultrasound Prostate
Examines and detects any enlargement, or growth within the prostate gland in men.

Breast Examination

- **Ultrasound Breast**
  Recommended for women before the **age of 40,** especially if you detect any breast changes. It is also useful to be added onto a mammogram screening to improve breast cancer detection rates.

- **Mammogram**
  An X-ray of the breasts for breast cancer screening. In Singapore, annual mammography screening is recommended for women **aged 40 to 49**, while women aged 50 and above should be screened every two years. If available, please bring any previous mammograms for comparison.

Tonometry
A test to assess the pressure of the eyeball and test for glaucoma.

Raffles Enhanced Packages are available at the following Medical Centres

Location	Treadmill	Ultrasound	Mammogram
Raffles Medical @ Raffles Hospital 585 North Bridge Road #02-00 Singapore 188770	√	√	√
Shaw Centre 1 Scotts Road Level 4 #04-14 Singapore 228208	√	√	√
Marina Bay Financial Centre 12 Marina Boulevard #17-05 Marina Bay Financial Centre Tower 3 Singapore 018982	√	√	√
Raffles Holland V 118 Holland Avenue #05-02/03/04 Raffles Holland V Singapore 278997	√	√	√
Raffles Place 50 Raffles Place, #02-02 Singapore Land Tower Singapore 048623	√	√	At Raffles Hospital

Raffles Deluxe Packages are also available at the following centres

Location
Raffles Medical@Raffles Hospital 585 North Bridge Road Level 2 Raffles Hospital Singapore 188770 Tel: 6311 2233
Tampines One Blk 10 Tampines Central 1 #03-28 Tampines One Singapore 529536 Tel: 6260 5116
Causeway Point 1 Woodlands Square #05-20 Causeway Point Singapore 738099 Tel: 6894 0777
Jurong East* Blk 131 Jurong Gateway Road #01-267, Singapore 600131 Tel: 6899 6688
CaptialSky 79 Robinson Rd, #01-04 Singapore 068897 Tel: 6968 8941
Airport Passenger Terminal 3† Singapore Changi Airport #B2-01, 65 Airport Boulevard Singapore 819663 Tel: 6241 8818

*X-ray facilities are not in-house. They are at a short distance from the clinic.

†Treadmill services available at clinic.

Note: Timings available for checkups are subjected to change without prior notice.

Locate Us

Scan to find a Raffles Medical clinic near you.

RafflesMedical

585 North Bridge Road | Raffles Hospital | Singapore 188770
Tel: 6311 1111 | enquiries@raffleshospital.com | raffleshospital.com

RafflesMedGrp RafflesHospital

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