



EXECUTIVE HEALTH SCREENING

Prepared For Mercer 2024 (Valid from 1st Jan 2024 to 30 Jun 2024)

Affordable and Accessible Care for All in Asia Pacific



FULLERTON
HEALTH

Leading Corporate Healthcare Provider in Asia

Over
50
Years of
Experience
in healthcare and
corporate healthcare
solutions

MARKET LEADING NETWORK

>540

Owned and operated
Medical Centres

~11k

Network Partners

9

Markets

>400

Medical Professionals

~17k

Corporate Clients

~13M

Healthcare Transactions



Importance of Health Screening

Fullerton Health medical team



Why should I go for health screening?

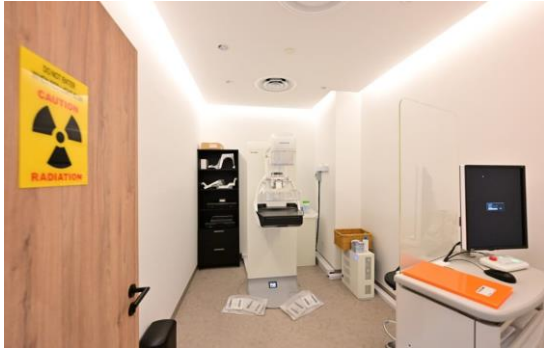
- Health screening enables you to find out if you have a particular disease or condition even if you do not have any symptoms and/or signs of disease.
- **Early detection**, followed by treatment and good control of the condition can result in better outcomes and lowers the risk of serious complications.

What is health screening?

- Health screening is important to everyone.
- It involves the use of tests, physical examinations or other procedures to detect disease early in people who look or feel well.
- This is different from diagnostic tests which are done when someone is already showing signs and/or symptoms of a disease.
- Regular screening is recommended as screening only detects health conditions that are present at the time of screening.

Source: https://www.healthhub.sg/live-healthy/403/abcs_of_health_screening

Fullerton Executive Health Screening Centres



Award-Winning



WINNER
 Patient Care Initiative of the Year
 Facilities Improvement Initiative of the Year
 Healthcare Asia Awards 2018 – 2021



WINNER
 Best Corporate Healthcare Provider
 Best Corporate Wellness Provider
 HR Vendors of the Year 2015 – 2021



WINNER
 Best Corporate Health /
 Wellness Screening Provider
 HRM Readers' Choice Awards 2016, 2018

Revolutionary Health Screening Pod



Privacy

Relax in a comfortable pod, fitted with a 30-inch wide seat, adjustable table, and leg rest



Service

Request for assistance from our attentive staff without leaving your seat



Convenience

Tests are conducted in a single location by experienced doctors and nurses



Security

Personal locker to store your belongings during your screening



Connectivity

Leverage our free Wi-Fi and available USB ports to stay connected



Refreshments

Light snacks will be served to you once you have completed your fast

Fullerton Executive Health Screening

Award-Winning Health Screening Pod

LOCATIONS

Ngee Ann City, Level 26 (NAC)

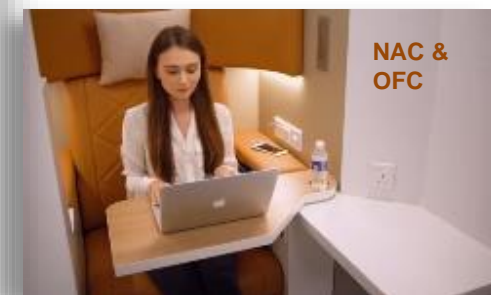
#26-02
391B Orchard Road
Ngee Ann City Tower B
Singapore 238874

Ocean Financial Centre, Level 3 (OFC)

#03-08
10 Collyer Quay
Ocean Financial Centre
Singapore 049315

Novena Square, Level 5

#05-01 to 08
238B Thomson Road
Novena Square Tower B
Singapore 307685



WINNER
Patient Care Initiative of the Year
Facilities Improvement Initiative of the Year
Healthcare Asia Awards 2018 – 2021



WINNER
Best Corporate Healthcare Provider
Best Corporate Wellness Provider
HR Vendors of the Year 2015 – 2022



WINNER
Best Corporate Health /
Wellness Screening Provider
HRM Readers' Choice Awards 2016, 2018

Privacy & Customer Experience is our Priority

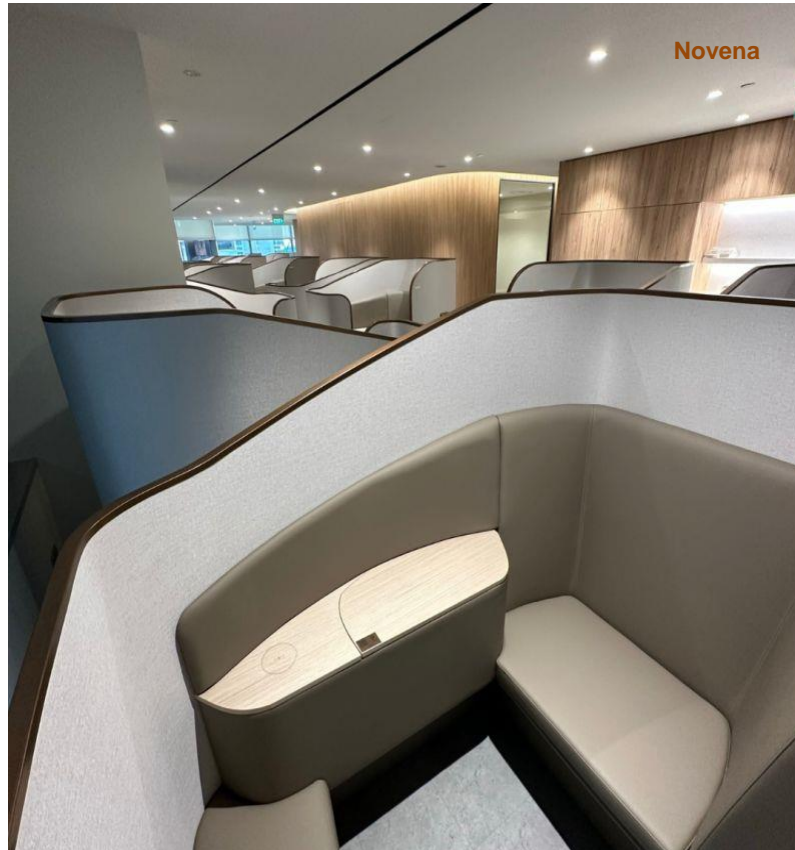
At Fullerton Health, your privacy is our priority. Immediately upon your health screening confirmation, a private pod or room is reserved for you.

Individual Stowage

Stowage compartment that allows customers to keep their belongings easily within reach

Wireless Charging Pad

Seamlessly integrated wireless charging technology into the table top, allowing customers to conveniently and safely charge their phones



Built-In Comfort

Custom designed leather seat and swivel table for dining, rest or work

Newly Curated Menu

Dine in comfort by treating your tastebuds to an indulgence of a light and delightful breakfast after your fasting tests are completed



Executive Health Screening

Executive Health Screening

Mercer LiveFuller Premium Scan \$288 (U.P. \$468)

Price before GST

1. Physical Examination by Doctor

Examination of Heart, Lungs and Abdomen | Neurological and Musculoskeletal Examination | Height and Weight Measurements | Body Mass Index (BMI) and Body Fat Analysis | Visual Acuity and Colour Blindness Tests | Blood Pressure Reading

2. Resting Electrocardiogram (ECG)

3. Tonometry (Eye Pressure)

4. Chest X-Ray

5. Blood and Urine Investigations (FME05)

6. Medical Report and Medical Review*

Lipid Screen

Total Cholesterol
HDL-Cholesterol
Total/HDL Cholesterol Ratio
LDL-Cholesterol
Triglycerides

Liver Screen

Bilirubin, Total
Alkaline Phosphatase
SGGT
SGPT (ALT)
SGOT (AST)
Total Protein
Albumin
Globulin
Albumin/ Globulin Ratio

Kidney Screen

Urea
Creatinine
Bicarbonate
Potassium
Sodium
Chloride
eGFR

Cardiac Risk Screen

WtCRP

Diabetic Mellitus Screen

Fasting Blood Sugar
HbA1C

Bone and Joint Screen

Calcium
Phosphates
Uric Acid
RA Factor

Tumour Markers Screen

AFP (Liver)
CEA (Colon)
PSA (Prostate) – For men
CA125 (Ovaries) – For women

Thyroid Screen

Free T4
TSH

Hepatitis Screen

Hepatitis A Antibody
Hepatitis B Antigen and Antibody

Haematology

White Blood Count
Red Blood Count
Haemoglobin
PCV (HCT)
Platelet
MCV, MCH, MCHC
Differential Count
Peripheral Blood Film

Urinalysis

Urine FEME

Stool Screen

Stool Occult Blood

* Only 1 medical review is included in the package.
Consultation charges apply for further reviews.
Note: Health screenings are strictly by appointment only.

Executive Health Screening

Mercer LiveFuller Gold Scan \$414 (U.P. \$668)

Price before GST

1. Physical Examination by Doctor

Examination of Heart, Lungs and Abdomen | Neurological and Musculoskeletal Examination | Height and Weight Measurements | Body Mass Index (BMI) and Body Fat Analysis | Visual Acuity and Colour Blindness Tests | Blood Pressure Reading

2. Resting Electrocardiogram (ECG)

3. Tonometry (Eye Pressure)

4. Spirometry (Lungs)

5. Blood and Urine Investigations (FME08)

6. Chest X-ray

7. Medical Report and Medical Review*

+ Choice of 1 of the following tests:

1. Stress ECG (Treadmill)

2. Ultrasound Abdomen

3. Ultrasound Prostate (For Men only)

4. Ultrasound Kidney, Ureters and Bladder

5. Ultrasound Thyroid

6. Ultrasound Pelvis (For Ladies only)

7. Ultrasound Breast (For Ladies only)

8. Mammogram (For Ladies only)**

**Available at Ngee Ann City and Novena Square only

* Only 1 medical review is included in the package.
Consultation charges apply for further reviews.

Note: Health screenings are strictly by appointment only.

Lipid Screen

Total Cholesterol
HDL-Cholesterol
Total/HDL Cholesterol
Ratio LDL-Cholesterol
Triglycerides

Liver Screen

Bilirubin, Total
Alkaline
Phosphatase SGGT
SGPT (ALT)
SGOT (AST)
Total Protein
Albumin
Globulin
Albumin/ Globulin Ratio

Kidney Screen

Urea
Creatinine
Bicarbonate
Potassium
Sodium
Chloride
eGFR

Cardiac Risk Screen

WtCRP

Diabetic Mellitus Screen

Fasting Blood
Sugar HbA1C

Bone and Joint Screen

Calcium
Phosphates
Uric Acid
RA Factor

Tumour Markers Screen

AFP (Liver)
CEA (Colon)
PSA (Prostate) – For men
CA125 (Ovaries) – For women

Thyroid Screen

Free T4
TSH

Hepatitis Screen

Hepatitis A Antibody
Hepatitis B Antigen and
Antibody

Haematology

White Blood
Count Red Blood
Count
Haemoglobin
PCV (HCT)
Platelet
MCV, MCH, MCHC
Differential Count
Peripheral Blood
Film

Urinalysis

Urine FEME
Urine Microalbumin /
Creatinine

Stool Screen

Stool Occult Blood

Executive Health Screening

Mercer LiveFuller Sapphire Scan \$569 (~~U.P. \$888~~)

Price before GST

1. Physical Examination by Doctor

Examination of Heart, Lungs and Abdomen | Neurological and Musculoskeletal Examination | Height and Weight Measurements | Body Mass Index (BMI) and Body Fat Analysis | Visual Acuity and Colour Blindness Tests | Blood Pressure Reading

2. Resting Electrocardiogram (ECG)
3. Tonometry (Eye Pressure)
4. Spirometry (Lungs)
5. Blood and Urine Investigations (FME08)
6. Chest X-ray
7. Medical Report and Medical Review*

+ Choice of 2 of the following tests:

1. Stress ECG (Treadmill)
2. Ultrasound Abdomen
3. Ultrasound Prostate (for Men only)
4. Ultrasound Kidney, Ureters and Bladder
5. Ultrasound Thyroid
6. Ultrasound Pelvis (For Ladies only)
7. Ultrasound Breast (For Ladies only)
8. Mammogram** (For Ladies only)

Lipid Screen

Total Cholesterol
HDL-Cholesterol
Total/HDL Cholesterol Ratio
LDL-Cholesterol
Triglycerides

Liver Screen

Bilirubin, Total
Alkaline Phosphatase
SGGT
SGPT (ALT)
SGOT (AST)
Total Protein
Albumin
Globulin
Albumin/ Globulin Ratio

Kidney Screen

Urea
Creatinine
Bicarbonate
Potassium
Sodium
Chloride
eGFR

Cardiac Risk Screen

WtCRP

Diabetic Mellitus Screen

Fasting Blood Sugar
HbA1C

Bone and Joint Screen

Calcium
Phosphates
Uric Acid
RA Factor

Tumour Markers Screen

AFP (Liver)
CEA (Colon)
PSA (Prostate) – For men
CA125 (Ovaries) – For women

Thyroid Screen

Free T4
TSH

Hepatitis Screen

Hepatitis A Antibody
Hepatitis B Antigen and Antibody

Haematology

White Blood Count
Red Blood Count
Haemoglobin
PCV (HCT)
Platelet
MCV, MCH, MCHC
Differential Count
Peripheral Blood Film

Urinalysis

Urine FEME
Urine Microalbumin / Creatinine

Stool Screen

Stool Occult Blood

**Available at Ngee Ann City and Novena Square only

* Only 1 medical review is included in the package.
Consultation charges apply for further reviews.

Note: Health screenings are strictly by appointment only.

NEW

Executive Health Screening

Mercer LiveFuller Sapphire Plus Scan \$800 (U.P. \$1,288)

Price before GST

- Examination of Heart, Lungs and Abdomen | Neurological and Musculoskeletal Examination | Height and Weight Measurements | Body Mass Index (BMI) and Body Fat Analysis | Visual Acuity and Colour Blindness Tests | Blood Pressure Reading
1. Physical Examination by Doctor
 2. Resting Electrocardiogram (ECG)
 3. Tonometry (Eye Pressure)
 4. Spirometry (Lungs)
 5. Blood and Urine Investigations (FME08)
 6. Chest X-ray
 7. Medical Report and Medical Review*

+ Choice of 1 of the following tests:

1. Stress ECG (Treadmill)
2. Ultrasound Thyroid
3. Ultrasound Prostate (for Men only)
4. Ultrasound Kidney, Ureters and Bladder
5. Ultrasound Pelvis (For Ladies only)
6. Ultrasound Breast (For Ladies only)
7. Mammogram*** (For Ladies only)

+ Choice of 1 of the following tests:

1. Liver Scan – MR Elastography (MRE) with Fat Quantification ***
2. Osteoporosis Screening – Bone Mineral Density (BMD) *** + Vitamin D Total
3. Cervical Cancer Scan – HPV DNA test

Lipid Screen

Total Cholesterol
HDL-Cholesterol
Total/HDL Cholesterol Ratio
LDL-Cholesterol
Triglycerides

Liver Screen

Bilirubin, Total
Alkaline Phosphatase
SGGT
SGPT (ALT)
SGOT (AST)
Total Protein
Albumin
Globulin
Albumin/ Globulin Ratio

Kidney Screen

Urea
Creatinine
Bicarbonate
Potassium
Sodium
Chloride
eGFR

Cardiac Risk Screen

WCRP

Diabetic Mellitus Screen

Fasting Blood Sugar
HbA1C

Bone and Joint Screen

Calcium
Phosphates
Uric Acid
RA Factor

Tumour Markers Screen

AFP (Liver)
CEA (Colon)
PSA (Prostate) – For men
CA125 (Ovaries) – For women

Thyroid Screen

Free T4
TSH

Hepatitis Screen

Hepatitis A Antibody
Hepatitis B Antigen and Antibody

Haematology

White Blood Count
Red Blood Count
Haemoglobin
PCV (HCT)
Platelet
MCV, MCH, MCHC
Differential Count
Peripheral Blood Film

Urinalysis

Urine FEME
Urine Microalbumin / Creatinine

Stool Screen

Stool Occult Blood

Note: recommended for female over 30 years old only

*** Conducted at RadLink

* Only 1 medical review is included in the package.
Consultation charges apply for further reviews.

Note: Health screenings are strictly by appointment only.



Executive Health Screening

Mercer LiveFuller Platinum Plus Scan(MEN) \$1,100

(U.P. \$1,608)

Price before GST

1. Physical Examination by Doctor

Examination of Heart, Lungs and Abdomen | Neurological and Musculoskeletal Examination | Height and Weight Measurements | Body Mass Index (BMI) and Body Fat Analysis | Visual Acuity and Colour Blindness Tests | Blood Pressure Reading

2. Resting Electrocardiogram (ECG)

3. Tonometry (Eye Pressure)

4. Spirometry (Lungs)

5. Blood and Urine Investigations

(FME07)

6. Chest X-ray

7. Medical Report and Medical Review*

Lipid Screen

Total Cholesterol
HDL-Cholesterol
Total/HDL Cholesterol Ratio
LDL-Cholesterol
Triglycerides

Liver Screen

Bilirubin, Total
Alkaline Phosphatase
SGGT
SGPT (ALT)
SGOT (AST)
Total Protein
Albumin
Globulin
Albumin/ Globulin Ratio

Kidney Screen

Urea
Creatinine
Bicarbonate
Potassium
Sodium
Chloride
eGFR

Cardiac Risk Screen

WtCRP

Diabetic Mellitus Screen

Fasting Blood Sugar
HbA1C

Bone and Joint Screen

Calcium
Phosphates
Uric Acid
RA Factor

Tumour Markers Screen

AFP (Liver)
CEA (Colon)
PSA (Prostate)
CA 19-9 (Pancreas/
Stomach)
EBV EA IgA (Nose)

Thyroid Screen

Free T4
TSH

Hepatitis Screen

Hepatitis A Antibody
Hepatitis B Antigen and
Antibody
Hepatitis C Antibody

Haematology

White Blood Count
Red Blood Count
Haemoglobin
PCV (HCT)
Platelet
MCV, MCH, MCHC
Differential Count
Peripheral Blood Film

Urinalysis

Urine FEME
Urine Microalbumin/
Creatinine

Stool Screen

Stool Occult Blood

Auto-immune

Disease Screen
Anti Nuclear Antibody

** + Choice of:-

2 of the following tests

- i. **Heart Scan** – CT Cardiac Calcium Score
- ii. **Liver Scan** – MR Elastography (MRE) with Fat Quantification
- iii. **Lung Scan** – CT Lung Screen***
- iv. **Kidney Scan** – CT Renal Colic Screen
- v. **Cervical Cancer Scan** – HPV DNA test
- vi. **Osteoporosis Screening** – Bone Mineral Density (BMD) + Vitamin D Total

** Conducted at RadLink Paragon

*** No need to do Chest X-Ray if CT Lung Screen is selected

OR the following test

- i. **MR Headache Screen**

* Only 1 medical review is included in the package.
Consultation charges apply for further reviews.

Note: Health screenings are strictly by appointment only.

Executive Health Screening

Mercer LiveFuller Platinum Plus Scan(WOMEN) \$1,100

(U.P. \$1,608)

Price before GST

1. Physical Examination by Doctor

Examination of Heart, Lungs and Abdomen | Neurological and Musculoskeletal Examination | Height and Weight Measurements | Body Mass Index (BMI) and Body Fat Analysis | Visual Acuity and Colour Blindness Tests | Blood Pressure Reading

2. Resting Electrocardiogram (ECG)

3. Tonometry (Eye Pressure)

4. Spirometry (Lungs)

5. Blood and Urine Investigations (FME07)

6. Chest X-ray

7. Medical Report and Medical Review*

Lipid Screen

Total Cholesterol
HDL-Cholesterol
Total/HDL Cholesterol Ratio
LDL-Cholesterol
Triglycerides

Cardiac Risk Screen

WtCRP

Diabetic Mellitus Screen

Fasting Blood Sugar
HbA1C

Bone and Joint Screen

Calcium
Phosphates
Uric Acid
RA Factor

Tumour Markers Screen

AFP (Liver)
CEA (Colon)
CA125 (Ovaries)
CA 19-9 (Pancreas/
Stomach)
EBV EA IgA (Nose)
CA 15-3 (Breast)

Thyroid Screen

Free T4
TSH

Hepatitis Screen

Hepatitis A Antibody
Hepatitis B Antigen and
Antibody
Hepatitis C Antibody

Haematology

White Blood Count
Red Blood Count
Haemoglobin
PCV (HCT)
Platelet
MCV, MCH, MCHC
Differential Count
Peripheral Blood Film

Urinalysis

Urine FEME
Urine Microalbumin /
Creatinine

Stool Screen

Stool Occult Blood

Auto-immune Disease Screen

Anti Nuclear Antibody

Liver Screen

Bilirubin, Total
Alkaline Phosphatase
SGGT
SGPT (ALT)
SGOT (AST)
Total Protein
Albumin
Globulin
Albumin/ Globulin Ratio

Kidney Screen

Urea
Creatinine
Bicarbonate
Potassium
Sodium
Chloride
eGFR

OR

1 of the following tests

- i. **Heart Scan** – CT Cardiac Calcium Score
- ii. **Liver Scan** – MR Elastography (MRE) with Fat Quantification
- iii. **Lung Scan** – CT Lung Screen***
- iv. **Kidney Scan** – CT Renal Colic Screen
- v. **Cervical Cancer Scan** – HPV DNA test
- vi. **Osteoporosis Screening** – Bone Mineral Density (BMD) + Vitamin D Total

- i. **MR Headache Screen**
- ii. **Breast Screening** – Mammogram + 3D Digital Breast Tomosynthesis (DBT)

** Conducted at RadLink Paragon

*** No need to do Chest X-Ray if CT Lung Screen is selected

* Only 1 medical review is included in the package.
Consultation charges apply for further reviews.

Note: Health screenings are strictly by appointment only.

Executive Health Screening

CORPORATE EXCLUSIVE

Optional Add-on Tests: Eye Screening

No.	Clinical Tests	Price (before GST)
1*	Comprehensive Screening includes a) Visual Acuity b) Slit Lamp Examination c) Fundus Photography d) Eye Pressure Check e) Consultation by Optometrist	\$35.00
2*	Comprehensive Screening includes a) Visual Acuity b) Slit Lamp Examination c) Fundus Photography d) Eye Pressure Check e) Optical Coherence Tomography f) Visual Field Test g) Consultation by Optometrist	\$55.00
3*	Comprehensive Screening includes a) Visual Acuity b) Slit Lamp Examination c) Eye Pressure Check d) Optical Coherence Tomography e) Visual Field Test f) Ultra-wide Field Imaging g) Consultation by Optometrist	\$75.00
4	Tonometry	\$28.00
5	Digital Retina Photography (DRP)	\$50.00

*Available at Novena Square branch only

Executive Health Screening

Optional Add-on Tests: Basic

CORPORATE EXCLUSIVE



No.	Clinical Tests	Price (before GST)
1	Height, Weight, Body Fat Analysis	\$28.00
2	Stress ECG / Treadmill	\$120.00
3	Resting ECG	\$30.00
4	ThinPrep Pap (TPP)	\$45.00
5	Spirometry	\$28.00
6	Audiometry	\$28.00
7	Audiometry (with bone conduction)	\$35.00
8	Chest Xray (1 view) – Standard	\$30.00
9	Chest Xray (2 views)	\$55.00
10	Ultrasound Abdomen	\$180.00
11	Ultrasound Liver / Gallbladder / Pancreas (HBS)	\$100.00
12	Ultrasound Kidneys, Ureters, Bladder (KUB)	\$100.00
13	Ultrasound Pelvis (Women)	\$100.00
14	Ultrasound Prostate (Men)	\$100.00
15	Ultrasound Thyroid	\$100.00
16	Ultrasound Breast (Women)	\$100.00
17	Mammogram (Women aged 40 & above)	\$120.00

Executive Health Screening

Optional Add-on Tests: Advanced Imaging (@ RadLink)

No.	Imaging Services	Price (before GST)
1	US Carotid Artery	\$225.00
2	US Scrotum / Testes	\$180.00
3	Bone Mineral Densitometry (BMD)	\$90.00
4	MR Abbreviated Breast *	\$458.17
5	MR Breast *	\$992.00
6	MR Elastography with Fat Quantification	\$416.00
7	MR Stroke Screen	\$864.00
8	CT Cardiac Calcium Score	\$256.00
9	CT Angiogram Coronary Arteries ** <i>(includes calcium score and contrast)</i>	\$880.00
10	FDG PET / CT	\$1,984.50
11	Advanced Alzheimer's Vizamyil™ Scan *** <i>(Flutemetamol F 18 Injection)</i>	\$9,000.00
12	* To add MR IV Contrast	-
13	** To add CT IV Contrast	-
	*** Subject to availability	-

Executive Health Screening

Optional Add-on Tests: Advanced Diagnostics

No.	Advanced Tests	Price (before GST)
3	Food Allergy Test (44-foods)	\$255.00
4	Food Allergy Test (90-foods)	\$765.00
5	Food Allergy Test (270-foods)	\$1,200.00

Executive Health Screening

Optional Add-on Tests: Female

No.	Tests	Price (before GST)
1	Female Tumour Markers Screen: [CA01R] <ul style="list-style-type: none"> • CA15.3 (Breast) • CA125 (Ovaries) • Beta HCG (Ovaries) • HE4 (Ovaries) • ROMA Index (Ovaries) • CA19.9 (Pancreas) • AFP (Liver) • CEA (Colon) 	\$300.00
2	Female Hormone Panel: [MCP2] <ul style="list-style-type: none"> • Estradiol • Luteinizing Hormone • Follicle Stimulating Hormone • Prolactin (patient to rest for 30min) 	\$80.00
3	Sexual Wellness/ STD Screen: [ST03] <ul style="list-style-type: none"> • Chlamydia • Gonorrhoea • Herpes Simplex Virus Type I & II • HIV Ag/Ab • VD (Syphilis TP Ab) • RPR & TPPA (if Syphilis is reactive) 	\$220.00
4	HPV DNA and ThinPrep: Recommended by MOH for women >30yo, every 5 years (cervical cancer)	\$242.40
6	HPV DNA:	\$203.00

Executive Health Screening

Optional Add-on Tests: Male

No.	Tests	Price (before GST)
1	<p>Male Tumour Markers Screen: [CA02]</p> <ul style="list-style-type: none"> • Prostate Specific Antigen (PSA) • Beta HCG (Testicular) • CA19.9 (Pancreas) • AFP (Liver) • CEA (Colon) 	\$160.00
2	<p>Male Anti-Ageing Panel: [AAS02]</p> <ul style="list-style-type: none"> • Testosterone • Dehydroepiandrosterone Sulfate (DHEAS) • Insulin-like Growth Factor (IGF-1) • Sex Hormone Binding Globulin (SHBG) • Free Androgen Index (FAI) 	\$200.00
3	<p>Sexual Wellness/ STD Screen: [ST03]</p> <ul style="list-style-type: none"> • Chlamydia • Gonorrhoea • Herpes Simplex Virus Type I & II • HIV Ag/Ab • VD (Syphilis TP Ab) • RPR & TPPA (if Syphilis is reactive) 	\$220.00

Executive Health Screening

Optional Add-on Vaccinations

Vaccination Services

Vaccination	Cost	Dose
Flu - Quadrivalent (4-strain)	\$32	per dose
Typhoid	\$43	per dose
Yellow Fever	\$182	per dose
Cholera	\$58	per dose
Shingles	\$262	per dose
Dengue (3 doses required)	\$409	for 3 doses
Hepatitis		
Hep A Vaccination	\$64	per dose
Hep B Vaccination	\$37	per dose
Hep A & B Vaccination	\$95	per dose
HPV (Human Papilloma Virus)		
Gardasil 4* (3 doses required) <i>or</i>	\$348	for 3 doses
Gardasil 9 (3 doses required)	\$633	for 3 doses

*Gardasil 4 is partially Medisave claimable for those aged 9-26. Gardasil 9 is not Medisave claimable

HPV vaccine is recommended for those aged 9-26 for optimum effectiveness.. Older persons up to 45 may take it too. Please check with Gardasil 4 is for female only and contains 4 HPV strains (6,11,16, 18). For more info, please visit <http://www.gardasil.ca/home.html>

Gardasil 9 is for both female and male and contains 4 HPV strains (6,11,16, 18) + 5 additional (31,33,45,52,58)

For more info on Gardasil 9, please visit <https://www.gardasil9.com/questions/>

Note:

Prices are before GST



Health Screening Appointment

Schedule Health Screening Appointment

Appointment can be scheduled via our corporate website, email or telephone, with confirmation guaranteed within 48 hours.

Health Screening Appointment

<ul style="list-style-type: none">➤ Morning Session (Monday to Saturday, excluding Public Holidays)➤ Morning Session (Ngee Ann City only) (Sunday)	7.30am Fast from 11.30pm	10.00am Fast from 2am
<ul style="list-style-type: none">➤ Afternoon Session (Monday to Friday, excluding Public Holidays)	12.30pm Fast from 4.30am	2.30pm Fast from 6.30am

Note: Breakfast will be served after Blood Taking / Fasting procedures.

Book an Appointment

Health screenings are strictly by appointment only.

NGEE ANN CITY LEVEL 26	Available timings			
Mon-Fri	7:30 am	10:00 am	12:30 pm	2:30 pm
Sat	7:30 am	10:00 am		
Sun (Level 26 only)	7:30 am	10:00 am		
PH	Closed			
ODEAN FINANCIAL CENTRE / NOVENA SQUARE	Available timings			
Mon-Fri	7:30 am	10:00 am	12:30 pm	2:30 pm
Sat	7:30 am	10:00 am		
Sun	Closed			
PH	Closed			

Book an Appointment

Health screenings are strictly by appointment only.

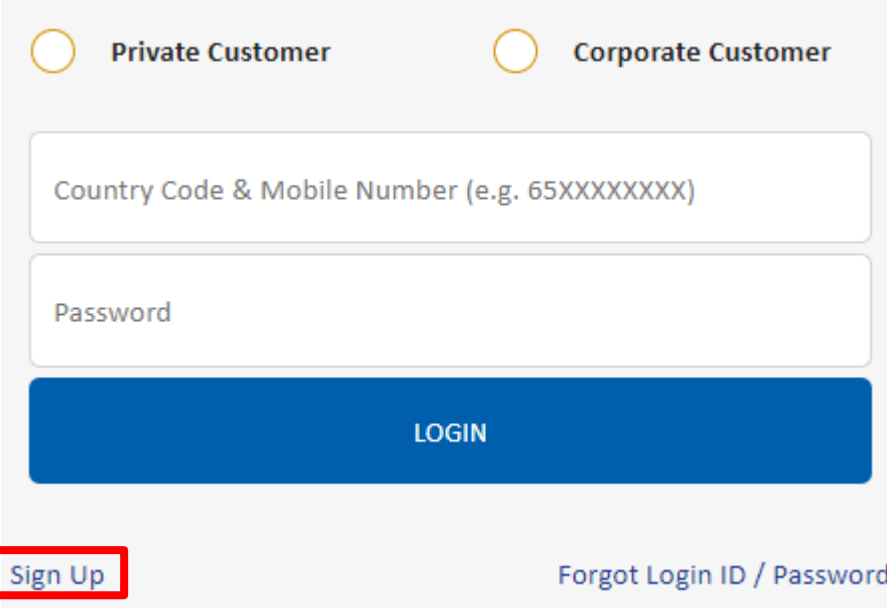
BOOK AN APPOINTMENT / ENQUIRIES	
Website	https://www.fullertonhealth.com/book-an-appointment
Email	ehs@fullertonhealth.com
Hotline	+65 6333 3636 (Option 3) <i>Operating Hours</i> 8:00am-6:00pm (Monday – Friday) 8:00am-1:00pm (Saturday) Closed (Sunday and Public Holidays)
QR Code	 Scan me

Appointment Booking System

<https://www.fullertonhealth.com/book-an-appointment>

The appointment booking system is compatible with Google Chrome, Mozilla Firefox, Microsoft Edge, and Apple Safari. Please use one of these browsers to sign up.

Step 1: Sign up as a new user




The screenshot shows a sign-up form with two radio buttons at the top: "Private Customer" (selected) and "Corporate Customer". Below the radio buttons are two input fields: "Country Code & Mobile Number (e.g. 65XXXXXXXX)" and "Password". A blue "LOGIN" button is positioned below the input fields. At the bottom left, a "Sign Up" button is highlighted with a red border. At the bottom right, there is a link for "Forgot Login ID / Password".

Appointment Booking System

Step 2: Fill in your particulars

Sign Up ✕

Identification Type	NRIC / FIN ▼ *	Postal Code	Postal code *
NRIC / FIN	NRIC / FIN *	Address	Block / House No *
Full Name	Mr ▼ Full Name *		Street *
Date of Birth	DD/MM/YYYY  *		Building Number / Name
Gender	Male ▼ *		Level ▼ - Unit
Mobile Number (Login ID)	65 ▼ Mobile Number *	Nationality	Singaporean ▼ *
Email Address	Email Address *	Company	Company *
Confirm Email Address	Confirm Email Address *		

I consent to Fullerton Health Group collecting, using and disclosing my personal data as defined in with the Personal Data Protection Act for the purpose of providing me with the services that I have requested for and other related purposes as well as in accordance with Fullerton Health Group's Privacy Policy (www.fullertonhealth.com/privacy-policy).

Ensure that your Date of Birth is accurate to facilitate your first login.

Ensure to fill in the correct company name to avail the corporate packages.

Note that this is a drop-down menu. Type the first three letters of your company and choose from the list.

Sign Up Close

Appointment Booking System

Step 3: Verify your mobile number

Sign Up ✕

Identification Type	NRIC / FIN ▼ *	Postal Code	Postal code *
NRIC / FIN	NRIC / FIN *	Address	Block / House No *
Full Name	Ms ▼ Full Name *		Street *
Date of Birth	01/01/2020 📅 *		Building Number / Name
Gender	Female ▼ *		Level - Unit
Mobile Number (Login ID)	65 ▼ Mobile Number *	Nationality	Singaporean ▼ *
	<input type="text" value="Resend OTP (valid for 2 mins)"/> 🔄	Company	Company
	<input type="text" value="Verification Code"/> <input type="button" value="Verify"/>		
Email Address	<input type="text" value="Email Address"/> *		
Confirm Email Address	<input type="text" value="Confirm Email Address"/> *		

I consent to Fullerton Health Group collecting, using and disclosing my personal data as defined in with the Personal Data Protection Act for the purpose of providing me with the services that I have requested for and other related purposes as well as in accordance with Fullerton Health Group's Privacy Policy (www.fullertonhealth.com/privacy-policy).

Once you enter your mobile number, a One-Time Password (OTP) will be sent via text message (SMS). Enter the 6-digit code and click 'Verify'

Sample:
Your SMS OTP is 123456. Use it within 2 minutes before it expires. Sent: 01/01/2020 6:00:00 PM [S*****12A]

Enter a valid email address to facilitate your first login.

Appointment Booking System

Step 4: Receive your login details



Dear ,

Thank you for signing up with Fullerton Health.

Please [sign in](#) on our website to make an appointment. Your Login ID is your mobile number with country code (e.g. 65xxxxxx), and your temporary password has been set to your Date of Birth (DDMMYYYY).

This is a computer generated email. Please do not reply to this email.

Best Regards,

Fullerton Health

www.fullertonhealth.com

Book an Appointment as a Corporate Customer

Go to: <https://www.fullertonhealth.com/book-an-appointment>

Step 1: Login as Corporate Customer

Private Customer Corporate Customer

Country Code & Mobile Number (e.g. 65XXXXXXXX)

.....

LOGIN

[Sign Up](#) [Forgot Login ID / Password](#)

Your Login ID is your mobile number with country code (e.g. 65XXXXXXXX). Please do not include '+' in the login field.

For first login, your temporary password was provided to you via email. You will be prompted to change your password after logging in.

Book an Appointment as a Corporate Customer

Step 2: Select the Appointment Type, who you are booking for, and your preferred package.

Choose Appointment Type & Package

Appointment Type *

Booking For Self Dependent

Package *

[Next](#)

Package Details

EXAMPLE

Package includes:

1. Physical Examination by Doctor
Examination of Heart, Lungs and Abdomen | Neurological and Musculoskeletal Examination | Height

Step 3: Select your preferred Location and Date & Time.

Choose Location & Schedule

Location

Date & Time

Additional Comments

In the 'Additional Comments' field, you may indicate your selected tests or request add on tests (if any). Add on tests are subject to availability and may incur additional charges.

Booking availability Available Fully booked

Note: rescheduling an appointment must be done at least 48 hours in advance of the appointment.

[Book Appointment](#)

[Go Back](#)

Book an Appointment as a Corporate Customer

Appointment confirmation will be sent to you via email and SMS.

Please bring along your NRIC/FIN/Passport during your health screening appointment so that our clinic team can verify the validity of your appointment upon arrival.

Appointment Confirmed ✕


Your appointment has been booked successfully and a confirmation email and SMS will be sent to you.

OK


Book an Appointment for your Dependent


Step 1: Click the 'Dependents' tab and fill in your dependent's particulars. Click Submit once done.

[New Dependent](#) [Dependent List](#)


Identification Type  *

NRIC / FIN *

Full Name  *


Date of Birth  *

Gender  *


Relationship  *


Book an Appointment for your Dependent


Step 2: Click the 'Book an Appointment' tab and complete the necessary.


 Book an Appointment

 My Appointments

 Profile

 Dependents

 Change Password

 Logout

Choose Appointment Type & Package

Appointment Type

Executive Health Screening  *

Booking For

Self Dependent

Choose Dependent Name

Please Choose  *

Package

Please Choose  *

Next

Select the Appointment Type and who you are booking for (Dependent).

Choose the relevant Dependent Name from the dropdown list.

Select your preferred package type.

Note: Dependent must be accompanied by eligible employee on the day of health screening to avail the corporate rate.



Health Screening Pre-Screening Advisory



Before Your Health Screening



BRING ALONG

- NRIC / Passport / Employment Pass / Work Permit
- Recent medical reports and films – *this is highly encouraged*
- [If applicable] Medication or supplements to take after your tests
- [If applicable] Letter of Guarantee from your Insurance Company



MEDICATION AND SUPPLEMENTS

- Regular medication for the heart and high blood pressure are allowed
- Delay other routine medication / supplements until you have completed the tests that require fasting, e.g. insulin for diabetes

Before Your Health Screening

BLOOD TEST

- ✓ 8 hours of fasting is required to achieve accurate results (e.g. fasting glucose and lipid panel tests)
- ✓ Avoid food and alcoholic beverages, plain water is allowed



X-RAY

- ✓ Not recommended for pregnant women or anyone who has done a similar x-ray less than 6 months ago

ULTRASOUND SCANS

- ✓ Refrain from smoking on the day of your appointment until your scans have been completed, as smoking may affect the quality of the scan
- ✓ **ULTRASOUND ABDOMEN / LIVER:**
8 hours of fasting is required to achieve accurate results
- ✓ **ULTRASOUND PELVIS / PROSTATE:**
Drink at least 5-6 glasses of water and avoid urinating an hour before the scan, as a full bladder is required for better visualisation of results



Before Your Health Screening

EYE EXAMINATION

- ✓ Remove your contact lenses at least 30 mins before the eye test
- ✓ You are encouraged to wear spectacles to your appointment



TREADMILL

- ✓ Bring your sports attire, e.g. T-shirt, running shorts and shoes
- ✓ Your chest should be cleanly shaven (the area between your collar bone and your navel) to allow the electrodes to adhere to your skin
- ✓ Consult your doctor prior to stopping medication 3 days before this test, e.g. beta-blockers (propranolol or atenolol)
- ✓ Avoid caffeinated drinks / food before the test
- ✓ Lockers and shower facilities are available for use after the test – *only available at Ngee Ann City (Level 26) and Ocean Financial Centre (note: facilities are outside of the clinic premises)*
- ✓ The test will be completed within 20 – 30 mins



Before Your Health Screening

STOOL OCCULT TEST

- ✓ Collect a specimen container from a Fullerton Health clinic after booking your appointment; alternatively, collect the container during your appointment and submit the sample to a Fullerton Health clinic the following day
- ✓ Collect the sample in the morning before submission of stool. Submission is only acceptable before 3pm on weekdays and before 11am on Saturday at any Fullerton Health clinic
- ✓ Avoid red meat and iron supplements 3 days before collecting the sample
- ✓ Avoid contact with urine or water, and pass stool directly onto a clean, dry surface in order to collect a sample with the spatula provided



MAMMOGRAM (for women only)

- ✓ Not recommended for pregnant women
- ✓ Book your appointment at least 1 week after the last day of your menstruation
- ✓ Avoid using deodorant, perfume, powder or cream under your arms or on your chest area as it may interfere with the quality of the scan
- ✓ Bring along your most recent mammogram films and reports if you would like to have a comparison made, or submit them to our Radiology Department within 3 working days after your appointment

Please note that mammogram is only available at our health screening centre @ Ngee Ann City, Level 26.





During Your Health Screening

– WOMEN



THIN PREP PAP, URINE AND STOOL TESTS

- ✓ Complete these tests 10 days after the last day of your period, or 2 weeks before the first day of your next period
- ✓ If you are having your period on the day of your appointment, inform the clinic team upon arrival so that a separate appointment can be arranged to complete the tests
- ✓ **Thin Prep Pap:** At least 48 hours before, avoid sexual intercourse and the use of spermicides, vaginal creams, lubricant jellies, vaginal medications or tampons



After Your Health Screening

Your health screening report will be sent to you via email within 14 working days (excluding weekends, PH and eve of PH).

You may contact us to arrange for a medical report review appointment with our doctor upon receiving your report.

*** Please note that only 1 review is included in each package. Consultation charges apply for further reviews.*

Please inform our clinic team for other arrangements if you are unable to access emails.

Any changes to your scheduled appointment must be made at least 48 hours before.

You may reschedule your appointment online or contact our Executive Health Screening team at ehs@fullertonhealth.com or +65 6333 3636 (Option 3).

Fullerton Health @ Ngee Ann City - The Penthouse

391B Orchard Road
#26-02 Ngee Ann City
Tower B
Singapore 238874

Fullerton Health @ Ngee Ann City

391B Orchard Road
#25-01/07/08 Ngee Ann
City Tower B
Singapore 238874

Fullerton Health @ Ocean Financial Centre

10 Collyer Quay
#03-08 Ocean Financial
Centre
Singapore 049315

Fullerton Healthcare Screening Centre @ Novena Square

238B Thomson Road #05-01,
Novena Square Tower B,
Singapore 307685

— Draw My Blood

Want to have your health screening in the afternoon, but don't want to fast the entire morning?

Have your blood drawn at least a day before your appointment with no additional cost, at any of our Fullerton Clinic. This way, you can still enjoy breakfast or lunch on the day of your health screening.

Call our hotline at 6333 3636 to book your health screening today and quote 'Draw my Blood' for an appointment.

**Terms and conditions apply*





Executive Health Screening – Glossary

Glossary

Term	Definition
Hepatitis Screen	Tests for the presence of hepatitis antigen and antibodies in the bloodstream
Haematology	Blood test that is used to determine one's overall health and screen for blood disorders.
Urinalysis	Microscopic examination of urine contents to detect urinary tract infections and kidney diseases
Stool Screen	Tests for hidden traces of blood in the stool that may be indicative of polyps in the colon or rectum or colon cancer
Thin Prep Pap	Screens for potential precancerous or cancerous cells on the cervix
Auto-Immune Disease Screen	Tests for autoimmune disorders by detecting the presence of antibodies produced one's own immune system that may react with the body's healthy cells
Ultrasound	Ultrasound is a non-invasive technique used to image soft tissues structure
Mammogram	A mammogram is one of the most reliable screening tool for breast cancer involving x-rays
CT Cardiac Calcium Score	This score calculates the amount of calcified plaque in your coronary arteries and determines your risk of developing Coronary Artery Disease (CAD).
MR Elastography with fat quantification	Magnetic Resonance (MR) elastography is a non-invasive MRI diagnostic technique to detect the presence of liver fibrosis that may be indicative of chronic liver diseases
BMD + Vitamin D Total	Measurement of Bone Mineral Density (BMD) + Vitamin D Total levels helps determine risk for osteoporosis (bone disease in which bones become weak)

Glossary



Resting Electrocardiogram

A measurement of the electrical activity of your heart, while at rest, to determine whether there is abnormal activity attributed to certain heart conditions



Stress Electrocardiogram

A measurement to detect how your heart activity responds to exercise. You will be asked to walk / jog on a treadmill while heart activity is monitored.



Tonometry

Standard eye test that determines the fluid pressure inside the eye. Elevated pressure is a possible sign of glaucoma



Spirometry

A test that measures lung function by measuring the amount of air inhaled and exhaled. It is commonly used to help diagnose asthma, chronic obstructive pulmonary disease (COPD) and conditions that affect breathing capacity



Chest X-Ray

This test can help diagnose and monitor conditions such as pneumonia, heart failure, lung cancer, tuberculosis, sarcoidosis, and lung tissue scarring, called fibrosis. There is small amount of radiation involved in this test

Glossary

BLOOD TEST

Term	Definition
Lipid Screen	Measures cholesterol and fat levels to assess one's risk for cardiovascular disease
Liver Screen	Measures levels of liver enzymes and proteins in your blood to assess liver function
Kidney Screen	Measures levels of minerals and proteins in blood to assess kidney function
Cardiac Risk Screen	Measures levels of high sensitivity C-reactive protein (hsCRP) will help assess one's risk of developing cardiovascular disease
Diabetic Mellitus Screen	Measures blood glucose levels in the bloodstream to detect risk for diabetes
Bone and Joint Screen	Measures levels of minerals involved in bone remodelling (breakdown and formation) to assess for metabolic bone diseases
Tumour Markers Screen	Tests for tumour markers in the bloodstream that may be produced by cancer cells
Thyroid Screen	Measures hormones produced by the thyroid to help determine hypothyroidism or hyperthyroidism that affects one's metabolism
Hepatitis Screen	Involves testing a small sample of blood for antigens and antibodies to determine whether the individual has been infected with viral hepatitis. Antigens are foreign substances, such as microorganisms (e.g., bacteria, fungi, parasites, viruses) or chemicals, which invade the body.
Haematology Screen	Include tests on the blood, blood proteins and blood-producing organs. Heamatological tests can help diagnose anemia, infection, hemophilia, blood-clotting disorders, and leukemia.

CERVICAL SWAB

Term	Definition
Thin Prep Pap	Screens for potential precancerous or cancerous cells on the cervix. The Thin Prep Pap looks for precancers, cell changes on the cervix that might become cervical cancer if they are not treated appropriately.
HPV DNA Test	This is the MOH recommended primary screening test instead of Thin Prep Pap for women above 30 years. The HPV DNA test is more sensitive than Thin Prep Pap as it tests the cells scraped from the cervix for DNA of human papillomaviruses (HPV) which can cause cell changes.

Glossary

SCAN

Term	Definition
Ultrasound	Ultrasound is a non-invasive technique used to image soft tissues structure.
Mammogram	A mammogram is a special imaging of the breast using a low-dose x-ray system and is one of the most effective method to screen for breast cancer.
CT Scan	A CT scan or computed tomography scan is a medical imaging technique that uses computer-processed combinations of multiple X-ray measurements taken from different angles to produce tomographic images of a body, allowing the user to see inside the body without cutting.
MRI	Magnetic resonance imaging (MRI) is a medical imaging technique used in radiology to form pictures of the anatomy and the physiological processes of the body. MRI scanners use strong magnetic fields, magnetic field gradients, and radio waves to generate images of the organs in the body.

Glossary

SCAN

Term	Definition	Est. Duration
CT Cardiac Calcium Score	This score calculates the amount of calcified plaque in your coronary arteries and determines your risk of developing Coronary Artery Disease (CAD).	15 min – 1 hr
MR Elastography with fat quantification	Magnetic Resonance (MR) elastography is a non-invasive MRI diagnostic technique to detect the presence of liver fibrosis of chronic liver diseases. It also measures fatty infiltration of liver which can be caused by unhealthy diet.	30 min – 1 hr
BMD	Bone Mineral Densitometry (BMD) measures bone mineral density for the diagnosis of osteoporosis, estimation of the fracture risk and assessment of response to treatment. Abnormal levels of vitamin D can indicate bone disorders, nutrition problems, organ damage, or other medical conditions.	15 min
CT Lung Screen	Low dose CT method, primary use for lung cancer screening. It can detect smaller nodules or cancer than standard chest X-rays.	15 min
CT Renal Colic Screen	CT renal colic scan includes fine sections taken through the kidneys and bladder areas, where symptomatic stones are most likely to be encountered.	15 min
MR Headache Screen	MR Headache screen is for assessment of worrisome headache pattern. It can detect brain tumour, abscess (infection in brain), hydrocephalus (buildup of fluid in brain) or other intracranial pathology.	30 min – 1 hr
3D Digital Breast Tomosynthesis (DBT)	Add-on to mammogram. 3D DBT takes multiple images of the breast from multiple angles. These images create the 3D picture of the breast, giving fewer false-positives and increase detection rate of small breast tumor.	15 – 30 min

Private and Confidential



FULLERTON
— HEALTH —

Affordable and Accessible Care for All in Asia Pacific