



**Keep track of
your health cover
in a few clicks.**

Introducing Bupa Touch

Access your cover and benefits information instantly with Bupa Touch.

Now you can securely manage your health cover on your computer, tablet or mobile.

Bupa Touch brings all your documents and information together in one place and gives you easy access to other services such as Digital GP.

How to Log in



Step 1

Go to
[www.bupa.co.uk/
touchdashboard](http://www.bupa.co.uk/touchdashboard)



Step 2

Enter your details exactly as they appear on your health cover documents.



One login does it all with Bupa

Other products or services, such as dental insurance or health assessments, can be accessed through your Bupa Touch account too.



Convenient

All your documents and reports in one place for when you need them.

Sustainable

Reduce your carbon footprint with digital documentation.

Safe and secure

Multi-factor authentication, keeping you and your information safe.

Bupa Touch, making it simple to manage your health cover



View and download your documentation.



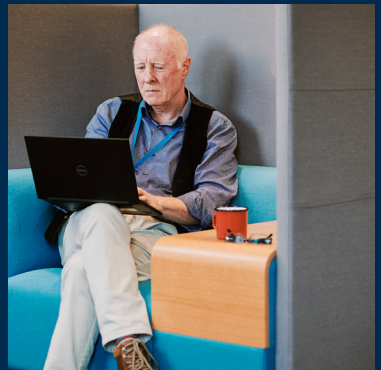
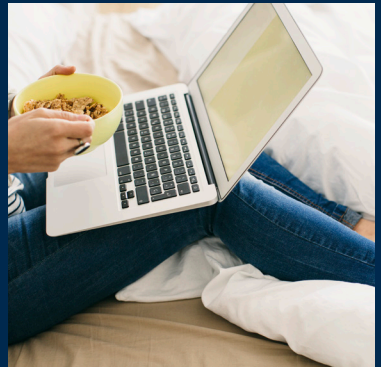
Check your details.



Find easy ways to get in contact and access frequently asked questions.



Direct access to other services, such as Digital GP and tools to help you find a specialist when you need it.





What else can I do with Bupa Touch?



Find a Bupa consultant or facility

Our comprehensive online directory of Bupa recognised consultants, therapists, hospitals and healthcare services.



Digital GP

We've partnered with Babylon - a Digital GP app - which lets you book a video consultation with a Babylon GP within 48 hours.

The service is available 24/7/365



Be.Me

Supporting you to stay fit and healthy.

The app helps you assess your wellbeing needs, build a tailored plan, and through a virtual coach, tracks your progress and empowers you along the way - helping you stay on track with your goals.



Health assessment reports

If you are entitled to a Health assessment as part of your corporate health care or have purchased one yourself, your report will show here.

If you've recently had one, you'll receive an email when it arrives.

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