Bupa Select
Your Bupa membership guide
Essential information explaining your Bupa cover
Please retain
About this guide

Welcome to your Bupa Select membership guide.

At Bupa, we know that insurance can be hard to follow. That’s why we’ve made this guide as simple as possible. You’ll find individual chapters that deal with each aspect of your Bupa cover, including a step-by-step guide to making a claim.

Please make sure that you keep this guide somewhere safe. You’ll need it when you come to claim.

If any of the terms or language used leave you confused – don’t worry, we’ve also included a glossary featuring clear definitions of words that are in **bold** and *italics* in the text.

If you require correspondence and marketing literature in an alternative format, we offer a choice of Braille, large print or audio. Please get in touch to let us know which you would prefer.

How do I know what I’m covered for?

The precise details of the cover you have chosen are listed in your membership certificate. Please read this membership guide together with your membership certificate, as together they set out full details of how your health insurance works.

How does the membership guide work with my membership certificate?

Your certificate explains the benefits available to you and also provides a series of notes that correspond to the relevant section of the membership guide (where you will find a more detailed explanation of the benefit in your individual policy).

How do I contact Bupa?

We’re always on hand to help.

**For queries about your cover we have provided a dedicated number which you will find in your membership certificate.**

You can also write to us at Bupa, Salford Quays, Salford M50 3XL.

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Bupa HealthLine

If you have any questions or worries about your health call our confidential Bupa HealthLine on 0345 604 0537*. Our qualified nursing team is on hand 24 hours a day, so whatever your health question or concern, they have the skills and practical, professional experience to help.

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*TIP:

Cross-check the benefits listed in your membership certificate with the relevant paragraphs in the guide to make sure that you have the cover that you want.

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*Calls may be recorded and to maintain the quality of our Bupa HealthLine service a nursing manager may monitor some calls always respecting the confidentiality of the call.*
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Your rules and benefits

Effective from 1 January 2017

These are the rules and benefits of Bupa Select

- For anyone joining Bupa Select they apply from their start date.
- For anyone whose membership of Bupa Select is renewed by the sponsor they apply for the period from the first renewal date on or after the ‘effective from’ date.

Words and phrases in bold and italic in this membership guide are defined terms which have a specific meaning. You should check their meaning in the glossary.

Important note – please read this section before you read the rest of this membership guide as it explains how this membership guide and your membership certificate work together.

This Bupa Select Membership Guide and your membership certificate together set out full details of your benefits. They should not be read as separate documents.

This membership guide is a generic guide. It contains the general membership terms that apply to all Bupa Select members. It also contains all the elements of cover that can be provided under Bupa Select. You may not have all the cover set out in this membership guide. It is your membership certificate that shows the cover that is specific to your benefits. Any elements of cover in this membership guide that are either:

- shown in your membership certificate as ‘not covered’, or
- do not appear in your membership certificate

you are not covered for, and you should therefore ignore them when reading this membership guide. Your membership certificate could also show some changes to the terms of cover set out in this membership guide particularly in the ‘Further details’ section of your membership certificate.

When reading this membership guide and your membership certificate, it is your membership certificate which is personal to you. This means that if your membership certificate contradicts this membership guide it is your membership certificate that will take priority.

Always call the helpline if you are unsure of your cover.
How your membership works

The agreement between the sponsor and us

Your cover is provided under an agreement between the sponsor and Bupa. There is no legal contract between you and us for your cover under the agreement. Only the sponsor and Bupa have legal rights under the agreement and are the only ones who can enforce the agreement, although we will allow anyone who is covered under the agreement complete access to our complaints process (please also see ‘Making a complaint’ in this section).

The documents that set out your cover

The following documents set out the details of the cover we will provide for you under the agreement. These documents must be read together as a whole, they should not be read as separate documents.

- **The Bupa Select Membership Guide**: this sets out the general terms and conditions of membership (including exclusions) and all the elements of cover that can be provided under Bupa Select.

- **Your membership certificate**: this shows the cover that is specific to your benefits, including the underwriting method applied, the limits that apply, any variations to the benefits, terms or conditions explained in this membership guide and whether an excess or co-insurance applies to your cover and if it does, the amount and how it applies.

And for underwritten members:

- **Your application for cover**: this includes any applications for cover for underwritten members and the declarations that you made during the application process.

Payment of benefits

We only pay for treatment that you receive, or the benefits that you are entitled to, while you are covered under the agreement and we only pay in accordance with the agreement. We also only pay the benefits that applied to you on the date you received your treatment or the date that you became entitled to those benefits.

When you receive private medical treatment you have a contract with the providers of your treatment. You are responsible for the costs you incur in having private treatment. However, if your treatment is eligible treatment we pay the costs that are covered under your benefits. Any costs, including eligible treatment costs, that are not covered under your benefits are your sole responsibility.

The provider might, for example, be a consultant, a recognised facility or both. Sometimes one provider may have arrangements with other providers involved in your care and, therefore, be entitled to receive all the costs associated with your treatment. For example a recognised facility may charge for recognised facility charges, consultants’ fees and diagnostic tests all together.

In many cases we have arrangements with providers about how much they charge our members for treatment and how we pay them. For treatment costs covered under your benefits we will, in most cases, pay the provider of your treatment direct – such as the recognised facility or consultant – or whichever other person
or facility is entitled to receive the payment. Otherwise we will pay the main member. We will write to tell the main member how we have dealt with any claim. Please also see the section ‘Claiming’.

When your membership starts, renews and ends

Starting membership
Your membership under the agreement must be confirmed by the sponsor.
Your cover starts on your start date.
Your dependants’ cover starts on their start date. Your start date and your dependants’ start date(s) may not be the same.

Covering a newborn baby
If the sponsor agrees, you may apply to include your newborn baby under your membership as one of your dependants.
If your baby’s membership would be as:
- an underwritten member, we will not apply any special conditions to the baby’s cover
- a moratorium member, we will not apply the exclusion for moratorium conditions from the baby’s cover - see Exclusion 33 in the section ‘What is not covered’ but only if both the following apply:
  - you and/or your partner have been covered under the scheme (and if applicable a previous scheme) for at least 12 continuous months before the baby’s birth and
  - you include your baby under your membership within three months of the baby’s birth.

In which case if we agree to cover your baby it will be from their date of birth (or your start date if their date of birth is before your start date).

Renewal of your membership
The renewal of your membership is subject to the sponsor renewing your membership under the agreement.

How membership can end
You or the sponsor can end your membership or the membership of any of your dependants at any time. If you want to end your membership or that of your dependants you must write to us. If your membership ends the membership of all your dependants will also end.

Your membership and that of your dependants will automatically end if:
- the agreement is terminated
- the terms of the agreement say that it must end
- the sponsor does not pay subscriptions or any other payment due under the agreement for you or any other person
- you stop living in the UK (you must inform us if you stop living in the UK), or
- you die.
Your dependants’ membership will automatically end if:

- your membership ends
- the terms of the agreement say that it must end
- the sponsor does not renew the membership of that dependant
- that dependant stops living in the UK (you must inform us if that dependant stops living in the UK), or
- that dependant dies.

We can end a person’s membership if there is reasonable evidence that you or they misled us or attempted to do so. By this we mean, giving false information or keeping necessary information from us, either intentionally or carelessly, which may influence us when deciding:

- whether or not we will provide cover for them
- whether we have to pay any claim.

When your membership or your dependants’ membership ends, we may be able to offer you or them continuation of membership on a Bupa personal policy as an ex-group scheme member depending upon how long you or they have been a Bupa group scheme member. This would allow you or them to transfer without any additional special conditions if you or they transferred within three months of leaving the group scheme, without any break in cover. If you would like to consider this option please call 0800 600 500 to discuss it with us.

Paying subscriptions and other charges

The sponsor must pay to us subscriptions and any other payment due for your membership and that of every other person covered under the agreement. Bupa Insurance Services Limited acts as our agent for arranging and administering your policy. Subscriptions are collected by Bupa Insurance Services Limited as our agent for the purpose of receiving, holding and refunding premiums and claims monies.

If you contribute to the cost of subscriptions for you and/or your dependants (for example by payroll deduction or by Direct Debit collected by Bupa on behalf of the sponsor) this arrangement does not in any way affect the contractual position set out in the rule ‘The agreement between the sponsor and us’ in this section.

Making changes

Changes to your membership

The terms and conditions of your membership, including your benefits, may be changed from time to time by agreement between the sponsor and us.

Other parties

No other person is allowed to make or confirm any changes to your membership or your benefits on our behalf or decide not to enforce any of our rights. Equally, no change to your membership or your benefits will be valid unless it is specifically agreed between the sponsor and us and confirmed in writing.

‡We may record or monitor our calls.
General information

Change of address
You should call or write to tell us if you change your address.

Correspondence and documents
All correspondence and membership documents are sent to the main member.
When you send documents to us, we cannot return original documents to you. However, we will send you copies if you ask us to do so at the time you give us the documents.
Letters between us must be sent with the postage costs paid before posting. We can each assume that the letter will be received three days after posting.

Applicable law
The agreement is governed by English law.

Private Healthcare Information Network
You can find independent information about the quality and cost of private treatment available from doctors and hospitals from the Private Healthcare Information Network: www.phin.org.uk

Making a complaint
We’re committed to providing you with a first class service at all times and will make every effort to meet the high standards we’ve set. If you feel that we’ve not achieved the standard of service you would expect or if you are unhappy in any other way, then please get in touch.

If Bupa, or any representative of Bupa, did not sell you this policy and your complaint is about the sale of your policy, please contact the party who sold the policy. Their details can be found on the status disclosure document or the terms of business document they provided to you. If you are a member of a company or corporate scheme please call your dedicated Bupa helpline, this will be detailed on your membership certificate.

For any other complaint our member services department is always the first number to call if you need help or support or if you have any comments or complaints. You can contact us in several ways:

By phone: 0345 609 0111¹

In writing: Customer Relations, Bupa, Salford Quays, Manchester M50 3XL

By email: customerrelations@bupa.com

Please be aware information submitted to us via email is normally unsecure and may be copied, read or altered by others before it reaches us.

Via our website: bupa.co.uk/members/member-feedback

Or via twitter: @AskBupaUK

¹We may record or monitor our calls.
**How will we deal with your complaint and how long is this likely to take?**

If we can resolve your complaint within three working days after the day you made your complaint, we'll write to you to confirm this. Where we're unable to resolve your complaint within this time, we'll promptly write to you to acknowledge receipt. We'll then continue to investigate your complaint and aim to send you our final written decision within four weeks from the day of receipt. If we're unable to resolve your complaint within four weeks following receipt, we'll write to you to confirm that we're still investigating it.

Within eight weeks of receiving your complaint we'll either send you a final written decision explaining the results of our investigation or we'll send you a letter advising that we have been unable to reach a decision at this time.

If you remain unhappy with our response, or after eight weeks you do not wish to wait for us to complete our review, you may refer your complaint to the Financial Ombudsman Service. You can write to them at: Exchange Tower, London E14 9GE or contact them via email at complaint.info@financial-ombudsman.org.uk or call them on 0800 023 4567 (calls to this number are now free on mobile phones and landlines) or 0300 123 9123 (free for mobile phone users who pay a monthly charge for calls to numbers starting 01 or 02).

For more information you can visit [www.financial-ombudsman.org.uk](http://www.financial-ombudsman.org.uk)

Your complaint will be dealt with confidentially and will not affect how we treat you in the future.

Whilst we are bound by the decision of the Financial Ombudsman Service, you are not.

The European Commission also provides an online dispute resolution (ODR) platform which allows consumers to submit complaints through a central site which forwards the complaint to the relevant Alternative Dispute Resolution (ADR) scheme. For Bupa, complaints will be forwarded to the Financial Ombudsman Service and you can refer complaints directly to them using the details above.

For more information about ODR please visit [http://ec.europa.eu/consumers/odr/](http://ec.europa.eu/consumers/odr/)

**The Financial Services Compensation Scheme (FSCS)**

In the unlikely event that we cannot meet our financial obligations, you may be entitled to compensation from the Financial Services Compensation Scheme. This will depend on the type of business and the circumstances of your claim.

The FSCS may arrange to transfer your policy to another insurer, provide a new policy or, where appropriate, provide compensation. Further information about compensation scheme arrangements is available from the FSCS on 0800 678 1100 or 020 7741 4100 or on its website at: [www.fscs.org.uk](http://www.fscs.org.uk)
Claiming

Step-by-step guide to making a claim

Step 1  Visit your GP

The process generally starts with a visit to your **GP**.

Your **GP** will advise you if you need to see a consultant or healthcare professional.

Step 2  Get a referral for your treatment: check which option applies to your cover

If you need to see a consultant, your **GP** will provide you with a referral letter which will detail the type of specialist your **GP** would like you to see.

There are some conditions where a **GP** referral is not normally required and details of these are available from **us** on request. For information on these conditions please call member services or go to bupa.co.uk/policyinformation. The list of conditions for which a **GP** referral is not usually required may be updated from time to time.

Check the ‘Cover option’ within the Group Details section of your **membership certificate** to see whether the Open Referral Service applies to your cover. If your ‘Cover option’ does not state open referral, then it does not apply to you.

- If the Open Referral Service does not apply to you:
  
  **We** nevertheless recommend that you ask for an ‘open referral’ which will detail the care your **GP** would like you to have, but will not be addressed to a specific consultant, hospital or healthcare professional. An open referral needs to include your **GP’s** assessment of your symptoms, the body area affected and medical speciality required.

  By obtaining an open referral **we** can offer you a choice of consultants, as well as help you to make sure you avoid any extra costs (some consultants charge fees which are outside **our** benefit limits and if they do, you may need to pay some of the fees). You’ll find a simple open referral form for your **GP** to complete on: bupa.co.uk/referral

  If your **GP** does want to provide you with a referral to a specific consultant make sure you confirm with **us** that they charge within **our** benefit limits, to avoid being responsible for any unforeseen costs.

- If the Open Referral Service applies to you:

  If the Open Referral Service applies to you, you **must** obtain an open referral from your **GP** to ensure that your treatment is covered, and to avoid having to return to your **GP** and obtain an open referral.

**IMPORTANT:** You must call **us** to pre-authorise any claim before arranging or receiving any treatment. Failure to obtain pre-authorisation from **us** means that you will be responsible for paying for all such treatment. **We** will help you find a consultant or healthcare professional within your local area and confirm the benefits available to you under your cover. You’ll find a simple open referral form for your **GP** to complete on: bupa.co.uk/referral
**Step 3**

**Call us**

Call *us* so that *we* can discuss your options and explain which consultants and healthcare professionals are covered under your Bupa membership.

*We* will let you know what you need to do next and send you any necessary pre-treatment forms you may need to complete.

**Remember** – if the Open Referral Service applies to you, you **must** call *us* before arranging or receiving any treatment.

**Step 4**

**Get a pre-authorisation number**

When *we* have confirmed that your *treatment* is covered, *we* will discuss your claim with you and issue you a ‘pre-authorisation’ number. You can then contact your consultant or healthcare provider to arrange an appointment.

*We* recommend you give your pre-authorisation number to the consultant or healthcare professional you see so that the invoice for any treatment costs can be sent to *us* directly. If your company has selected the Open Referral Service, then you must call *us* to pre-authorise your *treatment*.

If for any reason you are sent an invoice, simply send it on to: Claims Department, Bupa, Salford Quays, M50 3XL.

Once *we* have made *our* payment, *we* will send you a summary of your claim and treatment details. Please note that payment may take a number of weeks depending on how quickly invoices are submitted to *us*.

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**Claims checklist**

**What you’ll need to make a claim** – to help *us* to make the claims process as simple and swift as possible, please have the following information close to hand when you call to make a claim:

- your Bupa membership number
- the condition you are suffering from
- details of when your symptoms first began
- details of when you first consulted your GP about your condition
- details of the treatment that has been recommended
- date(s) on which you are to receive treatment
- the name of the consultant or other healthcare professional involved
- details of where your proposed treatment will take place
- your expected length of stay in hospital (if applicable)
A Making a claim

A1 Claims other than Cash benefits

If the Open Referral Service does not apply to your cover we recommend that you always contact us before arranging or receiving any treatment. This is the only way that we can confirm the benefits that are available to you before you incur any costs for your treatment. Any costs you incur that are not covered under your benefits are your responsibility.

If the Open Referral Service applies to your cover you must ask for an ‘open referral’ from your GP (please see the ‘Step-by-step guide to making a claim’) and you must call us before arranging or receiving any treatment. We will confirm the medical providers and treatment facilities that you must use. Failure to call us to obtain pre-authorisation for your treatment means that you will be responsible for paying for all such treatment.

Please see the ‘Cover option’ section of your membership certificate – it will state ‘Open Referral’ if the Open Referral Service applies to your cover.

For moratorium members

As a moratorium member you are not covered for treatment of any moratorium conditions. Each time you make a claim you must provide us with information so we can confirm whether your proposed treatment is covered under your benefits.

Before you arrange any consultation or treatment call us and we will send you a pre-treatment form to complete. You will need to provide details of the history of the medical condition you are claiming for, including information that you will need to ask your GP or consultant for. Your GP or consultant may charge you a fee for providing a report which we do not pay. Each claim you make while you are a moratorium member will be assessed on this information and any further information we ask you to provide to us at the time you claim.

Once we receive all the information we ask you for we will:

○ if the Open Referral Service does not apply to your cover, confirm whether your proposed treatment, medical provider or treatment facility will be eligible under your benefits.

○ if the Open Referral Service applies to your cover, confirm whether your proposed treatment will be eligible under your benefits and, if so, the medical providers or treatment facilities you must use.

○ the level of benefits available to you, and

○ tell you whether you will need to complete a claim form.

Please see the ‘Cover option’ section of your membership certificate – it will state ‘Open Referral’ if the Open Referral Service applies to your cover.

If you do not need to complete a claim form we will treat your submission of your pre-treatment form to us as your claim once we are notified that you have received your consultation or treatment. In most cases we will be notified that you have received your consultation or treatment by your consultant or the provider of your treatment.

If you do need to complete a claim form you will need to return the fully completed claim form to us as soon as possible and in any event within six months of receiving the treatment for which you are claiming unless this was not reasonably possible.
For non-moratorium members
When you call us we will:
- if the Open Referral Service does not apply to your cover, confirm whether your proposed treatment, medical provider or treatment facility will be eligible under your benefits
- if the Open Referral Service applies to your cover, confirm whether your proposed treatment will be eligible under your benefits and, if so, the medical providers or treatment facilities you must use
- confirm the level of benefits available to you, and
- tell you whether you will need to complete a claim form, if you claim.

Please see the ‘Cover option’ section of your membership certificate – it will state ‘Open Referral’ if the Open Referral Service applies to your cover.

If you do not need to complete a claim form, we will treat your call to us as your claim once we are notified that you have received your consultation or treatment. In most cases we will be notified that you have received your consultation or treatment by your consultant or the provider of your treatment.

If you do need to complete a claim form you will need to return the fully completed claim form to us as soon as possible and in any event within six months of receiving the treatment for which you are claiming unless this was not reasonably possible.

A2 Claims for Cash benefits

For benefits CB1, NHS cash benefit and CB6, NHS cancer cash benefit
- For moratorium members

Call the helpline and we will send you a cash benefit pre-treatment form to complete. You will need to provide details of the history of the medical condition you are claiming for, including information that you will need to ask your GP or consultant for. Your GP or consultant may charge you a fee for providing a report which we do not pay. Each claim you make while you are a moratorium member will be assessed on this information and any further information we ask you to provide to us at the time you claim.

Once we receive all the information we ask you for we will:
- confirm whether your treatment will be eligible for NHS cash benefit
- confirm the level of benefits available to you, and
- send you a claim form which you will need to take with you to the hospital and ask them to complete the hospital sections. You will need to return your fully completed form to us as soon as possible and in any event within six months of receiving your treatment unless this was not reasonably possible.

- For non-moratorium members

Call the helpline to check your benefits. We will confirm your benefits and send you a claim form which you will need to take with you to the hospital and ask them to complete the hospital sections. You will need to return your fully completed form to us as soon as possible and in any event within six months of receiving your treatment unless this was not reasonably possible.
For benefits CB2 to CB5
Call the helpline to check your benefits. We will confirm your benefits and tell you whether you need to complete a claim form. You must send us either:
- your completed claim form if you need to complete one – in which case you will need to return your fully completed form to us as soon as possible and in any event within six months of receiving your treatment unless this was not reasonably possible
or
- if you do not need a claim form, a covering letter giving your name, address and membership number
together with:
- for family cash benefit: a copy of your child’s birth or adoption certificate
- for other cash benefits: your original invoices and receipts.

A3 Claims for repatriation and evacuation assistance
You must contact us before any arrangements are made for your repatriation or evacuation. When you contact us we will check your cover and explain the process for arranging repatriation or evacuation and making a claim. From outside the UK - or inside the UK when your helpline is closed - call us on: + 44 (0)161 868 6417. Lines open 24 hours 365 days a year. We may record or monitor our calls.

A4 Treatment needed because of someone else’s fault
When you claim for treatment you need because of an injury or medical condition that was caused by or was the fault of someone else (a ‘third party’), for example, an injury suffered in a road accident in which you are a victim, all of the following conditions apply when you make such a claim:
- you agree you are responsible for the payment of any costs which may ultimately be recovered from the third party
- you must notify us as soon as possible that your treatment was needed as a result of a third party. You can notify us either by writing to us or completing the appropriate section on your claim form. You must provide us with any further details that we reasonably ask you for
- you must take any reasonable steps we ask of you to recover from the third party the cost of the treatment paid for by us and claim interest if you are entitled to do so
- you (or your solicitor) must keep us fully informed in writing of the progress and outcome of your claim
- if you recover the cost of any treatment paid for by us, you must repay the amount and any interest to us.

A5 Other insurance cover
If you have other insurance cover for the cost of the treatment or services that you are claiming from us you must provide us with full details of that other insurance policy as soon as possible. You must do this either by writing to us or by completing the appropriate section on your claim form. In which case we will only pay our share of the cost of the eligible treatment for which you are claiming.
B How we will deal with your claim

B1 General information
We only pay for treatment that you receive, or the benefits that you are entitled to, while you are covered under the agreement and we only pay in accordance with the agreement. We also only pay the benefits that applied to you on the date you received your treatment or the date that you became entitled to those benefits.
Except for NHS cash benefit and Family cash benefit, we only pay eligible costs and expenses actually incurred by you for treatment you receive.
We do not have to pay a claim if you break any of the terms and conditions of your membership.
Unless we tell you otherwise, your claim form and proof to support your claim must be sent to us.
We reserve the right to change the procedure for making a claim. If so, we will write and tell the sponsor about any changes.

B2 Providing us with information
You will need to provide us with information to help us assess your claim if we make a reasonable request for you to do so. For example, we may ask you for one or more of the following:
- medical reports and other information about the treatment for which you are claiming
- the results of any independent medical examination which we may ask you to undergo at our expense
- original accounts and invoices in connection with your claim (including any related to treatment costs covered by your excess or co-insurance – if any).
We cannot accept photocopies of accounts or invoices or originals that have had alterations made to them.
If you do not provide us with any information we reasonably ask you for, we will be unable to assess your claim.

Obtaining medical reports from your GP or consultant: When you need to request a medical report from your GP or consultant, we can do this on your behalf with your consent.
We will always ask for your consent before requesting a report from your doctor on your behalf and we will ask for your consent on the telephone when we explain to you the need for the report. You can choose from three courses of action:
1. You can give your consent without asking to see the doctor’s report before it is sent to us. The doctor will send the report directly to us:
If you give your consent to us obtaining a report without indicating that you wish to see it, you can change your mind by contacting your doctor before the report is sent to us. In which case you will have the opportunity to see the report and ask the doctor to change the report or add your comments before it is sent to us, or withhold your consent for its release.
2. You can give your consent, but ask to see the report before it is sent to us, in which case you will have 21 days, after we notify you that we have requested a report from the doctor, to contact your doctor to make arrangements to see the report. If you fail to contact the doctor within 21 days, we will request they send the report direct to us. If however you contact your doctor with a view to seeing the report, you must give the doctor written consent before they can release it to us. You may ask your doctor to change the report if you think it is misleading. If your doctor refuses, you can insist on adding your own comment to the report before it is sent to us.

3. You can withhold your consent, but if you do, please bear in mind that we may be unable to progress with your claim. Whether or not you indicate that you wish to see the report before it is sent, you have the right to ask your doctor to let you see a copy, provided that you ask them within six months of the report having been supplied to us. Your doctor is entitled to withhold some or all of the information contained in the report if, in their opinion, this information (a) might cause serious harm to your physical or mental health or that of another person, or (b) it would reveal the identity of another person without their consent (other than that provided by a healthcare professional in their professional capacity in relation to your care). We may make a contribution to the costs of any report that we have requested on your behalf, this will be confirmed at point of telephone consent. If we do make a contribution, you will be responsible for any amount above this.

B3 How we pay your claim

Claims other than Cash benefits: for treatment costs covered under your benefits we will, in most cases, pay the provider of your treatment direct - such as the recognised facility or consultant - or whichever other person or facility is entitled to receive the payment. Otherwise we will pay the main member. We will write to tell the main member how we have dealt with any claim.

Claims for cash benefits: we pay eligible claims by cheque to the main member.

Claims for overseas emergency treatment under benefit 9: we only pay eligible claims in £sterling. When we have to make a conversion from a foreign currency to £sterling we will use the exchange rate published in the UK’s Financial Times on the Monday of the week in which the first day of your treatment takes place.

C If you want to withdraw a claim

If, for any reason, you wish to withdraw your claim for the costs of treatment you have received, you should call the helpline to tell us as soon as possible. You will be unable to withdraw your claim if we have already paid your claim. If you do withdraw your claim you will be responsible for paying the costs of that treatment.

D Ex-gratia payments

If we agree to pay for the costs of treatment to which you are not entitled under your benefits, ie an ‘ex-gratia payment’, this payment will still count towards the maximum amount we will pay under your benefits. Making these payments does not oblige us to make them in the future.
E If you have an excess or co-insurance
The sponsor may have agreed with us that either an excess or co-insurance shall apply to your benefits. The membership certificate shows if one does apply and if so,

- the amount
- who it applies to
- what type of treatment it is applied to, and
- the period for which the excess or co-insurance will apply.
Some further details of how an excess or co-insurance works are set out below and should be read together with your membership certificate.
If you are unsure whether an excess or co-insurance does apply to you please refer to your membership certificate or contact the helpline.

E1 How an excess or co-insurance works
Having an excess or co-insurance means that you have to pay part of any eligible treatment costs that would otherwise be paid by us up to the amount of your excess or co-insurance. By eligible treatment costs we mean costs that would have been payable under your benefits if you had not had an excess or co-insurance.
If your excess or co-insurance applies each year it starts at the beginning of each year even if your treatment is ongoing. So, your excess or co-insurance could apply twice to a single course of treatment if your treatment begins in one year and continues into the next year.
We will write to the main member to tell them who you should pay the excess or co-insurance to, for example, your consultant, therapist or recognised facility. The excess or co-insurance must be paid direct to them – not to Bupa. We will also write to tell the main member the amount of the excess or co-insurance that remains (if any).
You should always make a claim for eligible treatment costs even if we will not pay the claim because of your excess or co-insurance. Otherwise the amount will not be counted towards your excess or co-insurance and you may lose out should you need to claim again.

E2 How the excess or co-insurance applies to your benefits
Unless we say otherwise in your membership certificate:

- we apply the excess or co-insurance to your claims in the order in which we process those claims
- when you claim for eligible treatment costs under a benefit that has a benefit limit your excess or co-insurance amount will count towards your total benefit limit for that benefit
- the excess or co-insurance does not apply to Cash benefits.
Benefits

This section explains the type of charges we pay for eligible treatment subject to your medical condition, the type of treatment you need and your chosen medical practitioners and/or treatment facility all being eligible under your benefits.

Notes on benefits
The following notes apply equally to all the benefits and should be read together with those benefits.

Restrictions and/or limitations to benefits
Your cover may be limited or restricted through one or more of the following:

- **benefit limits**: these are limits on the amounts we will pay and/or restrictions on the cover you have under your benefits. Your membership certificate shows the benefit limits and/or restrictions that apply to your benefits.

- **excess or co-insurance**: these are explained in rule E in the section ‘Claiming’. Your membership certificate shows if an excess or co-insurance applies to your benefits. If one does apply, your benefit limits shown in your membership certificate will be subject to your excess or co-insurance.

- **overall annual maximum benefit**: this is a limit on the overall amount we will pay under your benefits each year. Your membership certificate shows if an overall annual maximum benefit applies to your benefits. If one does apply, your benefit limits shown in your membership certificate will be subject to your overall annual maximum benefit. Your excess, co-insurance and any amounts we pay to you on an ex-gratia basis will count towards your overall annual maximum benefit.

- if you are an **underwritten member** or a **moratorium member**

- if the Open Referral Service applies to your cover you must obtain an “open referral” from your GP and you must call us before arranging or receiving any treatment. We will confirm the medical providers or treatment facilities you must use. Failure to call us to obtain pre-authorisation for your treatment means that you will be responsible for paying for all such treatment. Please see the ‘Cover option’ section of your membership certificate – it will state ‘Open Referral’ if the Open Referral Service applies to your cover.

- exclusions that apply to your cover: the general exclusions are set out in the section ‘What is not covered’. Some exclusions also apply in this section and there may also be exclusions in your membership certificate.

Being referred for treatment and Bupa recognised medical practitioners and recognised facilities
Your consultation or treatment must in most cases follow an initial referral by a GP after you have seen the GP in person. However, for day-patient treatment or in-patient treatment provided by a consultant such referral is not required in the case of a medical emergency.
There are some conditions where a GP referral is not required and details of these are available from us on request. For information on these conditions please call member services or go to bupa.co.uk/policyinformation. The list of conditions for which a GP referral is not usually required may be updated from time to time.

Your cover for eligible treatment costs depends on you using certain Bupa recognised medical and other health practitioners and recognised facilities. Please note:

- the medical practitioners, other healthcare professionals and recognised facilities you use can affect the level of benefits we pay you
- certain medical practitioners, other healthcare professionals and recognised facilities that we recognise may only be recognised by us for certain types of treatment or treating certain medical conditions or certain levels of benefits
- the medical practitioners, other healthcare professionals and recognised facilities that we recognise and the type of medical condition and/or type of treatment and/or level of benefit that we recognise them for can change from time to time.

Your treatment costs are only covered when:

- the person who has overall responsibility for your treatment is a consultant. If the person who has overall responsibility for your treatment is not a consultant then none of your treatment costs are covered - the only exception to this is where a GP refers you (or where we refer you when we have told you that a GP referral is not required for your condition) for out-patient treatment by a therapist, complementary medicine practitioner or mental health and wellbeing therapist
- the medical practitioner or other healthcare professional and the recognised facility are recognised by us for treating the medical condition you have and for providing the type of treatment you need
- if the Open Referral Service applies to your cover, you use the medical providers and treatment facilities we refer you to when we pre-authorise your treatment (see below).

Important

If the Open Referral Service does not apply to your cover, you should always call us before arranging any treatment to check your benefits and whether your chosen medical practitioner or other healthcare professional or recognised facility is recognised by us for both treating the medical condition you have and for providing the type of treatment you need. Any treatment costs you incur that are not covered under your benefits are your responsibility.

If the Open Referral Service applies to your cover you must obtain an ‘open referral’ from your GP and you must call us before arranging or receiving any treatment. We will confirm the medical providers or treatment facilities you must use. Failure to call us to obtain pre-authorisation for your treatment means that you will be responsible for paying for all such treatment.

Please see the ‘Cover option’ section of your membership certificate - it will state ‘Open Referral’ if the Open Referral Service applies to your cover.
Reasonable and customary charges

We only pay eligible treatment charges that are reasonable and customary. This means that the amount you are charged by medical practitioners, other healthcare professionals and/or treatment facilities and what you are charged for have to be in line with what the majority of our other members are charged for similar treatment or services.

What you are covered for

Finding out what is wrong and being treated as an out-patient

Benefit 1 Out-patient consultations and treatment

This benefit 1 explains the type of charges we pay for out-patient treatment: The benefits you are covered for and the amounts we pay are shown on your membership certificate. You are not covered for any benefits that are either shown on your membership certificate as ‘not covered’ or do not appear in your membership certificate.

benefit 1.1 Out-patient consultations

We pay consultants’ fees for consultations that are to assess your acute condition when carried out as out-patient treatment and you are referred for the out-patient consultation by your GP or consultant.

We may agree to pay a consultant or recognised facility charge for the use of a consulting room used during your consultation, where we do agree we pay the charge under this benefit note 1.1.

benefit 1.2 Out-patient therapies and charges related to out-patient treatment

Out-patient therapies

We pay therapists’ fees for out-patient treatment when you are referred for the out-patient treatment by your GP or consultant or where we have told you that a GP referral is not required for your condition, by us.

If your consultant refers you to a medical or health practitioner who is not a therapist we may pay the charges as if the practitioner were a therapist if all of the following apply:

- your consultant refers you to the practitioner before the out-patient treatment takes place and remains in overall charge of your care, and
- the practitioner has applied for Bupa recognition and we have not written to say he/she is not recognised by Bupa.

Charges related to out-patient treatment

We pay provider charges for out-patient treatment which is related to and is an integral part of your out-patient treatment. We treat these charges as falling under this benefit 1.2 and subject to its benefit limit.

benefit 1.3 Out-patient complementary medicine treatment

We pay complementary medicine practitioners’ fees for out-patient treatment when you are referred for the treatment by your GP or consultant.
**We** do not pay for any complementary or alternative products, preparations or remedies.

*Please see Exclusion 14, ‘Drugs and dressings for out-patient or take-home use and complementary and alternative products’ in the section ‘What is not covered’.*

**benefit 1.4 diagnostic tests**

When requested by your consultant to help determine or assess your condition as part of **out-patient treatment** we pay **recognised facility** charges (including the charge for interpretation of the results) for **diagnostic tests**.

**We** do not pay charges for **diagnostic tests** that are not from the **recognised facility**.

(MRI, CT and PET scans are not paid under this benefit – see benefit 1.5.)

**benefit 1.5 out-patient MRI, CT and PET scans**

When requested by your consultant to help determine or assess your condition as part of **out-patient treatment** we pay **recognised facility** charges (including the charge for interpretation of the results), for:

- MRI scans (magnetic resonance imaging)
- CT scans (computed tomography), and
- PET scans (positron emission tomography).

**We** do not pay charges for MRI, CT and PET scans that are not from the **recognised facility**.

**Being treated in hospital**

**Benefit 2 Consultants’ fees for surgical and medical hospital treatment**

This benefit 2 explains the type of **consultants’ fees** we pay for **eligible treatment**. The benefits you are covered for and the amounts we pay are shown on your **membership certificate**. You are not covered for any benefits that are either shown on your **membership certificate** as ‘not covered’ or do not appear in your **membership certificate**.

**benefit 2.1 surgeons and anaesthetists**

**We** pay **consultant** surgeons’ fees and **consultant** anaesthetists’ fees for **eligible surgical operations** carried out in a **recognised facility**.

**benefit 2.2 physicians**

**We** pay **consultant** physicians’ fees for **day-patient treatment** or **in-patient treatment** carried out in a **recognised facility** if your **treatment** does not include a **surgical operation** or **cancer treatment**.

If your **treatment** does include an **eligible surgical operation** we only pay **consultant** physicians’ fees if the attendance of a physician is medically necessary because of your **eligible surgical operation**.

If your **benefits** include cover for **cancer treatment** and your **treatment** does include **eligible treatment** for **cancer** we only pay **consultant** physicians’ fees if the attendance of a **consultant** physician is medically necessary because of your **eligible treatment** for **cancer**, for example, if you develop an infection that requires **in-patient treatment**.
Benefit 3  Recognised facility charges

This benefit 3 explains the type of facility charges we pay for eligible treatment. The benefits you are covered for, including your facility access and the amounts we pay are shown in your membership certificate. You are not covered for any benefits that are either shown on your membership certificate as ‘not covered’ or do not appear in your membership certificate.

Important: the recognised facility that you use for your eligible treatment must be recognised by us for treating both the medical condition you have and the type of treatment you need otherwise benefits may be restricted or not payable.

If the Open Referral Service does not apply to your cover, you should always call us before arranging any treatment to check whether your chosen treatment facility is recognised by us for both treating your medical condition and carrying out your proposed treatment.

If the Open Referral Service applies to your cover you must obtain an ‘open referral’ from your GP and you must call us before arranging or receiving any treatment. We will confirm the medical providers or treatment facilities you must use. Failure to call us to obtain pre-authorisation for your treatment means that you will be responsible for paying for all such treatment.

Please see the ‘Cover option’ section of your membership certificate – it will state ‘Open Referral’ if the Open Referral Service applies to your cover.

benefit 3.1  out-patient surgical operations

We pay recognised facility charges for eligible surgical operations carried out as out-patient treatment. We pay for theatre use, including equipment, common drugs, advanced therapies, specialist drugs and surgical dressings used during the surgical operation.

benefit 3.2  day-patient and in-patient treatment

We pay recognised facility charges for day-patient treatment and in-patient treatment, including eligible surgical operations, and the charges we pay for are set out in 3.2.1 to 3.2.7.

Using a non-recognised facility

If, for medical reasons, your proposed day-patient treatment or in-patient treatment cannot take place in a recognised facility we may agree to your treatment being carried out in a treatment facility that is not a recognised facility. We need full clinical details from your consultant before we can give our decision. If we do agree, we pay benefits for the treatment as if the treatment facility had been a recognised facility. When you contact us we will check your cover and help you to find a suitable alternative Bupa recognised treatment facility.

benefit 3.2.1  accommodation

We pay for your recognised facility accommodation including your own meals and refreshments while you are receiving your treatment.

We do not pay for personal items such as telephone calls, newspapers, guest meals and refreshments or personal laundry.
We do not pay recognised facility charges for accommodation if:

- the charge is for an overnight stay for treatment that would normally be carried out as out-patient treatment or day-patient treatment.
- the charge is for use of a bed for treatment that would normally be carried out as out-patient treatment.
- the accommodation is primarily used for any of the following purposes:
  - convalescence, rehabilitation, supervision or any purpose other than receiving eligible treatment.
  - receiving general nursing care or any other services which could have been provided in a nursing home or in any other establishment which is not a recognised facility.
  - receiving services from a therapist, complementary medicine practitioner or mental health and wellbeing therapist.

**benefit 3.2.2  parent accommodation**

We pay for each night a parent needs to stay in the recognised facility with their child. We only pay for one parent each night. This benefit applies to the child’s cover and any charges are payable from the child’s benefits. The child must be:

- a member under the agreement.
- under the age limit shown against parent accommodation on the membership certificate that applies to the child’s benefits, and
- receiving in-patient treatment.

**benefit 3.2.3  theatre charges, nursing care, drugs and surgical dressings**

We pay for use of the operating theatre and for nursing care, common drugs, advanced therapies, specialist drugs and surgical dressings when needed as an essential part of your day-patient treatment or in-patient treatment.

We do not pay for extra nursing services in addition to those that the recognised facility would usually provide as part of normal patient care without making any extra charge.

*For information on drugs and dressings for out-patient or take-home use, please also see Exclusion 14, ‘Drugs and dressings for out-patient or take-home use and complementary and alternative products’ in the section ‘What is not covered’.*

**benefit 3.2.4  intensive care**

We only pay for intensive care either:

- when needed as an essential part of your eligible treatment if all the following conditions are met:
  - the intensive care is required routinely by patients undergoing the same type of treatment as yours, and
  - you are receiving private eligible treatment in a recognised facility equipped with a critical care unit, and
  - the intensive care is carried out in the critical care unit, and
  - it follows your planned admission to the recognised facility for private treatment.
or
- if unforeseen circumstances arise from a medical or surgical procedure which does not routinely require **intensive care** as part of the **treatment** and:
  - you are receiving private **eligible treatment** in a **recognised facility** equipped with a **critical care unit**, and
  - the **intensive care** is carried out in the **critical care unit**
in which case your **consultant** or **recognised facility** should contact **us** at the earliest opportunity.

If you want to transfer your care from an **NHS** hospital to a private **recognised facility** for **eligible treatment**, **we** only pay if all the following conditions are met:
- you have been discharged from an **NHS critical care unit** to an **NHS** general ward for more than 24 hours, and
- it is agreed by both your referring and receiving consultants that it is clinically safe and appropriate to transfer your care, and
- **we** have confirmed that your **treatment** is eligible under your **benefits**.

However, **we** need full clinical details from your **consultant** before **we** can make our decision.

Please remember that any **treatment** costs you incur that are not eligible under your **benefits** are your responsibility.  
*Please also see Exclusion 19, ‘Intensive care’ in the section ‘What is not covered’.*

**benefit 3.2.5 diagnostic tests and MRI, CT and PET scans**

When recommended by your **consultant** to help determine or assess your condition as part of **day-patient treatment** or **in-patient treatment** **we** pay **recognised facility** charges for:
- **diagnostic tests** (such as ECGs, X-rays and checking blood and urine samples)
- MRI scans (magnetic resonance imaging)
- CT scans (computed tomography), and
- PET scans (positron emission tomography).

**benefit 3.2.6 therapies**

We pay **recognised facility** charges for **eligible treatment** provided by **therapists** when needed as part of your **day-patient treatment** or **in-patient treatment**.

**benefit 3.2.7 prostheses and appliances**

We pay **recognised facility** charges for a **prosthesis** or **appliance** needed as part of your **day-patient treatment** or **in-patient treatment**.

We do not pay for any **treatment** which is for or associated with or related to a prosthesis or appliance that you are not covered for under your **benefits**.
**Benefits for specific medical conditions**

**Benefit 4  Cancer treatment**

**benefit 4.1  cancer cover**

You are only covered for this benefit if your *membership certificate* shows it is covered.

This benefit 4.1 explains what *we* pay for:

- **out-patient treatment** for *cancer*
- **out-patient common drugs, advanced therapies** and **specialist drugs** for *eligible treatment* for *cancer*.

For all other *eligible treatment* for *cancer*, including *out-patient* MRI, CT and PET scans, you are covered on the same basis and up to the same limits as your *benefits* for other *eligible treatment* as set out in benefits 1.5, 2, 3, 6, 7 and 8 in this section.

**benefit 4.1.1  out-patient consultations for cancer**

*We* pay consultants’ fees for consultations that are to assess your *acute condition* of *cancer* when carried out as *out-patient treatment* and you are referred for the *out-patient* consultation by your *GP* or *consultant*.

*We* may agree to pay a consultant or recognised facility charge for the use of a consulting room used during your *out-patient* consultation, where *we* do agree *we* pay the charge under this benefit 4.1.1.

**benefit 4.1.2  out-patient therapies and charges related to out-patient treatment for cancer**

**Out-patient therapies**

*We* pay therapists’ fees for *out-patient treatment* for *cancer* when you are referred for the *treatment* by your *GP* or *consultant*.

If your *consultant* refers you to a medical or health practitioner who is not a therapist *we* may pay the charges as if the practitioner were a therapist if all of the following apply:

- your *consultant* refers you to the practitioner before the *out-patient treatment* takes place and remains in overall charge of your care, and
- the practitioner has applied for Bupa recognition and *we* have not written to say he/she is not recognised by Bupa.

**Charges related to out-patient treatment**

*We* pay provider charges for *out-patient treatment* when the *treatment* is related to and is an integral part of your *out-patient treatment* or *out-patient* consultation for *cancer*. 
benefit 4.1.3 out-patient complementary medicine treatment for cancer

We pay complementary medicine practitioners’ fees for out-patient treatment for cancer when you are referred for the treatment by your GP or consultant. We do not pay for any complementary or alternative products, preparations or remedies – see Exclusion 14 ‘Drugs and dressings for out-patient or take home use and complementary and alternative products’ in the section ‘What is not covered’.

benefit 4.1.4 out-patient diagnostic tests for cancer
When requested by your consultant to help determine or assess your condition as part of out-patient treatment for cancer we pay recognised facility charges (including the charge for interpretation of the results) for diagnostic tests. We do not pay charges for diagnostic tests that are not from the recognised facility. (MRI, CT and PET scans are not paid under this benefit – see benefit 1.5.)

benefit 4.1.5 out-patient cancer drugs
We pay recognised facility charges for common drugs, advanced therapies and specialist drugs that are related specifically to planning and carrying out out-patient treatment for cancer. We do not pay for any complementary, homeopathic or alternative products, preparations or remedies for treatment of cancer. Please see Exclusion 14, ‘Drugs and dressings for out-patient or take-home use and complementary and alternative products’ in the section ‘What is not covered’.

benefit 4.2 NHS Cancer Cover Plus
You are only covered for this benefit if your membership certificate shows it is covered.

We only pay for eligible treatment for cancer if the following conditions apply:

- the radiotherapy, chemotherapy or surgical operation you need to treat your cancer is not available to you from your NHS, and
- you receive your treatment for cancer in a recognised facility.

Where the conditions set out above do apply, we pay for your eligible treatment for cancer as set out in benefit 4.1. Where the conditions set out above do NOT apply, we do not cover your treatment for cancer.

When you are receiving NHS treatment for cancer we may, at our discretion, pay for certain tests, procedures or treatment that are for or directly related to your core NHS treatment for cancer (details of the tests, procedures or treatment that may be covered are available upon request). You must have our written agreement before you have such tests, procedures or treatment and we need full clinical details from your NHS consultant before we can make our decision. We will pay for such treatments and related consultants’ fees for out-patient consultations relevant to such tests, procedures or treatment if all of the following apply to the test, procedure or treatment:
- it is a medically essential part of your **NHS treatment** for **cancer**, and
- the test, procedure or **treatment** is carried out in a **recognised facility**, and
- it is requested by your **NHS** consultant oncologist to help determine, assess or refine your **treatment** plan, and
- it is not available to you from your **NHS**.

Where we pay for such tests, procedures and **treatment** that is not radiotherapy, chemotherapy or a **surgical operation**, this does not constitute a transfer of your **treatment** from the **NHS** to **Bupa**.

**Benefit 5  Mental health treatment**

You are only covered for this benefit if your **membership certificate** shows it is covered.

Your cover is designed to provide help for short- or medium-term medical **treatment** that restores you back to health. **Mental health conditions** are often long term in nature and may change in nature over time.

We do not pay for any **mental health treatment** for any member who has suffered from or is suffering from a **chronic mental health conditions** (please see **Exclusion 34, ‘Chronic mental health conditions’ in the section ‘What is not covered’**). If this exclusion applies you will not be covered for this benefit even if your **membership certificate** shows it is covered.

**What we pay for mental health treatment**

We pay **consultants**’ and **mental health and wellbeing therapists’** fees and **recognised facility** charges for **mental health treatment** as follows:

**benefit 5.1  out-patient mental health treatment**

We pay fees and charges for **out-patient mental health treatment** as set out in benefits 5.1.1 to 5.1.3.

**benefit 5.1.1  consultants’ fees**

We pay **consultants’** fees for **out-patient consultations** to assess your **mental health condition** and for **out-patient mental health treatment**.

**benefit 5.1.2  mental health and wellbeing therapists’ fees**

We pay **mental health and wellbeing therapists’** fees for **out-patient mental health treatment** when the **treatment** is recommended by your **GP** or **consultant**.

If your **GP** or your **consultant** refers you to a medical or health practitioner who is not a **mental health and wellbeing therapist** we may pay the charges as if the practitioner were a **mental health and wellbeing therapist** if all of the following apply:

- your **GP** or your **consultant** refers you to the practitioner before the **out-patient treatment** takes place and remains in overall charge of your care, and
- the practitioner has applied for **Bupa** recognition and we have not written to say he/she is not recognised by **Bupa**.
benefit 5.1.3 diagnostic tests
When requested by your consultant to help determine or assess your condition as part of out-patient mental health treatment we pay recognised facility charges (including the charge for interpretation of the results) for diagnostic tests. We do not pay charges for diagnostic tests that are not from the recognised facility. (MRI, CT and PET scans are not paid under this benefit – see benefit 1.5.)

benefit 5.2 day-patient and in-patient mental health treatment
Your membership certificate shows the maximum number of days that we may pay up to for mental health day-patient treatment and mental health in-patient treatment under your benefits. We pay consultants’ fees and recognised facility charges for mental health day-patient treatment and mental health in-patient treatment as set out below.

Consultants’ fees
We pay consultants’ fees for mental health treatment carried out in a recognised facility.

Recognised facility charges
We pay the type of recognised facility charges we say we pay for in benefit 3. Please also see Exclusion 6, ‘Chronic conditions’ and Exclusion 29, ‘Remote consultations’ in the section ‘What is not covered’.

Additional benefits
Benefit 6 Treatment at home
You are only covered for this benefit if your membership certificate shows it is covered. We may, at our discretion, pay for you to receive eligible treatment at home. You must have our written agreement before the treatment starts and we need full clinical details from your consultant before we can make our decision. We will only consider treatment at home if all the following apply:
- your consultant has recommended that you receive the treatment at home and remains in overall charge of your treatment
- if you did not have the treatment at home then, for medical reasons, you would need to receive the treatment in a recognised facility, and
- the treatment is provided to you by a medical treatment provider.
We do not pay for any fees or charges for treatment at home that has not been provided to you by the medical treatment provider.

Benefit 7 Home nursing after private eligible in-patient treatment
If this benefit does not appear on your membership certificate then you do not have cover for this benefit. We pay for home nursing immediately following private in-patient treatment if the home nursing:
- is for eligible treatment
- is needed for medical reasons ie not domestic or social reasons
- is necessary ie without it you would have to remain in the recognised facility
starts immediately after you leave the **recognised facility**

- is provided by a **nurse** in your own **home**, and
- is carried out under the supervision of your **consultant**.

You must have our written agreement before the **treatment** starts and we need full clinical details from your **consultant** before we can make our decision.

We do not pay for home nursing provided by a community psychiatric nurse.

**Benefit 8  Private ambulance charges**

If this benefit does not appear on your **membership certificate** then you do not have cover for this benefit.

We pay for travel by private road ambulance if you need private **day-patient treatment** or **in-patient treatment**, and it is medically necessary for you to travel by ambulance:

- from your **home** or place of work to a **recognised facility**
- between **recognised facilities** when you are discharged from one **recognised facility** and admitted to another **recognised facility** for **in-patient treatment**
- from a **recognised facility** to **home**, or
- between an airport or seaport and a **recognised facility**.

**Benefit 9  Overseas emergency treatment**

If this benefit does not appear on your **membership certificate** then you do not have cover for this benefit.

**We** pay for emergency **treatment** that you need because of a sudden illness or injury when you are temporarily travelling outside the **United Kingdom**. By temporarily travelling we mean a trip of up to a maximum of 28 consecutive days starting from the date you leave the **UK** and ending on the date you return to the **UK**. There is no limit to the number of temporary trips outside the **UK** that you take each **year**.

**We** do not pay for overseas emergency **treatment** if any of the following apply:

- you travelled abroad despite being given medical advice not to travel abroad
- you were told before travelling that you were suffering from a terminal illness
- you travelled abroad to receive **treatment**
- you knew you would need the **treatment** or thought you might
- the **treatment** is the type of **treatment** that is normally provided by **GPs** in the **UK**
- the **treatment**, services and/or charges are excluded under your **benefits**.

You are not covered for:

- **treatment** provided by a general practitioner
- **out-patient** or take home drugs and dressings.

**What we pay for**

Subject to the **treatment** being Eligible Treatment **we** pay for the same type of fees and charges and on the same basis as **we** pay for **treatment** in the **UK** as set out in benefits 1, 2 and 3.
Please note: you will need to settle all accounts direct with the medical providers in the country of **treatment** and, on return to the **UK**, submit the itemised and dated receipted invoices to **us** for assessment.

**Important:** for the purpose of this benefit 9:

- **we** only pay for Eligible Treatment carried out by a consultant, therapist or complementary medicine practitioner who is:
  - fully trained and legally qualified and permitted to practice by the relevant authorities in the country in which your **treatment** takes place, and
  - is recognised by the relevant authorities in that country as having specialised knowledge of, or expertise in, the **treatment** of the disease, illness or injury being treated
- **we** only pay facility charges for Eligible Treatment when the facility is specifically recognised or registered under the laws of the territory in which it stands as existing primarily for:
  - carrying out major surgical operations, and
  - providing treatment that only a consultant can provide
- where **we** refer to Eligible Treatment **we** mean, **treatment** of an **acute condition** together with the products and equipment used as part of the **treatment** that:
  - are consistent with generally accepted standards of medical practice and representative of best practices in the medical profession in the country in which the overseas emergency **treatment** is carried out
  - are clinically appropriate in terms of type, frequency, extent, duration and the facility or location where the services are provided
  - are demonstrated through scientific evidence to be effective in improving health outcomes, and
  - are not provided or used primarily for the expediency of you or your consultant or other healthcare professional

and the **treatment**, services or charges are not excluded under your **benefits**.

*Please also see Exclusion 21, ‘Overseas treatment’ in the section ‘What is not covered’.*

**Benefit 10  Repatriation and evacuation assistance**

If this benefit does not appear on your **membership certificate** then you do not have cover for this benefit.

**We** only pay repatriation and evacuation assistance benefit at **our** discretion.

**We** will only consider repatriation or evacuation if all the following apply:

- you do not have any other repatriation or evacuation insurance cover to help you receive the **treatment** you need
- the **treatment** you need is either **day-patient treatment** or **in-patient treatment** that is covered under your **benefits**
- you need to get **eligible treatment** from a **consultant** which, for medical reasons, cannot be provided in the country or location you are visiting.

**We** will not consider repatriation or evacuation if any of the following apply:

- you travelled abroad despite being given medical advice that you should not travel abroad
○ you were told before travelling abroad that you were suffering from a terminal illness
○ you travelled abroad to receive treatment
○ you knew that you would need treatment before travelling abroad or thought you might
○ repatriation and/or evacuation would be against medical advice.

What we pay for

Important notes: these notes apply equally to benefits 10.1 to 10.3.

○ You must provide us, and where applicable the medical assistance company, with any information or proof that we may reasonably ask you for to support your request for repatriation/evacuation.

○ We only pay costs that are reasonable. We only pay costs incurred for you by the medical assistance company and only when the arrangements have been made in advance of your repatriation/evacuation by the medical assistance company. We do not pay any costs that have not been arranged by the medical assistance company.

○ We only pay for transport costs incurred during your repatriation and/or evacuation. We do not pay any other costs related to the repatriation and/or evacuation such as hotel accommodation or taxis. Costs of any treatment you receive are not covered under this benefit.

○ We may not be able to arrange evacuation or repatriation in cases where the local situation makes it impossible, unreasonably dangerous or impractical to enter the area; for example from an oil rig or within a war zone. We also cannot be held responsible for any delays or restrictions associated with the transportation that are beyond our control such as weather conditions, mechanical problems, restrictions imposed by local or national authorities or the pilot.

If we agree to your request for repatriation or evacuation we pay the following travel costs subject to us agreeing with your consultant whether you should be repatriated or evacuated.

benefit 10.1 your repatriation/evacuation

We pay for either:

○ your repatriation back to a hospital in the UK from abroad for your day-patient treatment or in-patient treatment, or

○ when medically essential, for evacuation to the nearest medical facility where your day-patient treatment or in-patient treatment is available if it is not available locally. This could be another part of the country you are in or another country, whichever is medically appropriate. Following such treatment, we pay for your immediate onward repatriation to a hospital in the UK but only if it is medically essential that:
  - you are repatriated to the UK, and
  - your day-patient or in-patient treatment is continued immediately after you arrive in the UK.
benefit 10.2 accompanying partner/relative

*We* pay for your *partner* or a relative to accompany you during your repatriation and/or evacuation but only if *we* have authorised this in advance of the repatriation and/or evacuation.

benefit 10.3 in the event of death

If you die abroad *we* will pay reasonable transport costs to bring your body back to a port or airport in the *UK*, including reasonable statutory costs associated with transporting the body, but only when all the arrangements are made by the *medical assistance company*.

To make a claim for repatriation and evacuation assistance

*We* must be contacted before any arrangements are made for your repatriation or evacuation. *We* will check your cover and explain the process for arranging repatriation or evacuation.

From outside the *UK* – or inside the *UK* when your helpline is closed – call *us* on: + 44 (0)161 868 6417. Lines open 24 hours 365 days a year. We may record or monitor our calls.
Cash benefits

Your membership certificate shows which Cash benefits (if any) apply to your benefits and the benefit limits that apply. If any Cash benefit does not appear on your membership certificate then you are not covered for that benefit.

Important note for Cash benefits CB3 to CB5

We do not pay Cash benefits CB3 to CB5 for you, if you are under 16 years old, or any dependant under 16 years old. If these Cash benefits are included in the cover under the agreement they will only apply to you or such a dependant at the renewal date following your or their 16th birthday and then only if the sponsor includes that Cash benefit in your or their cover from that renewal date.

Benefit CB1 NHS cash benefit for NHS hospital in-patient treatment

We pay NHS cash benefit for each night you receive in-patient treatment provided to you free under your NHS. We only pay NHS cash benefit if your treatment would otherwise have been covered for private in-patient treatment under your benefits.

Any costs you incur for choosing to occupy an amenity bed while receiving your in-patient treatment are not covered under your benefits. By an amenity bed we mean a bed for which the hospital makes a charge but where your treatment is still provided free under your NHS.

Benefit CB2 Family cash benefit

We pay Family cash benefit for a main member only.

Waiting period. This benefit is only payable if your benefits have included cover for Family cash benefit for at least 10 continuous months before the date of your child’s birth or adoption. If you had cover for Family cash benefit under a previous scheme we take this into account when assessing your 10 continuous months cover provided there has been no break in your cover between the previous scheme and this scheme.

What we pay

We pay benefits on the birth or adoption of your child during the year.

Benefit CB3 Optical cash benefit

We only pay benefits during your optical benefit period and only if, at the time you incur the cost of the goods or services for which you are claiming:

- you are covered under the agreement, and
- Optical cash benefit is covered under your benefits.

What is covered

We pay benefits for the following goods and services when provided to or prescribed for you by an optician:

- routine sight tests
- the purchase of prescribed glasses
- the purchase of non-disposable contact lenses.
We also pay benefits when you receive laser eye surgery to correct your sight when provided to you by a consultant or other qualified practitioner.

What is not covered
We do not pay for any optical goods or services that are not specified as being covered under this benefit including but not limited to:
- cosmetic contact lenses
- sunglasses whether they have been prescribed for you or not
- prescription diving masks.

Benefit CB4  Accidental dental injury cash benefit

What is covered
We pay benefits for dental treatment provided to you by a dentist or orthodontist and which you need as a result of an accidental dental injury that you suffer while:
- you are covered under the agreement, and
- accidental dental injury cash benefit is covered under your benefits.
We only pay for dental treatment that takes place:
- within six months of the date on which you received the accidental dental injury for which your dental treatment is needed
- while you are member under the agreement, and
- accidental dental injury cash benefit is covered under your benefits.

What is not covered
We do not pay for any dental or oral surgical or medical services that are not specified as being covered under this benefit including but not limited to:
- dental treatment where the teeth or gums have been decayed, diseased, repaired restored or treated (other than scaling or polishing) before the accidental dental injury occurred
- dental treatment to repair damaged dentures or implants.

Benefit CB5  Prescription cash benefit

What is covered
We pay benefits for prescription charges you incur for prescribed medicines and/or devices used to treat a medical condition and/or alleviate symptoms. Eligible prescription charges include those for:
- NHS or private prescriptions issued by your GP, hospital or consultant
- drugs and/or dressings for take-home use after hospital treatment when prescribed by your consultant or the hospital
- prescription pre-payment certificates.

What is not covered
We do not pay benefit for any prescription charges you incur for medicines used solely to prevent contracting an illness and/or prevent the onset of an illness. For example, we do not pay when a prescription is for prophylactic medication for malaria.
Benefit CB6  NHS cash benefit for treatment for cancer
You are only covered for this benefit if your membership certificate shows it is covered. If you are covered your membership certificate shows any benefit limits that may apply.
This benefit is not payable at the same time as any other NHS cash benefit for NHS treatment.

benefit CB6.1  NHS cash benefit for NHS in-patient treatment for cancer
This benefit is not payable at the same time as any other NHS cash benefit for NHS in-patient treatment.
We pay NHS cash benefit for each night of in-patient stay that you receive radiotherapy, chemotherapy or a surgical operation that is for cancer treatment, including in-patient treatment related to blood and marrow transplants, when those are carried out in the NHS. The in-patient treatment must be provided to you free under your NHS and we only pay if your treatment would otherwise have been covered for private in-patient treatment under your benefits.
Any costs you incur for choosing to occupy an amenity bed while receiving your in-patient treatment are not covered under your benefits. By an amenity bed we mean a bed which the hospital makes a charge for but where your treatment is still provided free under your NHS.

benefit CB6.2  NHS cash benefit for NHS out-patient, day-patient and home treatment for cancer
This benefit is not payable at the same time as any other NHS cash benefit.
We pay NHS cash benefit as follows:
- radiotherapy: for each day radiotherapy is received in a hospital setting
- chemotherapy: for each day you receive treatment for IV-chemotherapy and for each three-weekly interval of oral chemotherapy, or part thereof
- a surgical operation: on the day of your operation which is treatment for cancer carried out as out-patient treatment, day-patient treatment or in your home, when it is provided to you free under your NHS.
We only pay NHS cash benefit if your treatment would otherwise have been covered for private out-patient or day-patient treatment under your benefits.
We only pay this benefit once even if you have more than one eligible treatment on the same day.
What is not covered

This section explains the treatment, services and charges that are not covered under Bupa Select. The exclusions are grouped under headings. The headings are just signposts, they are not part of the exclusion. If there is an exception to an exclusion this is shown. In the exceptions where, as an example, we refer to specific treatments or medical conditions these are examples only and not evidence that it is covered under your benefits.

This section does not contain all the limits and exclusions to cover. For example the benefits set out in the section ‘Benefits’ also describe some limitations and restrictions for particular types of treatment, services and charges. There may also be some exclusions in your membership certificate.

This section does not apply to Cash benefits CB2 to CB5 as set out in the section ‘Cash benefits’.

**Exclusion 1  Ageing, menopause and puberty**

*We* do not pay for treatment to relieve symptoms commonly associated with any bodily change arising from any physiological or natural cause such as ageing, menopause or puberty and which is not due to any underlying disease, illness or injury.

**Exclusion 2  AIDS/HIV**

*We* do not pay for treatment for, related to, or arising from, AIDS or HIV, including any condition which is related to, or results from, AIDS or HIV.

**Exception:** *We* pay for eligible treatment for or arising from AIDS or HIV if the person with AIDS or HIV:

- became infected five years or more after their current continuous membership began, or
- has been covered for this type of treatment under a Bupa private medical insurance scheme (including under the agreement) since at least July 1987 without a break in their cover.

**Exclusion 3  Allergies or allergic disorders**

*We* do not pay for treatment to de-sensitise or neutralise any allergic condition or disorder.

**Exclusion 4  Benefits that are not covered and/or are above your benefit limits**

*We* do not pay for any treatment, services or charges that are not covered under your benefits. *We* also do not pay for any treatment costs in excess of the amounts for which you are covered under your benefits.
Exclusion 5  Birth control, conception, sexual problems and sex changes
We do not pay for treatment:
○ for any type of contraception, sterilisation, termination of pregnancy
○ for any type of sexual problems (including impotence, whatever the cause)
○ for any type of assisted reproduction (eg IVF investigations or treatment), surrogacy, the harvesting of donor eggs or donor insemination
○ where it relates solely to the treatment of infertility
○ sex changes or gender reassignments
or treatment for or arising from any of these.
Please also see ‘Pregnancy and childbirth’ in this section.

Exclusion 6  Chronic conditions
We do not pay for treatment of chronic conditions. By this, we mean a disease, illness or injury which has at least one of the following characteristics:
○ it needs ongoing or long-term monitoring through consultations, examinations, check-ups and/or tests
○ it needs ongoing or long-term control or relief of symptoms
○ it requires rehabilitation or for you to be specially trained to cope with it
○ it continues indefinitely
○ it has no known cure
○ it comes back or is likely to come back.

Exception: We pay for eligible treatment arising out of a chronic condition, or for treatment of acute symptoms of a chronic condition that flare up. However, we only pay if the treatment is likely to lead quickly to a complete recovery or to you being restored fully to your previous state of health, without you having to receive prolonged treatment. For example, we pay for treatment following a heart attack arising out of chronic heart disease. This exception does not apply to treatment of a mental health condition.

Please note: in some cases it might not be clear, at the time of treatment, that the disease, illness or injury being treated is a chronic condition. We are not obliged to pay the ongoing costs of continuing, or similar, treatment. This is the case even where we have previously paid for this type of or similar treatment.
Please also see ‘Temporary relief of symptoms’ and ‘Chronic mental health conditions’ in this section.

Exclusion 7  Complications from excluded conditions, treatment and experimental treatment
We do not pay any treatment costs, including any increased treatment costs, you incur because of complications caused by a disease, illness, injury or treatment for which cover has been excluded or restricted from your membership. For example, if cover for diabetes is excluded by a special condition, and you have to spend any extra days in hospital or a treatment facility after an operation because you have diabetes, we would not pay for these extra days.

We do not pay any treatment costs you incur because of any complications arising or resulting from experimental treatment that you receive or for any subsequent treatment you may need as a result of you undergoing any experimental treatment.
Exclusion 8  Contamination, wars, riots and terrorist acts
We do not pay for treatment for any disease, illness or injury arising directly or indirectly from:
- war, riots, terrorist acts, civil disturbances, acts against any foreign hostility, whether war has been declared or not, or any similar event
- chemical, radioactive or nuclear contamination, including the combustion of chemicals or nuclear fuel, or any similar event.

Exclusion 9  Convalescence, rehabilitation and general nursing care
We do not pay for recognised facility accommodation if it is primarily used for any of the following purposes:
- convalescence, rehabilitation, supervision or any purpose other than receiving eligible treatment
- receiving general nursing care or any other services which could have been provided in a nursing home or in any other establishment which is not a recognised facility
- receiving services from a therapist, complementary medicine practitioner or mental health and wellbeing therapist.

Exception: We may, at our discretion, pay for eligible treatment for rehabilitation. By rehabilitation we mean treatment which is aimed at restoring health or mobility or to allow you to live an independent life, such as after a stroke. We will only consider cases where the rehabilitation:
- is an integral part of in-patient treatment
- starts within 42 days from and including the date you first receive that in-patient treatment, and
- takes place in a recognised facility.

You must have our written agreement before the rehabilitation starts and we need full clinical details from your consultant before we can give our decision. If we agree we pay for up to a maximum of 21 consecutive days’ rehabilitation.

Exclusion 10  Cosmetic, reconstructive or weight loss treatment
We do not pay for treatment to change your appearance, such as a remodelled nose or facelift whether or not it is needed for medical or psychological reasons. We do not pay for breast enlargement or reduction or any other treatment or procedure to change the shape or appearance of your breast(s) whether or not it is needed for medical or psychological reasons, for example, for backache or gynaecomastia (which is the enlargement of breasts in males).

We do not pay for any treatment, including surgery:
- which is for or involves the removal of healthy tissue (ie tissue which is not diseased), or the removal of surplus or fat tissue, or
- where the intention of the treatment, whether directly or indirectly, is the reduction or removal of surplus or fat tissue including weight loss (for example, surgery related to obesity including morbid obesity) whether or not the treatment it is needed for medical or psychological reasons.

We do not pay for treatment of keloid scars. We also do not pay for scar revision.
Exception: We pay for an **eligible surgical operation** to restore your appearance after:
- an accident, or
- if your **benefits** include cover for **cancer treatment**, as a direct result of surgery for **cancer**.

We only pay if the accident or the **cancer** surgery takes place during your current continuous period of cover under this **scheme** and any other **Bupa** scheme provided there has been no break in your cover between this **scheme** and the other **Bupa** scheme. **We** will only pay if this is part of the original **eligible treatment** resulting from the accident or **cancer** surgery and you have obtained our written agreement before receiving the **treatment**.

Please also see ‘Screening, monitoring and preventive treatment’ in this section.

Exclusion 11 Deafness

We do not pay for **treatment** for or arising from deafness caused by a congenital abnormality, maturing or ageing.

Exclusion 12 Dental/oral treatment

We do not pay for any dental or oral **treatment** including:
- the provision of dental implants or dentures, the repair or replacement of damaged teeth (including crowns, bridges, dentures, or any dental prosthesis made by a laboratory technician)
- the management of, or any **treatment** related to, jaw shrinkage or loss as a result of dental extractions or gum disease
- the **treatment** of bone disease when related to gum disease or tooth disease or damage.

Exception 1: **We** pay for an **eligible surgical operation** carried out by a **consultant** to:
- put a natural tooth back into a jaw bone after it is knocked out or dislodged in an unexpected accidental injury
- treat a jaw bone cyst, but not if it is related to a cyst or abscess on the tooth root or any other tooth or gum disease or damage.

Exception 2: **We** pay for an **eligible surgical operation** carried out by a **consultant** to surgically remove a complicated, buried or impacted tooth root, such as an impacted wisdom tooth, but not if the purpose is to facilitate dentures or the **acute condition** relates to a **pre-existing condition** or a **moratorium condition**.

Exclusion 13 Dialysis

We do not pay for **treatment** for or associated with kidney dialysis (haemodialysis), meaning the removal of waste matter from your blood by passing it through a kidney machine or dialyser.

We do not pay for **treatment** for or associated with peritoneal dialysis, meaning the removal of waste matter from your blood by introducing fluid into your abdomen which acts as a filter.

Exception 1: **We** pay for **eligible treatment** for short-term kidney dialysis or peritoneal dialysis if the dialysis is needed temporarily for sudden kidney failure resulting from a disease, illness or injury affecting another part of your body.
**Exception 2:** We pay for *eligible treatment* for short-term kidney dialysis or peritoneal dialysis if you need this immediately before or after a kidney transplant.

**Exclusion 14 Drugs and dressings for out-patient or take-home use and complementary and alternative products**

We do not pay for any drugs or surgical dressings provided or prescribed for *out-patient treatment* or for you to take home with you on leaving hospital or a treatment facility.

We do not pay for any complementary or alternative therapy products or preparations, including but not limited to homeopathic remedies or substances, regardless of who they are prescribed or provided by or the type of *treatment* or medical condition they are used or prescribed for.

**Exception:** If your *benefits* include cover for *cancer treatment* we pay for *out-patient common drugs, advanced therapies* and *specialist drugs* for *eligible treatment* of *cancer* but only as set out in benefit 4 in the section ‘Benefits’.

*Please also see ‘Experimental drugs and treatment’ in this section.*

**Exclusion 15 Excluded treatment or medical conditions**

We do not pay for:

- *treatment* of any medical condition, or
- any type of *treatment* that is specifically excluded from your *benefits*.

**Exclusion 16 Experimental drugs and treatment**

We do not pay for *treatment* or procedures which, in our reasonable opinion, are experimental or unproved based on established medical practice in the *United Kingdom*, such as drugs outside the terms of their licence or procedures which have not been satisfactorily reviewed by NICE (National Institute for Health and Care Excellence).

**Exception:** We may pay for this type of *treatment* of an *acute condition*. However, you will need our written agreement before the *treatment* is received and we need full clinical details from your *consultant* before we can give our decision.

*Please also see ‘Complications from excluded conditions/treatment and experimental treatment’ and ‘Drugs and dressings for out-patient or take-home use and complementary and alternative products’ in this section.*

**Exclusion 17 Eyesight**

We do not pay for *treatment* to correct your eyesight, for example for long or short sight or failing eyesight due to ageing, including spectacles or contact lenses.

**Exception:** We pay for *eligible treatment* for your eyesight if it is needed as a result of an injury or an *acute condition*, such as a detached retina.

**Exclusion 18 Pandemic**

We do not pay for *treatment* for or arising from any pandemic disease and/or epidemic disease. By pandemic we mean the worldwide spread of a disease with epidemics occurring in many countries and most regions of the world. By epidemic we mean more cases of a disease than would be expected for that disease in that area at that time.
Exclusion 19  Intensive care (other than routinely needed after private day-patient treatment or in-patient treatment)

We do not pay for any intensive care if:
- it follows an unplanned or an emergency admission to an NHS hospital or facility
- it follows a transfer (whether on an emergency basis or not) to an NHS hospital or facility from a private recognised facility
- it follows a transfer from an NHS critical care unit to a private critical care unit
- it is carried out in a unit or facility which is not a critical care unit.

We do not pay for any intensive care, or any other treatment in a critical care unit, if it is not routinely required as a medically essential part of the eligible treatment being carried out.

Exception: We pay for eligible treatment for intensive care but only as set out in benefit 3 in the section ‘Benefits’.

Exclusion 20  Learning difficulties, behavioural and developmental problems

We do not pay for treatment related to learning difficulties, such as dyslexia, or behavioural problems, such as attention deficit hyperactivity disorder (ADHD), or developmental problems, such as shortness of stature.

Exclusion 21  Overseas treatment

We do not pay for treatment that you receive outside the United Kingdom.

Exception: If your benefits include ‘Overseas emergency treatment’ we pay for eligible treatment needed as a result of a sudden illness or injury when you are travelling outside the UK but only as set out in benefit 9, in the section ‘Benefits’.

Exclusion 22  Physical aids and devices

We do not pay for supplying or fitting physical aids and devices (eg hearing aids, spectacles, contact lenses, crutches, walking sticks, etc).

Exception: We pay for prostheses and appliances as set out in benefit 3, in the section ‘Benefits’.

Exclusion 23  Pre-existing conditions

For underwritten members we do not pay for treatment of a pre-existing condition, or a disease, illness or injury that results from or is related to a pre-existing condition.

Exception: For underwritten members we pay for eligible treatment of a pre-existing condition, or a disease, illness or injury which results from or is related to a pre-existing condition, if all the following requirements have been met:
- you have been sent your membership certificate which lists the person with the pre-existing condition (whether this is you or one of your dependants)
- you gave us all the information we asked you for, before we sent you your first membership certificate listing the person with the pre-existing condition for their current continuous period of cover under the scheme
- neither you nor the person with the pre-existing condition knew about it before we sent you your first membership certificate which lists the person with the pre-existing condition for their current continuous period of cover under the scheme, and
we did not exclude cover (for example under a special condition) for the costs of the treatment, when we sent you your membership certificate.

Exclusion 24 Pregnancy and childbirth
We do not pay for treatment for:
- pregnancy, including treatment of an embryo or foetus
- childbirth and delivery of a baby
- termination of pregnancy, or any condition arising from termination of pregnancy.

Exception 1: We pay for eligible treatment of the following conditions:
- miscarriage or when the foetus has died and remains with the placenta in the womb
- still birth
- hydatidiform mole (abnormal cell growth in the womb)
- foetus growing outside the womb (ectopic pregnancy)
- heavy bleeding in the hours and days immediately after childbirth (post-partum haemorrhage)
- afterbirth left in the womb after delivery of the baby (retained placental membrane)
- complications following any of the above conditions.

Exception 2: We may pay for the delivery of a baby by caesarean section only when the life of the member (mother) is in immediate danger or would be put at direct risk by vaginal delivery. However, we need full clinical details from your consultant before we can give our decision.

Exception 3: We pay for eligible treatment of an acute condition of the member (mother) that relates to pregnancy or childbirth but only if all the following apply:
- the treatment is required due to a flare-up of the medical condition, and
- the treatment is likely to lead quickly to a complete recovery or to you being restored fully to your state of health prior to the flare-up of the condition without you needing to receive prolonged treatment.

Please also see ‘Birth control, conception, sexual problems and sex changes’, ‘Screening, monitoring and preventive treatment’ and ‘Chronic conditions’ in this section.

Exclusion 25 Screening, monitoring and preventive treatment
We do not pay for:
- health checks or health screening. By health screening we mean where you may not be aware you are at risk of, or are affected by a disease or its complications but are asked questions or have tests to find out if you are and which may lead to you needing further tests or treatment
- routine tests, or monitoring of medical conditions, including:
  - routine antenatal care or screening for and monitoring of medical conditions of the mother or foetus during pregnancy
  - routine checks or monitoring of chronic conditions such as diabetes mellitus or hypertension
tests or procedures which, in our reasonable opinion based on established clinical and medical practice, are carried out for screening or monitoring purposes, such as endoscopies when no symptoms are present.

- preventive treatment, procedures or medical services.

**Exception:** If you are being treated for cancer, have strong direct family history of cancer and your consultant has advised that you receive a genetically-based test to evaluate future risk of developing further cancers, we may at our discretion cover this test as well as the recommended prophylactic surgery when it is recommended by your consultant. You must have our written agreement before you have tests, procedures or treatment and we will need full clinical details from your consultant before we can give our decision.

Please also see, ‘Chronic conditions’ and ‘Pregnancy and childbirth’ in this section.

**Exclusion 26 Sleep problems and disorders**

We do not pay for treatment for or arising from sleep problems or disorders such as insomnia, snoring or sleep apnoea (temporarily stopping breathing during sleep).

**Exclusion 27 Special conditions**

For underwritten members we do not pay for treatment directly or indirectly relating to special conditions.

We are willing, at your renewal date, to review certain special conditions. We will do this if, in our opinion, no treatment is likely to be needed in the future, directly or indirectly, relating to the disease, illness or injury referred to in the special condition or for a related disease, illness or injury. However, there are some special conditions which we do not review. If you would like us to consider a review of your special conditions please call the helpline prior to your renewal date. We will only determine whether a special condition can be removed or not, once we have received full current clinical details from your GP or consultant. If you incur costs for providing the clinical details to us you are responsible for those costs, they are not covered under your benefits.

Please also see the ‘Covering your newborn baby’ rule in the section ‘How your membership works’.

**Exclusion 28 Speech disorders**

We do not pay for treatment for or relating to any speech disorder, for example stammering.

**Exception:** We may, at our discretion, pay for short-term speech therapy when it is part of eligible treatment. The speech therapy must be provided by a therapist who is a member of the Royal College of Speech and Language Therapists.

**Exclusion 29 Remote consultations**

We do not pay for any remote consultations by telephone or any other remote medium with a consultant, therapist, mental health and wellbeing therapist or any other healthcare professional, unless such healthcare professional is at the time of your treatment recognised by us to carry out remote consultations and is on our list of recognised practitioners, which is available on request or you can access these details at finder.bupa.co.uk
Exclusion 30  Temporary relief of symptoms

_We_ do not pay for _treatment_, the main purpose or effect of which is to provide temporary relief of symptoms or which is for the ongoing management of a condition.

_Exceptio,n_ _We_ may pay for this type of _treatment_ if you need it to relieve the symptoms of a terminal disease or illness.

Exclusion 31  Treatment in a treatment facility that is not a recognised facility

_We_ do not pay _consultants’_ fees for _treatment_ that you receive in a hospital or any other type of treatment facility that is not a _recognised facility_.

If your _facility access_ is _partnership facility_, _we_ also do not pay for facility charges for _treatment_ that you receive in a hospital or any other type of treatment facility that is not a _recognised facility_.

_Exceptio,n_ _We_ may pay _consultants’_ fees and facility charges for _eligible treatment_ in a treatment facility that is not a _recognised facility_ when your proposed _treatment_ cannot take place in a _recognised facility_ for medical reasons. However, you will need _our_ written agreement before the _treatment_ is received and _we_ need full clinical details from your _consultant_ before _we_ can give _our_ decision.

Please also see the section ‘Benefits’.

Exclusion 32  Unrecognised medical practitioners, providers and facilities

_We_ do not pay for any of your _treatment_ if the consultant who is in overall charge of your _treatment_ is not recognised by _Bupa_.

_We_ also do not pay for _treatment_ if any of the following apply:

- the consultant, medical practitioner, therapist, complementary medicine practitioner, mental health and wellbeing therapist or other healthcare professional is:
  - not recognised by _Bupa_ for treating the medical condition you have and/or for providing the type of _treatment_ you need, and/or
  - is not in the list of _recognised practitioners_ that applies to your _benefits_
- the hospital or treatment facility is:
  - not recognised by _Bupa_ for treating the medical condition you have and/or for providing the type of _treatment_ you need, and/or
  - is not in the _facility access_ list that applies to your _benefits_
- the hospital or treatment facility or any other provider of services is not recognised by _us_ and/or _we_ have sent a written notice saying that _we_ no longer recognise them for the purpose of _our_ private medical insurance schemes.

_Bupa_ does not recognise consultants, therapists, complementary medicine practitioners, mental health and wellbeing therapists or other healthcare professionals in the following circumstances:

- where _we_ do not recognise them as having specialised knowledge of, or expertise in, the _treatment_ of the disease, illness or injury being treated
- where _we_ do not recognise them as having specialised expertise and ongoing experience in carrying out the type of _treatment_ or procedure needed
○ where we have sent a written notice to them saying that we no longer recognise them for the purposes of our schemes.

**Exclusion 33  Moratorium conditions**

For moratorium members we do not pay for treatment of a moratorium condition, or a disease, illness or injury that results from or is related to a moratorium condition.

**Exception:** If you apply to add your newborn baby as a dependant under your membership and the baby’s membership would be as a moratorium member we will not apply this exclusion to the baby’s cover if you have been a member under your scheme (and if applicable your previous scheme) for at least 12 continuous months before the baby’s birth and you include the baby as a dependant within three months of their birth.

**Exclusion 34  Chronic mental health conditions**

We do not pay for any mental health treatment for any member who has suffered from or is suffering from a chronic mental health condition.

*Please also see ‘Chronic conditions’ in this section.*
## Glossary

Words and phrases printed in bold and italic in these rules and benefits have the meanings set out below.

<table>
<thead>
<tr>
<th>Word/phrase</th>
<th>Meaning</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accidental dental injury</td>
<td>damage or deformity to teeth or gums arising from an unexpected accidental injury, including one sustained during participation in a sporting activity.</td>
</tr>
<tr>
<td>Acute condition</td>
<td>a disease, illness or injury that is likely to respond quickly to <a href="#">treatment</a> which aims to return you to the state of health you were in immediately before suffering the disease, illness or injury, or which leads to your full recovery.</td>
</tr>
<tr>
<td>Advanced therapies</td>
<td>new and innovative targeted/bespoke therapies using advanced materials and methods to be used as part of your <a href="#">eligible treatment</a> that are at the time of your <a href="#">eligible treatment</a> included on our list of advanced therapies that applies to your <a href="#">benefits</a>, which is available at <a href="https://bupa.co.uk/policyinformation">bupa.co.uk/policyinformation</a> and on request. The advanced therapies on the list may change from time to time.</td>
</tr>
<tr>
<td>Agreement</td>
<td>the agreement between the <a href="#">sponsor</a> and us under which you have cover for your <a href="#">benefits</a>.</td>
</tr>
<tr>
<td>Appliance</td>
<td>any appliance which is in our list of appliances for your <a href="#">benefits</a> at the time you receive your <a href="#">treatment</a>. The list of appliances may change from time to time. Details of the appliances are available on request.</td>
</tr>
<tr>
<td>Benefits</td>
<td>the benefits specified in your <a href="#">membership certificate</a> for which you are entitled as an individual under the <a href="#">scheme</a> subject to the terms and conditions that apply to your membership in this Bupa Select membership guide including all exclusions.</td>
</tr>
<tr>
<td>Cancer</td>
<td>a malignant tumour, tissues or cells characterised by the uncontrolled growth and spread of malignant cells and invasion of tissue.</td>
</tr>
<tr>
<td>Chronic condition</td>
<td>a disease, illness or injury which has one or more of the following characteristics:</td>
</tr>
<tr>
<td></td>
<td>- it needs ongoing or long-term monitoring through consultations, examinations, check-ups and/or tests</td>
</tr>
<tr>
<td></td>
<td>- it needs ongoing or long-term control or relief of symptoms</td>
</tr>
<tr>
<td></td>
<td>- it requires rehabilitation or for you to be specially trained to cope with it</td>
</tr>
<tr>
<td></td>
<td>- it continues indefinitely</td>
</tr>
<tr>
<td></td>
<td>- it has no known cure</td>
</tr>
<tr>
<td></td>
<td>- it comes back or is likely to come back.</td>
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<tr>
<td>Word/phrase</td>
<td>Meaning</td>
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</tr>
<tr>
<td>Chronic mental health condition</td>
<td>a mental health condition which either: ☐ meets the definition of a chronic condition; or ☐ is a mental health condition, or is related to any mental health condition, for which benefits for mental health treatment have been paid by Bupa in three different membership years, which need not be consecutive or relate to the same scheme. This applies to all Bupa administered plans you have been a member of in the past, or may be a member of in the future, whether your membership is continuous or not. (A “membership year” in this definition means the period from: ☐ the date you started cover under any Bupa scheme to the day before the renewal date for that scheme or the date cover ended; or ☐ the renewal date for any Bupa scheme to the day before the next renewal date for that scheme or the date cover ended. For the avoidance of doubt, any reference to a Bupa scheme includes a Bupa administered plan.)</td>
</tr>
<tr>
<td>Co-insurance</td>
<td>the amount that you have to pay towards the cost of treatment that you receive that would otherwise have been payable under your benefits.</td>
</tr>
<tr>
<td>Common drugs</td>
<td>commonly used medicines, such as antibiotics and painkillers that in our reasonable opinion based on established clinical and medical practice should be used as part of your eligible treatment.</td>
</tr>
<tr>
<td>Complementary medicine practitioner</td>
<td>an acupuncturist, chiropractor or osteopath who is a recognised practitioner. You can contact us to find out if a practitioner is a recognised practitioner and the type of treatment we recognise them for.</td>
</tr>
<tr>
<td>Consultant</td>
<td>a registered medical or dental practitioner who, at the time you receive your treatment: ☐ is recognised by us as a consultant and has received written confirmation from us of this, unless we recognised him or her as being a consultant before 30 June 1996 ☐ is recognised by us both for treating the medical condition you have and for providing the type of treatment you need, and ☐ is in our list of consultants that applies to your benefits. You can contact us to find out if a medical or dental practitioner is recognised by us as a consultant and the type of treatment we recognise them for.</td>
</tr>
<tr>
<td>Word/phrase</td>
<td>Meaning</td>
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</table>
| **Consultant fees schedule** | the schedule used by Bupa for the purpose of providing benefits which sets out the benefit limits for consultants’ fees based on:  
  - the type of treatment carried out  
  - for surgical operations, the type and complexity of the surgical operation according to the schedule of procedures – the benefits available for consultant surgeons and consultant anaesthetists may differ for the same surgical operation,  
  - the Bupa recognition status of the consultant, and  
  - where the treatment is carried out both in terms of the treatment facility and the location.  
The schedule may change from time to time. Details of the schedule are available on request. |
| **Critical care unit**      | any intensive care unit, intensive therapy unit, high dependency unit, coronary care unit or progressive care unit which is in our list of critical care units and recognised by us for the type of intensive care that you require at the time you receive your treatment. The units on the list and the type of intensive care that we recognise each unit for may change from time to time. Details of these critical care units are available on request. |
| **Day-patient**             | a patient who is admitted to a hospital, treatment facility or day-patient unit because they need a period of medically supervised recovery but does not occupy a bed overnight. |
| **Day-patient treatment**   | eligible treatment that, for medical reasons, is received as a day-patient.                                                                                                                                    |
| **Dental treatment**        | dental or oral surgical or medical services (including diagnostic tests) which are needed to diagnose, relieve or cure an accidental dental injury.                                                                 |
| **Dentist**                 | any general dental practitioner who is registered with the General Dental Council at the time you receive your dental treatment.                                                                                                      |
| **Dependant**               | your partner and any child of yours who, with the sponsor’s approval, is a member under the agreement.                                                                                                   |
| **Diagnostic tests**        | investigations, such as X-rays or blood tests, to find or to help to find the cause of your symptoms.                                                                                                               |
| **Eligible surgical operation** | eligible treatment carried out as a surgical operation.                                                                                                                                                           |
| **Eligible treatment**      | treatment of an acute condition together with the products and equipment used as part of the treatment that:  
  - are consistent with generally accepted standards of medical practice and representative of best practices in the medical profession in the UK  
  - are clinically appropriate in terms of type, frequency, extent, duration and the facility or location where the services are provided  
  - are demonstrated through scientific evidence to be effective in improving health outcomes, and  
  - are not provided or used primarily for the expediency of you or your consultant or other healthcare professional and the treatment, services or charges are not excluded under your benefits. |
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<th>Word/phrase</th>
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<tbody>
<tr>
<td>Excess</td>
<td>the amount that you have to pay towards the cost of treatment that you receive that would otherwise have been payable under your benefits.</td>
</tr>
<tr>
<td>Facility access</td>
<td>the network of recognised facilities for which you are covered under your benefits as shown on your membership certificate and being either: ○ participating facility, or ○ partnership facility.</td>
</tr>
<tr>
<td>GP</td>
<td>a doctor who, at the time he/she refers you for your consultation or treatment, is on the UK General Medical Council's General Practitioner Register, and ○ has seen you whilst practising in the NHS primary care setting as an NHS GP, or ○ is a private sector GP who is recognised by us as an independent general practitioner for the purposes of your scheme.</td>
</tr>
<tr>
<td>Home</td>
<td>either: ○ the place where you normally live, or ○ any other establishment, including a non-healthcare setting, which we may decide to treat as a home for the purpose of your benefits.</td>
</tr>
<tr>
<td>In-patient</td>
<td>a patient who is admitted to a hospital or treatment facility and who occupies a bed overnight or longer for medical reasons.</td>
</tr>
<tr>
<td>In-patient treatment</td>
<td>eligible treatment that, for medical reasons, is received as an in-patient.</td>
</tr>
<tr>
<td>Intensive care</td>
<td>eligible treatment for intensive care, intensive therapy, high dependency care, coronary care or progressive care.</td>
</tr>
<tr>
<td>Main member</td>
<td>the person who is covered under the agreement by virtue of being eligible in his or her own right rather than as a dependant.</td>
</tr>
<tr>
<td>Medical assistance company</td>
<td>the company who is appointed by Bupa as a medical assistance company for the purpose of its medical insurance schemes for arranging repatriation and/or evacuation at the time that you need repatriation and/or evacuation. The medical assistance company may change from time to time and current details are available on request.</td>
</tr>
<tr>
<td>Medical treatment provider</td>
<td>a person or company who is recognised by us as a medical treatment provider for the type of treatment at home that you need at the time you receive your treatment. These medical treatment providers and the type of treatment we recognise them for may change from time to time. Details of these medical treatment providers and the type of treatment we recognise them for are available on request.</td>
</tr>
<tr>
<td>Membership certificate</td>
<td>either: ○ the most recent membership certificate that we issue to you for your current continuous period of membership under the agreement, or ○ if we do not issue a membership certificate to you the most recent Group Certificate that we issue to your sponsor that provides the details of the cover that applies to you under the agreement.</td>
</tr>
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<td>Word/phrase</td>
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| Mental health and wellbeing therapist | ○ a psychologist registered with the Health Professions Council  
○ a psychotherapist accredited with UK Council for Psychotherapy, the British Association for Counselling and Psychotherapy or the British Psychoanalytic Council  
○ a counsellor accredited with the British Association for Counselling and Psychotherapy, or  
○ a cognitive behavioural therapist accredited with the British Association for Behavioural and Cognitive Psychotherapies who is a recognised practitioner. You can contact us to find out if a practitioner is a recognised practitioner and the type of treatment we recognise them for. |
| Mental health condition             | a mental health condition, including alcoholism, drug addiction, Anorexia Nervosa and Bulimia Nervosa.                                                                                                    |
| Mental health day-patient treatment | mental health treatment which for medical reasons means you have to be admitted to a recognised facility because you need a period of clinically-supervised mental health treatment as a day case but do not have to occupy a bed overnight and the mental health treatment is provided on either an individual or group basis. |
| Mental health in-patient treatment  | mental health treatment that, for medical reasons, is received as an in-patient.                                                                                                                  |
| Moratoria start date                | the moratoria start date shown on your membership certificate.                                                                                                                                         |
| Moratorium condition                | any disease, illness or injury or related condition, whether diagnosed or not, which you:  
○ received medication for  
○ asked for or received, medical advice or treatment for  
○ experienced symptoms of, or  
○ were to the best of your knowledge aware existed in your moratorium qualifying period immediately before your moratoria start date. By a related condition we mean any symptom, disease, illness or injury which reasonable medical opinion considers to be associated with another symptom, disease, illness or injury. We may take your cover under a previous scheme into account when assessing if a condition is a moratorium condition but we will only do this if we have specifically agreed with the sponsor that we will do this under the agreement and you have provided us with evidence of your continuous cover under the previous scheme. |
<p>| Moratorium member                   | a member whose membership certificate shows the underwriting method applied to them is moratorium.                                                                                                |
| Moratorium qualifying period        | the moratorium qualifying period described in the further details section of your membership certificate.                                                                                             |</p>
<table>
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<tr>
<th>Word/phrase</th>
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</table>
| **NHS** | ○ the National Health Service operated in Great Britain and Northern Ireland, or  
○ the healthcare system that is operated by the relevant authorities of the Channel Islands, or  
○ the healthcare scheme that is operated by the relevant authorities of the Isle of Man. |
| **Nurse** | a qualified nurse who is on the register of the Nursing and Midwifery Council (NMC) and holds a valid NMC personal identification number. |
| **Optician** | an ophthalmic optician or optometrist under age 70 who is registered with the General Optical Council. |
| **Optical benefit period** | a period of two consecutive years, the entire period of which Optical cash benefit must have been covered under your benefits. Each optical benefit period shall not start until your last optical benefit period expires, this means that:  
○ your second optical benefit period will start on the second renewal date following either your start date or the renewal date on which your first optical benefit period began (as applicable)  
○ your third and any subsequent optical benefit periods will start on the second renewal date following the renewal date on which your immediately preceding optical benefit period began. |
| **Out-patient** | a patient who attends a hospital, consulting room, out-patient clinic or treatment facility and is not admitted as a day-patient or an in-patient. |
| **Out-patient surgical operation** | an eligible surgical operation received as an out-patient. |
| **Out-patient treatment** | eligible treatment that, for medical reasons, is received as an out-patient. |
| **Overall annual maximum benefit** | the total amount we pay up to each year for eligible treatment covered under your benefits. This is the amount we pay up to collectively each year for all your eligible treatment and not for each type of treatment individually. Your excess, co-insurance and any amounts we pay to you on an ex-gratia basis all count towards your overall annual maximum benefit. |
| **Participating facility** | ○ a hospital or a treatment facility, centre or unit that, at the time you receive your eligible treatment, is in our participating facility list that applies to your benefits, and is recognised by us for both:  
− treating the medical condition you have, and  
− carrying out the type of treatment you need  
○ any other establishment which we may decide to treat as a participating facility for the purpose of the scheme. The hospitals, treatment facilities, centres or units in the list and the medical conditions and types of treatment we recognise them for may change from time to time.  
Details of the facilities in the list and the medical conditions and types of treatment we recognise them for are available on request. |
<table>
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<th>Word/phrase</th>
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<tbody>
<tr>
<td><strong>Partner</strong></td>
<td>your husband or wife or civil partner or the person you live with in a relationship similar to that of a husband and wife whether of the opposite sex or not.</td>
</tr>
<tr>
<td><strong>Partnership consultant</strong></td>
<td>a consultant who, at the time you receive your treatment, is recognised by us as a partnership consultant. You can contact us to find out if a consultant is a partnership consultant.</td>
</tr>
</tbody>
</table>
| **Partnership facility** | a hospital or a treatment facility, centre or unit that, at the time you receive your eligible treatment, is in our partnership facility list that applies to your benefits and is recognised by us for both:  
- treating the medical condition you have, and  
- carrying out the type of treatment you need  
any other establishment which we may decide to treat as a partnership facility for the purpose of the scheme.  
The hospitals, treatment facilities, centres and units in the list and the medical conditions and types of treatment we recognise them for may change from time to time. Details of the facilities in the list and the medical conditions and types of treatment we recognise them for are available on request. |
| **Pre-existing condition** | any disease, illness or injury for which in the seven years before your start date:  
- you have received medication, advice or treatment, or  
- you have experienced symptoms whether the condition was diagnosed or not.                                                                                                                                 |
| **Previous scheme**    | another Bupa private medical insurance scheme or Bupa administered medical healthcare trust  
a private medical insurance scheme or medical healthcare trust provided or administered by another insurer that we specifically agree with the sponsor will be treated as a previous scheme for the purpose of assessing waiting periods, moratoria start date or continuous periods of cover provided that there is no break in a member’s cover between the previous scheme and their scheme. |
| **Prosthesis**         | any prosthesis which is in our list of prostheses for both your benefits and your type of treatment at the time you receive your treatment. The prostheses on the list may change from time to time. Details of the prostheses covered under your benefits for your type of treatment are available on request. |
| **Recognised facility** | either a:  
- participating facility, or  
- partnership facility  
according to the facility access that applies to your benefits.                                                                                                                                                                                                 |
| **Recognised practitioner** | a healthcare practitioner who at the time of your treatment:  
is recognised by us for the purpose of our private medical insurance schemes for treating the medical condition you have and for providing the type of treatment you need, and  
is in our list of recognised practitioners that applies to your benefits. |
<table>
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<tr>
<th>Word/phrase</th>
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</thead>
<tbody>
<tr>
<td><strong>Renewal date</strong></td>
<td>the date each year agreed between the sponsor and us on which the group cover is due for renewal.</td>
</tr>
<tr>
<td><strong>Schedule of procedures</strong></td>
<td>the schedule used by Bupa for the purpose of providing benefits which classifies surgical operations according to their type and complexity. The schedule may change from time to time. Not all procedures listed in the schedule are covered under Bupa schemes. Further information on the schedule is available on request.</td>
</tr>
<tr>
<td><strong>Scheme</strong></td>
<td>the cover we provide as shown on your membership certificate together with this Bupa Select membership guide subject to the terms and conditions of the agreement.</td>
</tr>
<tr>
<td><strong>Session</strong></td>
<td>periods of 24 hours during which the specified type of treatment is received for an acute condition.</td>
</tr>
<tr>
<td><strong>Special condition</strong></td>
<td>for underwritten members, any exclusions or restrictions to cover that are personal to an individual based on the medical history given to us for that individual. If special conditions apply to an underwritten member’s cover these are shown in the ‘Special conditions’ section for that underwritten member in your membership certificate.</td>
</tr>
<tr>
<td><strong>Specialist drugs</strong></td>
<td>drugs and medicines to be used as part of your eligible treatment, which are not common drugs and are at the time of your eligible treatment included on our list of specialist drugs that applies to your benefits that is available at bupa.co.uk/policyinformation and on request. The specialist drugs on the list may change from time to time.</td>
</tr>
<tr>
<td><strong>Sponsor</strong></td>
<td>the company, firm or individual with whom we have entered into an agreement to provide cover.</td>
</tr>
<tr>
<td><strong>Start date</strong></td>
<td>the date you started your current continuous period of cover under the scheme.</td>
</tr>
<tr>
<td><strong>Surgical operation</strong></td>
<td>a surgical procedure or complex investigative/diagnostic procedure including all medically necessary treatment related to the procedure and all consultations carried out from the time you are admitted to a recognised facility until the time you are discharged, or if it is carried out as out-patient treatment, all medically necessary treatment related to the operation and any consultation on the same day which is integral to the operation.</td>
</tr>
<tr>
<td><strong>Therapist</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>▪ a chartered physiotherapist</td>
</tr>
<tr>
<td></td>
<td>▪ a British Association of Occupational Therapists registered occupational therapist</td>
</tr>
<tr>
<td></td>
<td>▪ a British and Irish Orthoptic Society registered orthoptist, or</td>
</tr>
<tr>
<td></td>
<td>▪ a Royal College of Speech and Language Therapists registered speech and language therapist who is Health Professions Council Registered and is a recognised practitioner. You can contact us to find out if a practitioner is a recognised practitioner and the type of treatment we recognise them for.</td>
</tr>
<tr>
<td>Word/phrase</td>
<td>Meaning</td>
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</tr>
<tr>
<td><strong>Treatment</strong></td>
<td>surgical or medical services (including <em>diagnostic tests</em>) that are needed to diagnose, relieve or cure a disease, illness or injury.</td>
</tr>
<tr>
<td><strong>Underwritten member</strong></td>
<td>a member who as part of his/her application for cover under the <em>agreement</em> was required to provide (or the <em>main member</em> provided on his/her behalf) details of his/her medical history to <em>us</em> for the purpose of underwriting.</td>
</tr>
<tr>
<td><strong>United Kingdom/UK</strong></td>
<td>Great Britain, Northern Ireland, the Channel Islands and the Isle of Man.</td>
</tr>
<tr>
<td><strong>Waiting period</strong></td>
<td>a period of continuous cover during which benefits are not payable. The length of any waiting periods that apply to your <em>benefits</em> are shown under the ‘Waiting periods’ section in your <em>membership certificate.</em></td>
</tr>
<tr>
<td><strong>We/our/us</strong></td>
<td><em>Bupa.</em></td>
</tr>
</tbody>
</table>
| **Year**              | - when you first become a member under the *scheme* this is the period beginning on your *start date* and ending on the day before the *renewal date*  
                       | - for continuing members this is the period beginning on the *renewal date* and ending on the day before the next *renewal date*.                                                                         |
| **You/your**          | this means the *main member* only.                                                                                                                                                                        |
Privacy Notice

Personal information
In providing you with our services, Bupa may handle your personal information. Personal information is information about you from which you can be identified, such as your name and contact details. Depending on what services you receive from us, this may include sensitive personal information such as medical information.

By providing your data and/or information, or by using the Bupa website or other online or digital platforms, you consent to the use of your data and information as described or referred to in this privacy notice and the cookie policy. The provisions of Bupa’s social media terms and conditions may also apply. If we make a change to any of the ways in which we process personal information, we will update this notice on bupa.co.uk/privacy so please check back regularly for updates. You can also email dataprotection@bupa.com and ask us to send you the latest version at any time.

Confidential and Medical information
The confidentiality of your personal information is of paramount concern to Bupa and we comply with UK data protection law and all the applicable medical confidentiality guidelines issued by professional bodies such as the General Medical Council and the Nursing and Midwifery Council.

Your confidential medical information will only be disclosed to those involved with your treatment or care, or in accordance with UK law and guidelines from professional bodies, or for the purposes of clinical audit (unless you object). If you receive services from Bupa and that service transfers to a new provider, we may share your personal and confidential medical information with the new provider.

Securing information
We are committed to keeping your personal information secure. We have put in place physical, electronic and operational procedures intended to safeguard and secure the information we collect. All Bupa staff have a legal duty to respect the confidentiality of your information, and access to your confidential information is restricted only to those who have a reasonable need to access it.

When using a Bupa website, if the URL of a web page starts with HTTPS, or you see a locked/green padlock symbol, your data should be encrypted when it is sent from your computer to our server. However, we cannot ensure the security of your data when it is being transmitted to our website or other digital sites from other pages. All transmission of personal information and other data is done at your own risk.

Information submitted to Bupa through a website is normally unprotected until it reaches us. In addition, users are also requested not to send confidential details or credit card numbers, for example, by email.
**Information we may hold about you**

The information we hold about you may include the following:
- basic details such as name, address, contact details and next of kin
- details of contact we have had with you such as referrals and quotes
- details of services you have received
- patient experience feedback and treatment outcome information you provide
- information about complaints and incidents
- notes and reports about your health and any treatment and care you have received or need, including about clinic and hospital visits and medicines administered
- information from customer surveys, competitions and marketing activities
- recordings of calls we receive or make
- other information we receive from other sources, including from your use of websites and other digital platforms we (or our group companies) operate or the other services we provide, information from business partners, advertising networks, analytics providers, or information provided by other companies who have obtained your permission to share information about you.

**When we collect your information**

Information about you is collected when:
- you apply for a quote or policy
- you enter into a contract with Bupa for the provision of services, and when you use those services
- you submit a query to us, for example by email, telephone or social media, including where you reference the Bupa group of companies in a public social media post
- you participate in any marketing activity.

We may also collect personal information about you from other people when:
- you are named in an application form or as a dependant under an individual or corporate scheme
- we process an application or claim (where we may carry out credit or fraud checks), or when we obtain medical reports
- we liaise with your family, employer, health professional or other treatment or benefit provider. We may only share information in this way where you have provided your consent or in circumstances where you are incapable of giving consent, or we are unable or it is not reasonable to seek your permission, or we are required to by law or in accordance with guidance from professional bodies
- you use a third party application to provide information to one of our mobile applications or websites.
When we process claims or investigate complaints on your behalf, Bupa may also request and obtain further details from your treatment provider. The information may be sought either at the time of processing or subsequently, for the purposes of ensuring the accuracy of information and the quality of treatment and care. Please note it is a term and condition of your policy that Bupa may obtain medical and billing information from your treatment provider relating to claims or complaints you may make.

Using your information
We use your personal information to provide you with our services, and to improve and extend our services. This may include:

- responding to your queries, including providing quotes
- supporting your medical treatment or care and other benefits
- internal record keeping and administration
- responding to requests where we have a legal or regulatory obligation to do so
- checking the accuracy of information about you, and the quality of your treatment or care, including auditing medical and billing information for insurance claims
- supporting your doctor, nurse, carer or other healthcare professional
- assessing the type and quality of care you have received and any concerns or complaints you raise, so that these can be properly investigated
- using your contact information to send you service related information
- using your contact information to send promotional material about new products, special offers or other information we think you may find interesting (see ‘Keeping you informed’ below for more information)
- using your contact information to give you an opportunity to complete a customer satisfaction survey
- using your contact information to conduct and analyse market research.

Sharing information
Information about you may be shared by the companies in the Bupa group for all the purposes identified under “Using your information” to enable us to manage our relationship with you as a Bupa customer and update and improve our records. We may also share information in aggregated form with the companies in the Bupa group.

Bupa works with other individuals and organisations to provide our services to you, and this may involve them handling your personal information. This handling of your personal information may be done outside of the European Economic Area in countries with different data protection laws. In that case we ensure that the confidentiality and security of your personal information is protected by contractual restrictions and service monitoring.
We do not share your personal information with anyone outside of the Bupa group to use for their own purposes, except:

- when we have your permission
- when we are permitted or obliged to do so by law. For example, we are required to provide information to organisations such as the National Registries (eg The Cancer Registry) and to notify the government of certain infectious diseases such as TB and meningitis (but not HIV/Aids)
- if we are under a duty to disclose or share personal data in order to enforce or apply our terms of use (of our website or any part of it) or terms and conditions of supply of any relevant products or services and other agreements
- to protect the rights, property, or safety of Bupa, our customers, or others
- in order to detect, prevent and help with the prosecution of financial crime. For example we may share information with fraud prevention or law enforcement agencies, and other organisations. If we suspect fraudulent activity we may inform the person or organisation who administers or funds your Bupa services
- if there are other exceptional circumstances, and we are unable or it is not appropriate to seek your permission.

You may receive Bupa private medical services where another member of your family is the main member of the scheme or services. In that case we send all membership documents and confirmation of how we have dealt with any claim you make to the main member.

You may also receive Bupa services where your employer, or the employer of another member of your family, is the policyholder or pays for the scheme or services. In that case, we may share your information, only for the administration of the scheme or services, with the employer, the employer’s insurance broker, or the trustees of your scheme. This will be explained in your policy documents. We won’t share the details of your health condition, illness, injury or treatment with the employer without your permission.

In the event that we (or any member(s) of our group) sell or buy any business or assets, we may disclose your personal data to the prospective seller or buyer of such business or assets.

**Keeping information**

We will only keep your personal information for as long as is necessary and in accordance with UK law.
Keeping you informed

The Bupa group would like to keep you informed of the Bupa group’s products and services that we consider may be of interest to you (via mail, email, phone or SMS). When we collect your information, we will ask you if you would like us to keep you updated in this way. We may use your personal information to:

- decide which services which we think are relevant to you
- decide which media, including social media platforms, would best be utilised to reach the customers who wish to receive marketing materials
- contact you with details of our products and services, including displaying interest-based adverts via social media.

If you do not wish to receive marketing information about our products and services, or at any time you change your mind about receiving these messages, please contact the Bupa UK Information Governance Team on the details shown below.

Accessing information

If you have any data protection queries, please contact the Bupa UK Information Governance team:

Email: dataprotection@bupa.com
Write: 4 Pine Trees, Chertsey Lane, Staines-upon-Thames TW18 3DZ

You should also contact the Bupa UK Information Governance team to request a copy of the personal information we hold about you and to ask us to correct or remove (where justified) any inaccurate information. We may charge a small amount for providing you with a copy of your personal information. We may also ask you to provide additional documentation to confirm your identity or, if you are seeking to access personal information of another individual, proof of their consent or your legal right to receive their personal information.

Updating this Privacy Notice

We review and update this notice regularly. The latest copy of this notice and the trading companies that comprise the Bupa group can be found on bupa.co.uk/privacy
Bupa health insurance is provided by Bupa Insurance Limited. Registered in England and Wales No. 3956433. Bupa Insurance Limited is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority. Financial Services Register number 203332.

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You can check the Financial Services Register by visiting https://register.fca.org.uk or by contacting the Financial Conduct Authority on 0800 111 6768.

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