

Seattle Office / Washington Worker's Compensation

In the state of Washington, if you are injured at work and need treatment, you would go to a doctor of your choice and tell the doctor that you were injured at work. The doctor will file the workers' compensation claim for you. *(Your doctor will complete a Report of Industrial Injury or Occupational Disease form and send it in to the State and this is the first step in filing your industrial insurance claim. Subsequently, we as the employer will be asked to complete a section of the accident report form that your doctor sends.)*

What you should do in the event of a work-related injury to initiate a claim:

Report your injury. If you are injured, no matter how minor the injury seems, report your injury. Notify your manager and Adobe's **Employee Resources Center (ERC)** at extension 6-Help or email erc@adobe.com.

Get medical care. You have the right to go to any doctor qualified to treat your injury. Qualified doctors include: medical, osteopathic, chiropractic, naturopathic and podiatric physicians, dentists, optometrists and ophthalmologists. Medical bills that arise from a workplace injury or occupational disease will be paid by the workers' compensation program.

Tell your doctor that your injury or condition is work-related. Your doctor will complete a *Report of Industrial Injury or Occupational Disease* form and send it in. This is the first step in filing your industrial insurance claim.

Below is a link to the Washington State WC site, if you would like to read more about workers' compensation: <https://lni.wa.gov/claims/for-workers/injured-what-you-need-to-know/>