Adobe

Provider-Choice Rights Notice

The Kaiser Northern California HMO, Southern California HMO, and Washington HMO generally require the designation of a primary care provider. You have the right to designate any primary care provider who participates in our network and who is available to accept you or your family members. Until you make this designation, *Kaiser* designates one for you. For information on how to select a primary care provider, and for a list of the participating primary care providers, contact the plan administrator at:

- California:
    - Log onto kaiserpermanente.org
        - Use the drop-down function on the Menu button
        - Choose "Find a Doctor"
- Washington:
    - Log onto the Kaiser member website kp.org/wa and select "Doctors & Location"
    - Call Kaiser at (888) 901-4636

For children, you may designate a pediatrician as the primary care provider.

You do not need prior authorization from Kaiser or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, contact the plan administrator at:

- California:
    - Log onto kaiserpermanente.org
        - Use the drop-down function on the Menu button
        - Choose "Find a Doctor"
- Washington:
    - Log onto the Kaiser member website kp.org/wa and select "Doctors & Location"
    - Call Kaiser at (888) 901-4636

If you have any questions, call (855) 898-4218 or send a secure message through the Adobe Benefits Enrollment site found on benefits.adobe.com.