

# Health and wellbeing

## Medical plan options

The medical plans that are available to you based on eligibility, home ZIP code (network and plan service area), and other criteria will appear as options on the Adobe benefits enrollment site. The medical plan options available to you can change if you move or experience other changes.

The Aetna Out of Area HealthSave plan is offered to those employees who do not live within the Aetna Choice POS II or Utah Connected networks. This plan is also offered to those employees who go on an official Global Mobility-coordinated, short-term (six months or less) international assignment outside of the U.S.

To elect the Aetna HealthSave or Aetna Out of Area HealthSave plan, you must be able to certify you are eligible to contribute to a Health Savings Account (HSA), because the plans come with an employer HSA contribution. (See Health Savings Account on page 15 for IRS limits, rules, and proration details.) Those ineligible for an HSA due to Medicare or TRICARE enrollment may elect these plans without an HSA if otherwise eligible.

### Medical plan options by location

	California & Washington	Hawaii	All other states	If you're not eligible for an HSA
Aetna HealthSave	✓	×	✓	▲
Aetna HealthSave Basic	✓	×	✓	●
Aetna Out of Area HealthSave	✓	×	✓	▲
Kaiser HMO	✓	×	×	✓
HMSA	×	✓	×	✓

✓ Available

× Unavailable

▲ If you're enrolled in Medicare or TRICARE, you can enroll in this plan, but without an HSA. For all others: Unavailable.

● You can enroll in the plan, but you are not permitted to make HSA contributions.

## HMSA—bundled health care for Hawaii

If you live in Hawaii, you are eligible for bundled medical, dental, and vision benefits offered through HMSA. Learn more about [HMSA coverage](#).

## Aetna medical plans

Percentages shown represent the share the plan pays **after you meet the annual deductible** (unless otherwise noted). You pay the remaining percentage (your coinsurance). Dollar amounts shown represent the amount you pay (your copay) after you meet the deductible, while the plan pays the remainder.

The deductible is higher for out-of-network providers, as is the percentage you pay (your coinsurance). Additionally, all out-of-network benefits are subject to either the usual, customary, and reasonable (UCR) maximum for providers or 300% of the Medicare cost for facilities. Plan reimbursements are based on the recognized charge.

When evaluating the medical plan option that's right for you, it's important to also consider the **plan cost** (your per-pay-period contribution).

### General provisions

Plan provisions	Aetna HealthSave Basic		Aetna HealthSave		Aetna Out of Area HealthSave
	In-network	Out-of-network	In-network	Out-of-network	
<b>Provider choice</b>	You may use any licensed provider; however, you'll have a lower deductible and receive a higher level of benefits by using providers in the Aetna Choice POS II Network or the Utah Connected Network				You may use any licensed provider
<b>Annual deductible<sup>1</sup></b> (applies to all expenses except as noted)	\$1,800 self only \$3,600 family	\$3,600 self only \$7,200 family	\$1,500 self only \$3,000 family	\$3,000 self only \$6,000 family	\$1,500 self only \$3,000 family
<b>Account funding</b> Refer to HSA proration schedule on page 15	There is no Adobe account funding. You can make your own HSA contributions if you're eligible, up to your annual IRS limit.		Adobe provides the following HSA funding to eligible employees: <sup>2</sup> \$850 self only \$1,700 family  You can make your own HSA contributions if you're eligible, up to your annual IRS limit.		
<b>Out-of-pocket maximum (OOPM)<sup>3</sup></b> (includes deductible and copays)	\$4,700 self only \$8,650 family	\$8,100 self only \$16,300 family	\$3,200 self only \$7,400 family	\$6,000 self only \$12,000 family	\$3,200 self only \$7,400 family
<b>Lifetime maximum</b>	Unlimited (excluding certain services)				

<sup>1</sup> If you cover any dependents, your deductible is the FULL family deductible regardless of which member of the family incurs expenses. If you obtain care from an out-of-network provider, only the recognized amount counts toward your deductible. **The full calendar-year deductible applies even if you join the plan or change coverage midyear.**

<sup>2</sup> Deposited if you activate your account with HealthEquity. If you join the plan or increase coverage midyear, the funding is prorated. If you're enrolled in Medicare or TRICARE, you can enroll in an Aetna HealthSave plan without an HSA (no company HSA funding nor ability to make contributions yourself). Adobe does not provide HSA funding to COBRA participants.

<sup>3</sup> If you cover any dependents, your OOPM is the FULL family OOPM regardless of which member of the family incurs expenses. If you obtain care from an out-of-network provider, only the recognized amount counts toward your out-of-pocket maximum. **The full calendar-year OOPM applies even if you join the plan or change coverage midyear.**

## Routine care<sup>1</sup>

Plan provisions	Aetna HealthSave Basic		Aetna HealthSave		Aetna Out of Area HealthSave
	In-network	Out-of-network	In-network	Out-of-network	
<b>Doctor's office visit</b>	Plan pays 80%	Plan pays 60%	Plan pays 90%	Plan pays 70%	Plan pays 80%
<b>Routine physical exam, preventive care services, immunizations</b> (deductible waived if in-network)	Plan pays 100%		Plan pays 100%		Plan pays 100%
<b>Routine well-baby care, well-child care, immunizations</b> (deductible waived if in-network)	Plan pays 100%		Plan pays 100%		Plan pays 100%

## Hospital care, urgent care, and surgery

Plan provisions	Aetna HealthSave Basic		Aetna HealthSave		Aetna Out of Area HealthSave
	In-network	Out-of-network	In-network	Out-of-network	
<b>Precertification</b>	Handled automatically by network providers	Ensure your provider obtains precertification <sup>2</sup>	Handled automatically by network providers	Ensure your provider obtains precertification <sup>2</sup>	Ensure your provider obtains precertification <sup>2</sup>
<b>Semiprivate room and board<sup>3</sup></b>	Plan pays 80%	Plan pays 60%	Plan pays 90%	Plan pays 70%	Plan pays 80%
<b>Emergency room and ambulance<sup>4</sup></b>	Plan pays 80%		Plan pays 90%		Plan pays 80%
<b>Urgent care</b>	Plan pays 80%	Plan pays 60%	Plan pays 90%	Plan pays 70%	Plan pays 80%
<b>Surgery</b> (outpatient or inpatient)	Plan pays 80%	Plan pays 60%	Plan pays 90%	Plan pays 70%	Plan pays 80%

<sup>1</sup> Doctor's office visits include specialist visits and second surgical opinions, though certain limitations may apply; routine physical exam includes OB/GYN exams, mammograms, colorectal cancer screening, and prostate exams. Well-care services all provided in accordance with age-frequency guidelines.

<sup>2</sup> Precertification required for all inpatient stays and certain surgical procedures: a \$400 (inpatient) or \$200 (outpatient) penalty per occurrence applies if precertification is not obtained. Plan reimbursement is based on the recognized amount.

<sup>3</sup> Different benefit payment provisions apply for care provided in a skilled nursing facility.

<sup>4</sup> Under all the plans, nonemergency use of an emergency room or ambulance service is covered at 50%—usage determined by Aetna.

## Maternity and family planning services

Plan provisions	Aetna HealthSave Basic		Aetna HealthSave		Aetna Out of Area HealthSave
	In-network	Out-of-network	In-network	Out-of-network	
<b>Prenatal visits during pregnancy<sup>1</sup></b>	Plan pays 80%	Plan pays 60%	Plan pays 90%	Plan pays 70%	Plan pays 80%
<b>Hospital care or birthing center</b>	Plan pays 80%	Plan pays 60%	Plan pays 90%	Plan pays 70%	Plan pays 80%
<b>Infertility services<sup>2</sup></b> (separate lifetime maximum may apply)	Plan pays 80%	Plan pays 60%	Plan pays 90%	Plan pays 70%	Plan pays 80%
<b>Fertility treatment drugs</b>	Plan pays up to \$60,000 (lifetime maximum). After you meet the deductible, you pay a copay for each prescription.				
<b>Contraceptive drugs and devices</b>	Generic formulary contraceptives will be covered at no member cost share when filled at an in-network pharmacy				

## Mental health care and substance abuse treatment<sup>3</sup>

Plan provisions	Aetna HealthSave Basic		Aetna HealthSave		Aetna Out of Area HealthSave
	In-network	Out-of-network	In-network	Out-of-network	
<b>Outpatient</b>	Plan pays 80%	Plan pays 60%	Plan pays 90%	Plan pays 70%	Plan pays 80%
<b>Inpatient<sup>4</sup></b>	Plan pays 80%	Plan pays 60%	Plan pays 90%	Plan pays 70%	Plan pays 80%

<sup>1</sup> Coverage for preventive prenatal care with no cost share to the member is limited to routine pregnancy-related in-network physician office visits, including the initial and subsequent history and physical exams of the pregnant woman (maternal weight, blood pressure, and fetal heart rate check). Items not considered preventive include (but are not limited to) ultrasounds, amniocentesis, fetal stress tests, inpatient admissions, high-risk specialist visits, certain pregnancy diagnostic lab tests, and delivery, including anesthesia, and postpartum care.

<sup>2</sup> Three assisted reproductive technology (ART) cycles per lifetime, including IVF, GIFT, ZIFT, and FET. The plan's ART cycles can be used for fertility preservation; if you do fertility preservation, you get an extra half-cycle of ART, making you eligible for a combined total of 3.5 lifetime ART cycles. See plan booklet for definition of a "cycle." Artificial insemination (AI) services and ovulation induction (OI) procedures benefits are limited to six attempts per lifetime. Benefits for the freezing and storage of sperm, eggs, and embryos are covered for up to one year.

<sup>3</sup> Benefits provided through Aetna; routine outpatient services do not require precertification. Inpatient treatment must be preauthorized. Applied behavioral analysis (ABA) coverage requires precertification and is subject to medical necessity or utilization reviews.

<sup>4</sup> Different benefit payment provisions apply for care provided in a skilled nursing facility.

## Other medical care

Plan provisions	Aetna HealthSave Basic		Aetna HealthSave		Aetna Out of Area HealthSave
	In-network	Out-of-network	In-network	Out-of-network	
<b>Diagnostic lab, X-ray, and imaging</b>	Plan pays 80%	Plan pays 60%	Plan pays 90%	Plan pays 70%	Plan pays 80%
<b>Allergy testing and treatment</b>	Plan pays 80%	Plan pays 60%	Plan pays 90%	Plan pays 70%	Plan pays 80%
<b>Acupuncture</b>	Plan pays 80%				
<b>Spinal manipulation</b> (45 visits per year)	Plan pays 80%	Plan pays 60%	Plan pays 90%	Plan pays 70%	Plan pays 80%
<b>Physical and occupational therapy</b> (60 visits per year combined)	Plan pays 80%	Plan pays 60%	Plan pays 90%	Plan pays 70%	Plan pays 80%
<b>Speech therapy</b> (60 visits per year)	Plan pays 80%	Plan pays 60%	Plan pays 90%	Plan pays 70%	Plan pays 80%
<b>Autism applied behavioral analysis</b>	Plan pays 80%	Plan pays 60%	Plan pays 90%	Plan pays 70%	Plan pays 80%
<b>Habilitation services</b> (treatment of autism and developmental delays, including physical, occupational, and speech therapy)	Plan pays 80%	Plan pays 60%	Plan pays 90%	Plan pays 70%	Plan pays 80%
<b>Durable medical equipment</b>	Plan pays 80%	Plan pays 60%	Plan pays 90%	Plan pays 70%	Plan pays 80%
<b>Hearing exam and hardware<sup>1</sup></b>	Plan pays 100%				

<sup>1</sup> Hearing supply maximum per 24-month period is limited to one hearing aid per ear.

The medical plans may require precertification for certain procedures, treatments, and hospital stays. If you use in-network providers, this process is handled automatically. Otherwise, if you're enrolled in a plan that has an out-of-network option and you obtain the services from an out-of-network provider, it's your responsibility to ensure you complete this process when required.

## Prescription drug benefits<sup>1</sup>

Plan provisions	Aetna HealthSave Basic		Aetna HealthSave		Aetna Out of Area HealthSave
	In-network	Out-of-network	In-network	Out-of-network	
Retail: 30-day supply <sup>2</sup>	After deductible: \$15 generic, \$45 brand-name drugs on the Aetna Performance Drug List, \$65 other brand-name drugs				
Mail order: 90-day supply <sup>2</sup>	After deductible: \$30 generic, \$90 brand-name drugs on the Aetna Performance Drug List, \$130 other brand-name drugs. Order through CVS Caremark Mail Service Pharmacy. Mail-order prices are also available when you fill your maintenance prescriptions at CVS pharmacies.				
Specialty drugs: 30-day supply	After deductible: \$15 generic specialty, \$45 preferred specialty, \$65 non-preferred specialty drug. Use the CVS Specialty Pharmacy to fill your prescriptions for specialty medications.				

<sup>1</sup> Covered through Aetna. You pay as indicated above when filling at participating pharmacies. Reduced benefits if drugs are obtained at a nonparticipating pharmacy. Copays count toward plan's out-of-pocket maximums.

<sup>2</sup> Preventive care medications for certain conditions are not subject to the deductible.

## Kaiser Permanente HMO medical plan

Kaiser is available to eligible California and Washington employees who live within Kaiser's service area, based on home ZIP code. To enroll and to continue enrollment in this plan, you must meet all eligibility requirements, including the service area eligibility requirements. If you're eligible, Kaiser will appear as an option on the [Adobe benefits enrollment site](#).

For more complete coverage details, refer to the Kaiser Evidence of Coverage plan documents at [benefits.adobe.com](https://benefits.adobe.com).

### General provisions

Plan provisions	Kaiser HMO
<b>Provider choice</b>	You must use Kaiser doctors and facilities. Kaiser will provide benefits for emergency services provided outside Kaiser if access to Kaiser facilities is not available.
<b>Annual deductible</b>	None
<b>Out-of-pocket maximum</b>	\$3,000 individual; \$6,000 family (Refer to your Kaiser Evidence of Coverage document to learn which services apply to the plan out-of-pocket maximum.)
<b>Lifetime maximum</b>	Unlimited

### Routine care<sup>1</sup>

Plan provisions	Kaiser HMO
<b>Doctor's office visit</b>	You pay \$20
<b>Routine physical exam, preventive care services, immunizations</b>	Plan pays 100%
<b>Routine well-baby care, well-child care, immunizations</b>	Plan pays 100%

<sup>1</sup> Routine physical exam includes OB/GYN exams, mammograms, colorectal cancer screening, and prostate exams—provided in accordance with age-frequency guidelines.

## Hospital care and surgery

Plan provisions	Kaiser HMO
<b>Precertification</b>	Handled automatically
<b>Hospitalization services</b>	You pay \$100 per admission (room and board, surgery, anesthesia, X-rays, laboratory tests, and drugs)
<b>Urgent care</b>	You pay \$20
<b>Emergency room and ambulance</b>	Emergency room: You pay \$100 (waived if admitted). Ambulance: You pay \$50 per trip.
<b>Surgery</b> (outpatient)	You pay \$20

## Mental health care and substance abuse treatment

Plan provisions	Kaiser HMO
<b>Outpatient</b>	You pay \$20 per visit (\$10 for group therapy, or \$5 for group therapy for substance abuse disorder)
<b>Inpatient</b>	You pay \$100 per admission; substance abuse treatment limited to detoxification

## Maternity and family planning services

Plan provisions	Kaiser HMO
<b>Prenatal visits during pregnancy</b>	Plan pays 100%. After confirmation of pregnancy, the normal series of regularly scheduled preventive prenatal care exams and the first postpartum follow-up consultation and exam are covered at no charge.
<b>Hospital care or birthing center</b>	You pay \$100 per admission
<b>Infertility services</b>	Plan pays 90% for covered services related to the diagnosis and treatment of infertility. Services include in vitro fertilization (IVF), gamete intrafallopian transfer (GIFT), zygote intrafallopian transfer (ZIFT), artificial insemination (AI), ovulation induction (OI), and intracytoplasmic sperm injection (ICSI) or ovum microsurgery services. Limitations: Three assisted reproductive technology (ART) cycles per lifetime, including IVF, GIFT, and ZIFT (no dollar limit). Fertility services do not count toward the out-of-pocket maximum; services are covered if they are part of an active cycle to create pregnancy. (Kaiser Washington participants: Contact Member Services for information about your assisted reproductive technology benefits.)
<b>Fertility treatment drugs</b>	Plan pays 90% (50% in Washington)
<b>Contraceptive drugs and devices</b>	Prescribed, FDA-approved contraceptive devices and contraceptive drugs are covered at no cost to comply with women's preventive service requirement



## Prescription drug benefits<sup>1</sup>

Plan provisions	Kaiser HMO
<b>Retail</b>	Generic: \$15, up to 30-day supply Brand: \$45, up to 30-day supply Specialty: \$45, up to 30-day supply
<b>Mail order</b>	Generic: \$30, up to 100-day supply (90-day supply in WA) Brand: \$90, up to 100-day supply (90-day supply in WA)

## Other medical care

Plan provisions	Kaiser HMO
<b>Diagnostic lab, X-ray, and imaging</b>	Plan pays 100%
<b>Allergy testing and treatment</b> (injections)	You pay \$20 per visit; plan pays 100% for injection
<b>Acupuncture</b>	California: You pay \$15 per visit, up to 30 visits per year. Washington: You pay \$20 per visit, up to 12 visits per year.
<b>Spinal subluxation</b> (chiropractic care)	California: You pay \$15 per visit, up to 30 visits per year. Washington: You pay \$20 per visit, up to 20 visits per year.
<b>Rehabilitation services</b>	You pay \$20 per visit. You pay \$100 per admission (inpatient).
<b>Habilitation services</b>	You pay \$20 per visit
<b>Durable medical equipment</b>	Plan pays 80%
<b>Hearing aid services</b>	You pay \$20 per exam; plan pays up to \$1,000 every 36 months for devices
<b>Home health</b>	Plan pays 100%, up to 100 visits per year in California; up to 130 visits in Washington

<sup>1</sup> Copays count toward plan's out-of-pocket maximums.