

## Our Services



### **General Practitioner** (GP) Teleconsults

See a WhiteCoat Panel GP for a wide range of acute conditions

Also suitable for chronic disease treatment and medication refills



### In-Home Care

Arrange for a phlebotomist to **visit your home** to draw blood in support of chronic disease tests

Suitable for patients with chronic conditions



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# On-Site / Off-site Health Screenings

Complimentary basic corporate health screenings (min. 30 pax) with comprehensive upgrade options

Applicable to all employees and dependants

On-boarding sessions are available for all CS clients with telemedicine benefits



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# Paediatrician (SP) Teleconsults

See a WhiteCoat Panel partner paediatrician for a wide range of conditions for children (all ages) via pre-scheduled appointments only
No referral letter required

for children below 7 years



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# Mental Wellness Teleconsults\*

Speak with a WhiteCoat Panel partner psychologist (teleconsult / in-clinic) via ondemand teleconsults / prescheduled appointments

Schedule an appointment to see a WhiteCoat Panel partner psychiatrist (in-clinic only, referral letter required)

<sup>\*</sup> Additional premiums may apply

## General Practitioner (GP) Teleconsults

WhiteCoat GPs are approved and able to treat a wide range of conditions via teleconsult:

### **Common Acute Conditions:**

- Upper respiratory tract infection (URTI)
- Headache / fever
- Gastroenteritis
- Urinary tract infection (UTI)
- Skin / eye conditions

### **Common Chronic Conditions:**

- Diabetes
- High blood pressure
- High cholesterol

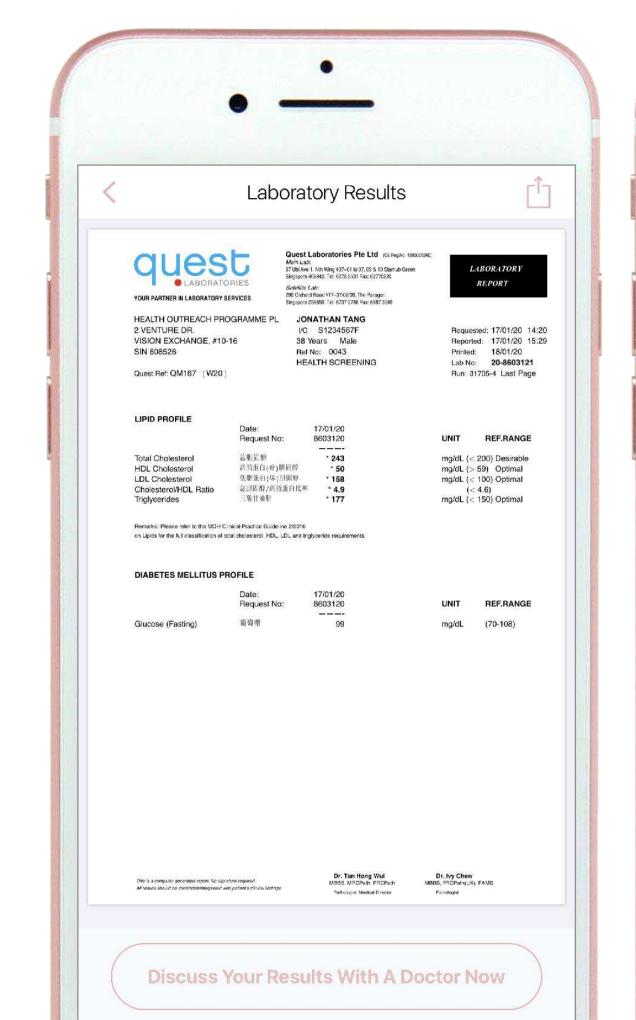
WhiteCoat GPs will make a clinical judgement based on their best medical assessment to treat conditions not listed here

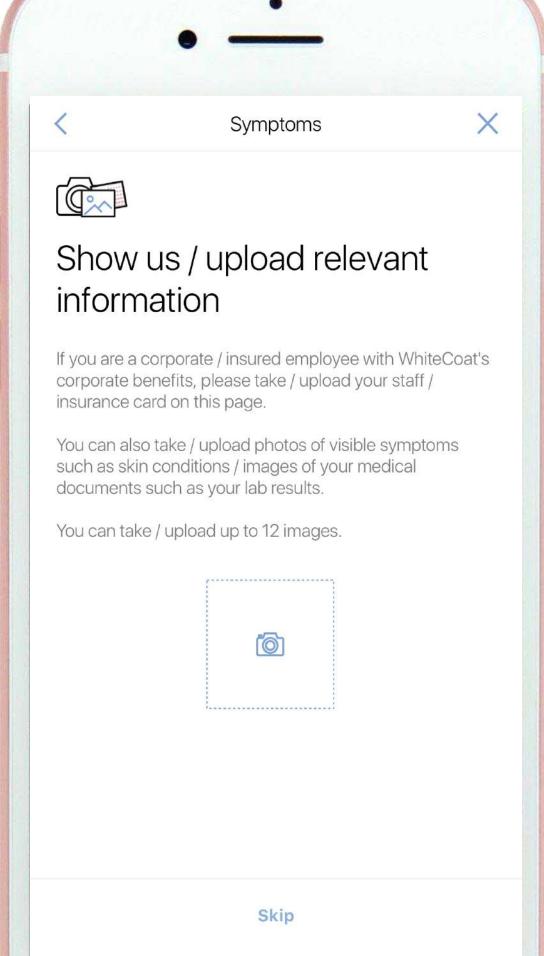
## General Practitioner (GP) Teleconsults

Health screening reports and other medical documents can be uploaded to supplement your teleconsult

You may upload health screening reports for assessment of chronic conditions.

Images of visible symptoms and other medical documents can also be submitted prior to a consultation to help our doctors diagnose more accurately.





## In-Home Care

If you are experiencing chronic conditions, you may request in-home services simply by commencing a teleconsult with a WhiteCoat GP

Suitable for patients <u>already</u> <u>under chronic care</u> for the following conditions:

- Diabetes
- High Blood Pressure
- High Cholesterol
- Gout NEW
- ThyroidConditions



Consultation and basic test costs are **included** in your corporate benefits scheme. The home-based phlebotomy service is **not included** and is charged at a **preferred rate of** \$30 \$10\* which **must be borne by the patient**.

4 Easy Steps

- Teleconsult any WhiteCoat GP and upload your latest test results if available
- Tests will be conducted in your home and results will be released in-app
- Necessary tests will be recommended by your doctor and scheduled at your convenience
- Review your test results with any
  WhiteCoat GP; necessary medication refills will be prescribed as required

<sup>\*</sup> Valid from 07 Jun 2021 to 31 Dec 2021 (both dates inclusive). Excludes GST.

# On-Site / Off-site Health Screenings

On-site health screenings are now available for all Corporate Solutions clients.

### Suitable for all employees:

- Complimentary basic health screenings for all (min. 30 pax)
- Top ups to more comprehensive packages available at additional cost
- Book your time slot on our registration portal to prevent overcrowding



## Paediatrician (SP) Teleconsults

Specialist care addressing health problems and concerns in children is available via teleconsult (on-demand / pre-scheduled appointment)

### **Suitable Conditions:**

- Common cold
- Diarrhoea
- Mild vomiting
- Eczema
- Allergic Rhinitis (allergies)

- Constipation
- Cough
- Sleep problems
- Other non-emergent conditions

WhiteCoat paediatricians will make a clinical judgement based on their best medical assessment to treat conditions not listed here

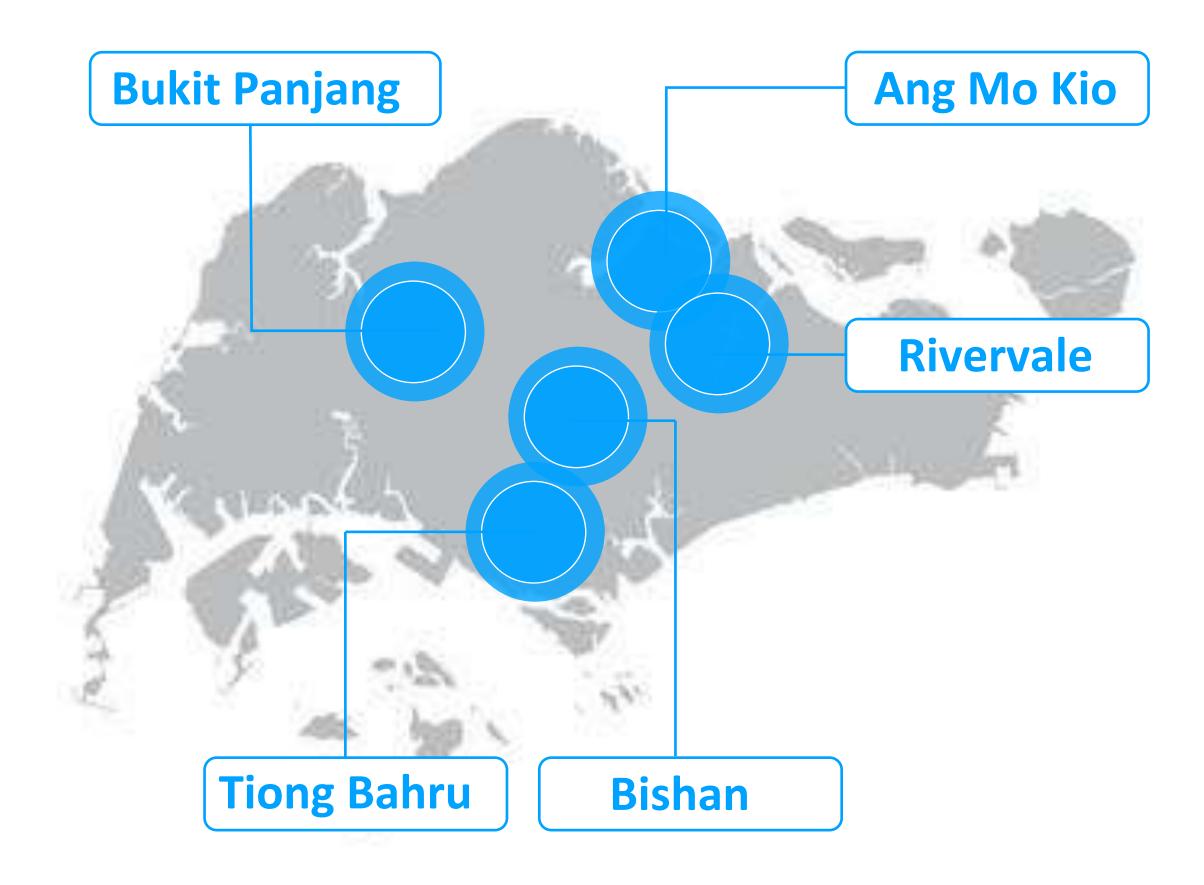
Note that conditions such as fever / heavy vomiting will likely require an inclinic consult

## Paediatrician (SP) In-Clinic Consults

WhiteCoat now provides in-clinic paediatric services across five partner locations

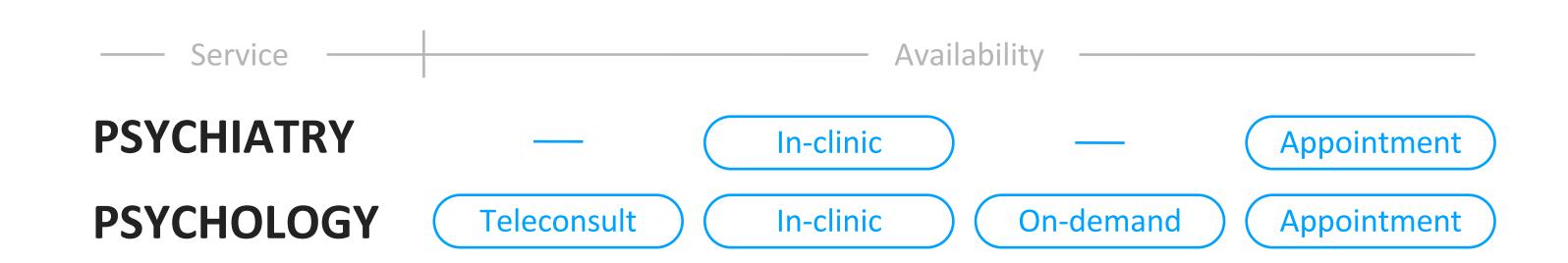
Enjoy in-person specialist care at preferred WhiteCoat rates when you walk into any of our partner clinics and present your WhiteCoat e-card

Contact WhiteCoat to find out more about our suite of paediatric services



## Mental Wellness Teleconsults

Teleconsult a certified mental wellness professional at your discretion and convenience



### **Suitable Conditions:**

- Anxiety disorder
- Stress management
- Depression, including pre / postpartum depression
- Insomnia

- Abuse and trauma
- Dissociative disorders
- Obsessive compulsive disorder
- Dementia
- Addictions

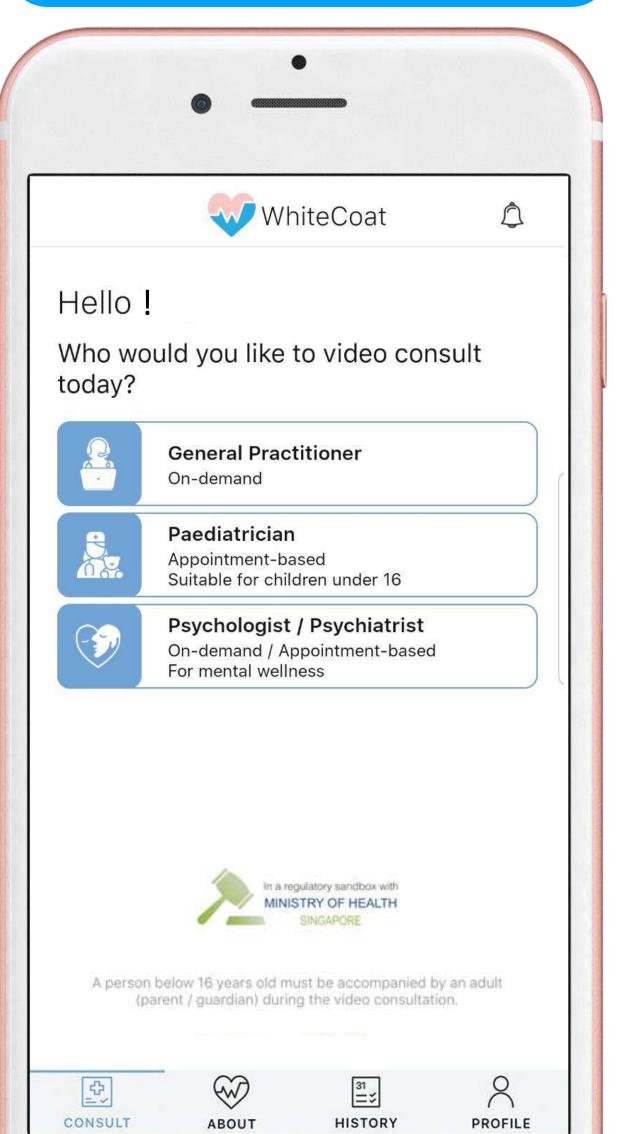
- Bereavement and grief
- Geriatric psychology
- Workplace bullying
- Relationship and marital difficulties
- Other mental disorders

## WhiteCoat Entitlements

Category	Type	Visits	Cost Cap	Cashless	Coverage
Outpatient	Telemedicine	Unlimited	Unlimited	Υ	<ul> <li>Employee</li> </ul>
					<ul> <li>Eligible dependant</li> </ul>
Specialist	Paediatrician	Unlimited*	Unlimited*	ΥΛ	<ul> <li>Eligible dependant</li> </ul>
	Psychiatry	Unlimited*		Pay and Claim	<ul> <li>Employee</li> </ul>
	Psychology	Unlimited*			<ul> <li>Eligible dependant</li> </ul>

Diagnosis and medication exclusions apply. Please check with your HR for exclusions and limitations.

### As per policy design



<sup>\*</sup>Subject to your corporate plan; capped to combined overall Non-Panel Specialist limit.

<sup>^</sup>Applicable only for child 7-year-old and above (with referral letter) and below 7-year-old. Out-of-pocket expense will be incurred for child 7-year-old and above without referral letter.

# Operating Information



Teleconsults available from 8AM - 12AM daily



Monday - Sunday, incl. Public Holidays



Delivery available from 9AM - 3AM daily



contactus@whitecoat.global or send us an in-app enquiry