



Employee Health Check

MediBuddy – Wellness Partner

Bē
Jon Noorlander

Employee Health Check

- All regular employees are eligible to avail a Health Check-up once a year (i.e. 365 days from last availed Health check)
- Employees can avail this benefits after one month from the Date of Joining
- Employee's Health check cost is borne by Adobe
- Additional test for Women above 40 years – Mammogram (*New*)
- Introducing Home Sample Collection for the current year with Rapid Antibody Test and new inclusions (Vitamin B12, Vitamin D, Cardiac Marker, Cancer Marker & Immunity Profile)
- Employee's will have an option to choose one sponsored package either Center Visit Package Or Home Sample Package of their choice

Employee Health Check-up Package Details – Center Visit

Male
Haemogram
Hemoglobin, PCV, MCHC, MCV, MCHC, TLC, DLC, Peripheral Smear, Platelet Count, ESR
Biochemical Parameters
HBA1C
Uric Acid
Lipid Profile
Total Cholesterol, HDL, LDL, Triglycerides Screening, Ratio of Cholesterol/HDL
Cardiac Assessment
ECG
TMT
Kidney Assessment
Serum Urea
Serum Creatinine
Complete Urine Analysis
General Investigations
Blood Grouping and Rh Typing
Stool RE & ME
X-ray chest PA View
Ultrasound screening of the Whole Abdomen
Liver Function Test
Total Protein
Albumin
Globulin
A/G Ratio
SGPT
Alkaline Phosphates
SGGTP
Serum Bilirubin Total
Serum Bilirubin Direct
Consultations
Clinical evaluation, medical summary and advice by Internal Medicine (Male)
Lung Function
Lung Function Test

Mammogram is included for Female Above 40 years

Female
Haemogram
Hemoglobin, PCV, MCHC, MCV, MCHC, TLC, DLC, Peripheral Smear, Platelet Count, ESR
Biochemical Parameters
HBA1C
Uric Acid
Lipid Profile
Total Cholesterol, HDL, LDL, Triglycerides Screening, Ratio of Cholesterol/HDL
Cardiac Assessment
ECG
TMT
Kidney Assessment
Serum Urea
Serum Creatinine
Complete Urine Analysis
General Investigations
Blood Grouping and Rh Typing
Stool RE & ME
X-ray chest PA View
Ultrasound screening of the Whole Abdomen
Liver Function Test
Total Protein
Albumin
Globulin
A/G Ratio
SGPT
Alkaline Phosphates
SGGTP
Serum Bilirubin Total
Serum Bilirubin Direct
Consultations
Clinical evaluation, medical summary and advice by Internal Medicine (Male)
Lung Function
Lung Function Test
PAP Smear & Thyroid Profile

Employee Health Check-up Package Details – Home Sample Collection

MediBuddy Master Home Sample Package		
TESTS / Profiles	Parameters	
CBC-Comprehensive (20 Parameters)	HB	Absolute Neutrophil Count (ANC)- Calculated
	RBC	Absolute Lymphocyte Count (ALC)- Calculated
	WBC-TC	Absolute Monocyte Count (AMC)- Calculated
	WBC-DC	Absolute Basophils Count (ABC)- Calculated
	PCV	Platelet Distribution Width (PDW)- Calculated
	PLT	Mean Platelet Volume (MPV)- Calculated
	Mean Corpuscular Volume (MCV)-Calculated	Red Blood Cell Distribution width -SD (RDW-SD)-Calculated
	Mean Corpuscular Haemoglobin (MCH)-Calculated	Red Blood Cell Distribution width -CV (RDW-CV)-Calculated
	Mean Corpuscular Haemoglobin Concentration (MCHC)-Calculated	Platelet Larger Cell Ratio (P-LCR)-Calculated
	Absolute Eosinophil Count (AEC)- Manual & Calculated	Plateletcrit (PCT)-Calculated
Diabetic Screening -B (2 Parameters)	Blood Sugar-Fasting	HbA1c
Lipid Profile (7 Parameters)	Total Cholesterol	VLDL-Cholesterol
	Triglycerides	Total Cholesterol:HDL Ratio
	HDL-Cholesterol	VLDL Ratio
	LDL-Cholesterol	
Liver Function Test (11 Parameters)	Bilirubin-Total	Albumin/Globin Ratio
	Bilirubin-Direct	SGOT
	Bilirubin-Indirect	SGPT
	Total Protein	Alkaline Phosphatase
	Albumin	SGOT/SGPT
	Globin	
Kidney Function (7 Parameters)	Serum Urea	BUN/Creatinine Ratio
	BUN	Urea/Creatinine Ratio
	Creatinine	EGFR
	Uric Acid -Serum	
Thyroid Profile -Total (3 Parameters)	T3	T4
	TSH	
Vitamin B12	Vitamin B12	
Amylase	Amylase	
Immunity Profile	Iron	TIBC-Calculated (Iron+UIBC=TIBC)-Calculated
	UIBC	Transferrin Saturation-TS (Iron/TIBCx100=TS)-Calculated
Cancer Markers (PSA for Male/ CA 125 for Female)	Total Prostate Specific Antigen (TPSA)/ CA 125 (Ovarian Cancer Marker)	
Vitamin D Total	Total 25-OH Vitamin D Total	
Cardiac Markers	Hs-CRP	APOLIPOPROTEIN A1
	LIPOPROTEIN (A)	APOLIPOPROTEIN B

**Inclusive of
Rapid Antibody
Test**



Employee Health Check – Process Flow

Process Flow – Login with Okta

Sign In Page

Adobe

Corporate Authentication

User ID

Please enter a username

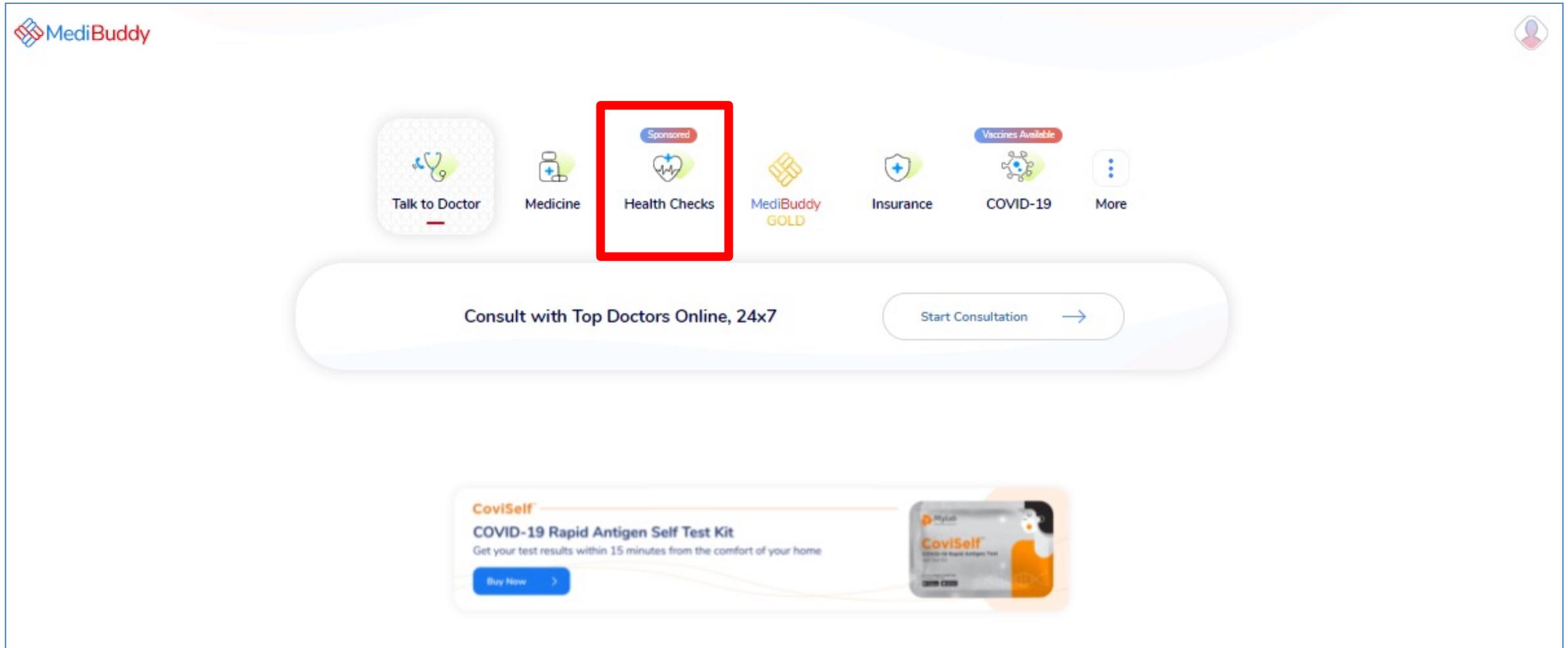
Corporate Account Password

Remember me

Sign In

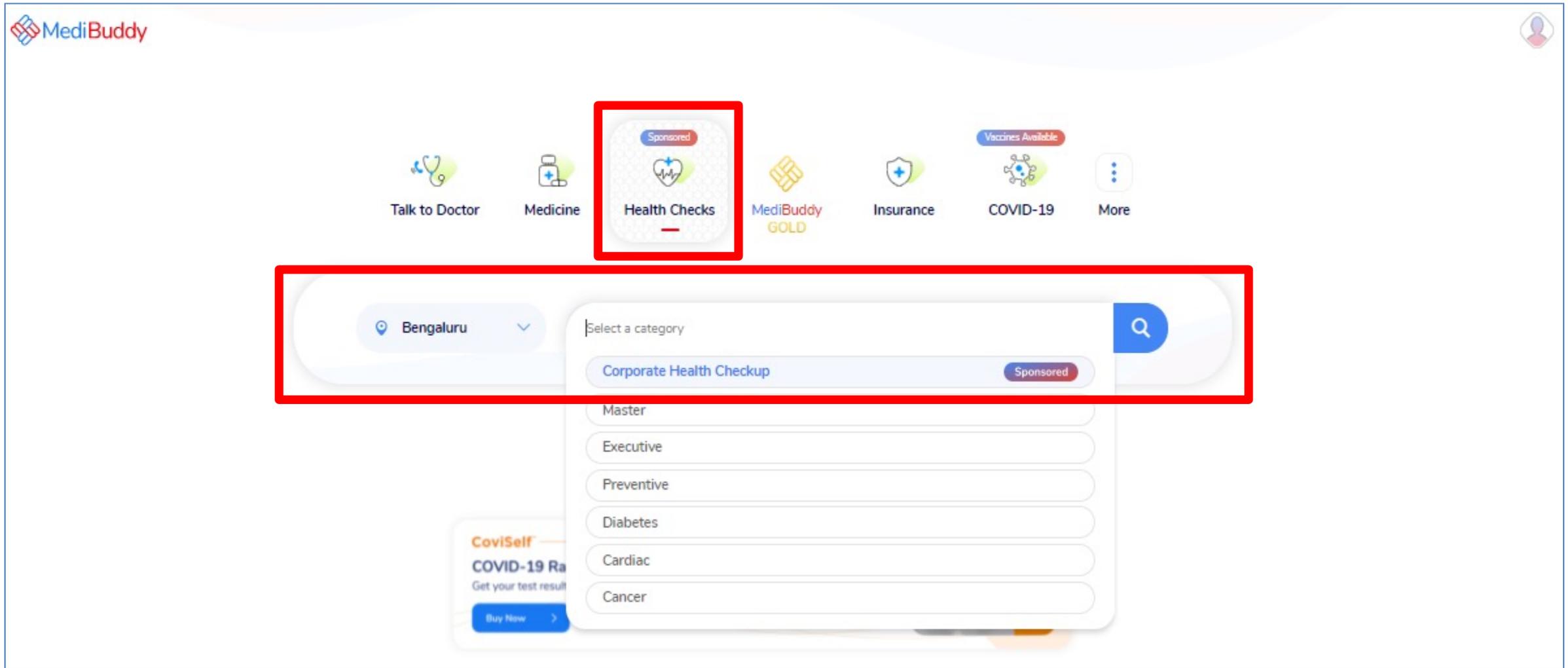
Need help signing in?

Home Page – Click on Employee Health Check



- Click **Heath Check Tab** from the outpatient services listed to avail Health Check

Home Page – Click on Employee Health Check



- Click **Heath Check Tab** from the outpatient services listed to avail Health Check
- Click **Location** to choose your city and Click **Corporate Health Checkup**

List of Packages – Adobe Specific & General Packages

Adobe Specific Health Check –up Packages (For Employees)

- Adobe Master Health Check Package – Male
- Adobe Master Health Check Package – Female
- Adobe Master Health Check Package – Female Above 40 years
- MediBuddy Master Home Sample Collection Package with COVID Antibody Test

Select a Health Check Package for self by clicking on **View Package** & proceed with the booking

Note: The package reflecting here will display for your dependents bearing the cost on your own – In Slide number 15 it will give you an option to add them by just one click **ADD TO CART**

Adobe

Why should you book a Health Check? It's sponsored by Adobe Systems India Private Limited, and is...

- Your biggest catch: Detect early signs of ailments, and take preventive measures.
- A wise move: Detect existing issues in time, and increase the chances for treatment.

Adobe One COVID Antibody Included

MediBuddy Master Health Check Package Male + Rapid Antibody Test

Package Lab Tests 58 Consultations --

Home Sample Only

₹ 0 Free

View Package

Adobe One COVID Antibody Included

Adobe Master Health Check Package - Male

Package Lab Tests 27 Consultations 2

₹ 0 Free

View Package

Home Sample Packages

Test Adobe COVID Antibody Included

MediBuddy Master Health Check Package Male ...

Package Lab Tests 58 Consultations --

Home Sample Only

₹ 4602 Payable

View Package

Abhinav D COVID Antibody Included

MediBuddy Master Health Check Package Male ...

Package Lab Tests 58 Consultations --

Home Sample Only

₹ 4602 Payable

View Package



Home Sample – Process Flow



Home Sample Package – Booking Process

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[View Package](#)

Adobe One

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Home Sample Packages

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[View Package](#)

Abhinav D COVID Antibody Included

MediBuddy Master Health Check Package Male ...

Package Lab Tests: 58 Consultations: --

Home Sample Only

₹ 4602 Payable

[View Package](#)

- Click **View Package** to proceed with Home Sample Package

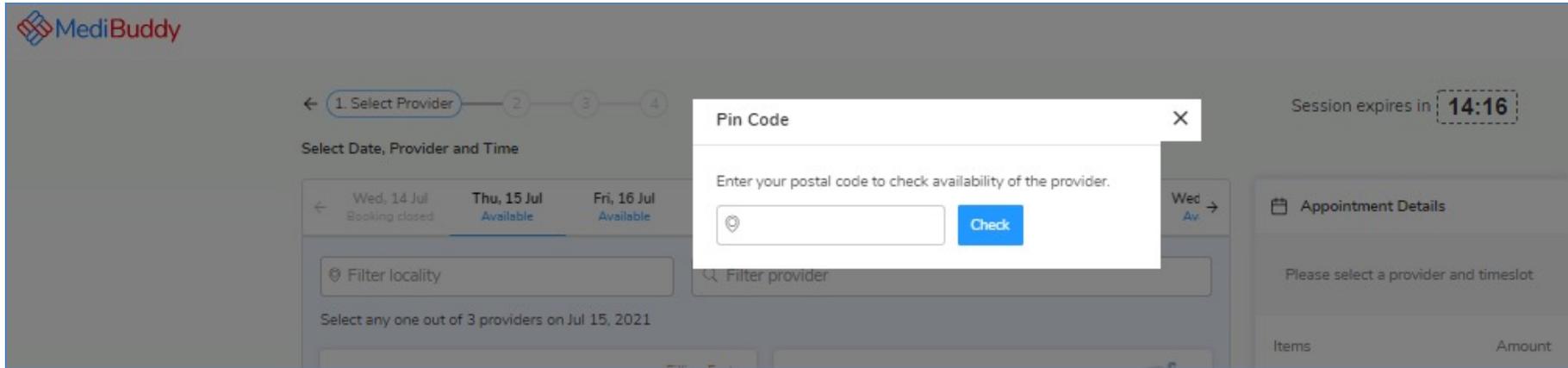
Appointment Booking Screen

The screenshot shows the MediBuddy interface for booking an appointment. At the top left is the MediBuddy logo. Below it is a breadcrumb trail: Health Check > Annual Health Check > MediBuddy Master Health Check Package Male + Rapid Antibody Test. The user's profile, 'Adobe One', is shown with their name and the package name. A red box highlights the 'Payable Amount ₹0' and the 'Book Appointment' button. Below this, another red box highlights a grid of 12 lab test categories: Bio Chemistry (9 Tests), Haematology (7 Tests), Haemogram (12 Tests), Iron studies (1 Test), Kidney Function Test (7 Tests), Lipid profile (9 Tests), Liver Function Test (7 Tests), Others (5 Tests), Thyroid Profile (1 Test), and COVID-19 (1 Test). To the right of the tests is an 'Important Instructions' section with two bullet points: 'Do not eat or drink' (Do not eat or drink at least 10 – 12 hours prior to the check-up) and 'Avoid smoking' (Kindly avoid smoking 5 – 12 hours prior to the health check-up). A red arrow points from the 'COVID-19' test icon to the 'Avoid smoking' instruction. At the bottom of the instructions is a 'View All Instructions' link.

- Click **Book Appointment** Tab to avail your sponsored Health Check

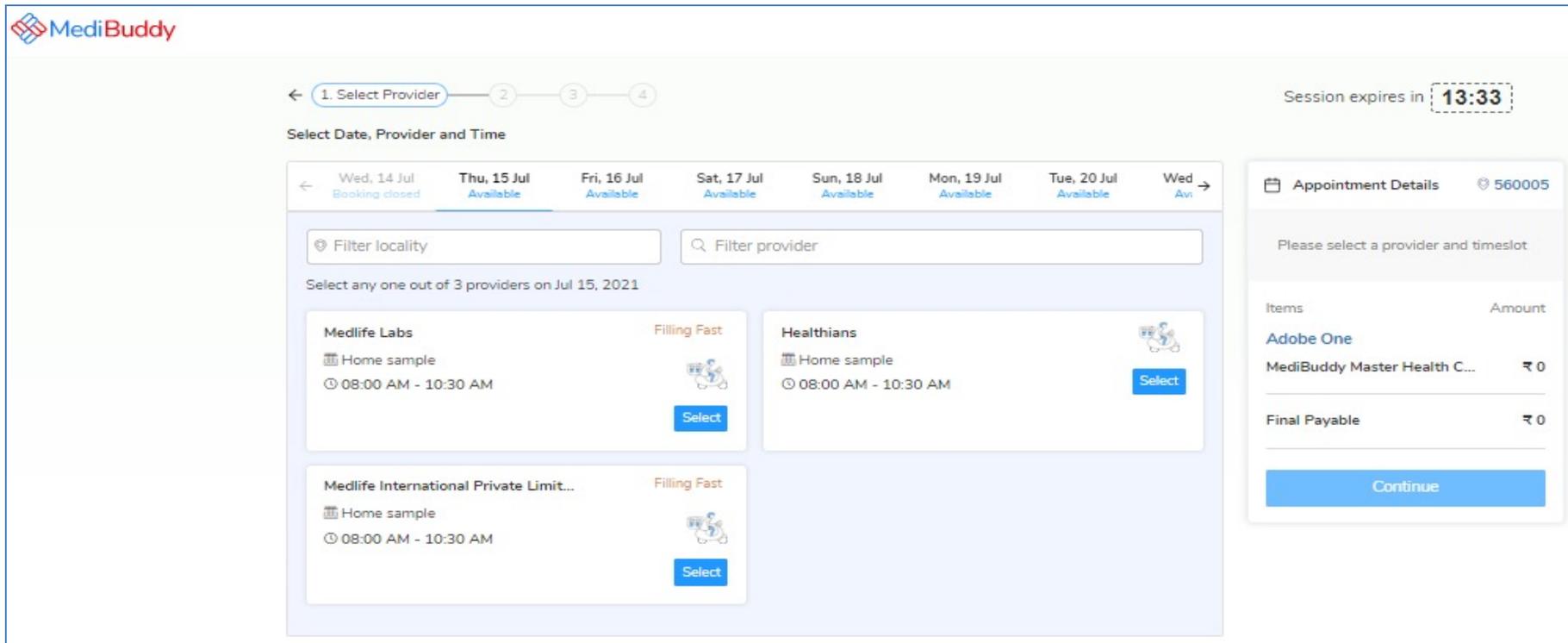
Note: By clicking on Lab Test, you will see the details of the tests.

Postal Code Availability



- Enter your postal code to check with availability of sample collection at your city

Note: Any postal code drop outs will be picked by internal IT team to empanel centers in those cities. As an alternative you can choose center visit package or wait for the team to check for the options to empanel home sample at your postal code



Note: By clicking on Lab Test, you will see the details of the tests.

Selection of Date & Time

The screenshot displays the MediBuddy appointment booking process. At the top left is the MediBuddy logo. A progress indicator shows four steps: 1. Select Provider (active), 2, 3, and 4. A timer indicates the session expires in 07:30. The main heading is "Select Date, Provider and Time". A date navigation bar shows dates from Wednesday, July 14 to Wednesday, July 21. The date July 17 is selected and highlighted with a red box. Below the date bar are filters for "Filter locality" and "Filter provider". A large red box highlights the provider selection area, titled "Select any one out of 3 providers on Jul 17, 2021". It lists three providers: Medlife Labs (marked "Not Available"), Healthians, and Medlife International Private Limited. Each provider card shows "Home sample" and a time slot of "08:00 AM - 10:30 AM". A "Select" button is present for Healthians and Medlife International Private Limited. A modal window is open over the Healthians card, titled "Select slot for Home sample collection on Jul 17, 2021". It contains a yellow warning box: "Please expect a delay of up to 1 hour for sample collection due to current high volumes." Below the warning are radio button options for time slots: 08:00 AM, 08:30 AM, 09:00 AM, 09:30 AM, 10:00 AM, and 10:30 AM. On the right side, the "Appointment Details" section shows ID 560005 and a message "Please select a provider and timeslot". Below this is a table with columns "Items" and "Amount":

Items	Amount
Adobe One	
MediBuddy Master Health C...	₹ 0
Final Payable	₹ 0

A red box highlights a blue "Continue" button at the bottom of the appointment details section.

- Select **Date & Time** for Health check appointment booking
- Click **Continue** to proceed with placing the order

Confirming Appointment and Adding Cart Option

The screenshot displays the MediBuddy app interface during the appointment booking process. At the top, a progress bar shows four steps: 1. Add Health Check, 2. Add Family (current step), 3. Add Appointment, and 4. Confirm Appointment. A session timer indicates 'Session expires in 02:17'. The main content area is divided into two sections. The top section, 'Added to Cart', shows a summary for 'Adobe One' with the package 'MediBuddy Master Health Check Package Male + Rapid Antibody Test', including 'Package Lab Tests' (58) and 'Consultations' (0). The bottom section, 'Recommended Packages', lists the same package for 'Test Adobe' and 'Abhinav D'. Each package entry includes a 'View Description' link, a price of ₹ 4602 Payable, and an 'Add' button. A red box highlights the 'Add' button for the 'Test Adobe' package, and a red arrow points from it to the 'Continue' button in the 'Appointment Details' sidebar on the right. The 'Appointment Details' sidebar shows the appointment for 'Sat, 17 Jul at 08:30 AM' and a 'Continue' button. The bottom right corner of the app shows 'Act Go to'.

- You will have option to book the same package for your dependents with **Add** to Cart option on self pay bases
- Proceed with **Continue** button to book the health check

Confirming of Details & Address

← 1 2 3 4. Contact Info 5

Session expires in **14:03**

Contact Information

Mobile: 9999999999

E-mail ID: adobe1@adobe.com

Home Sample Collection Address (* only available within selected city)

Test, Test, Bangalore - 560005

Manage address book

Appointment Details 560005

Medlife Labs Remove

Home sample collection

Mon, 19 Jul at 08:30 AM

Items	Amount
Adobe One	
MediBuddy Master Health C...	₹ 0

Final Payable ₹ 0.00

Confirm Booking

- Enter your **Details & Update Home Address** for Sample Collection
- Click **Confirm Booking** for placing a order

MediBuddy | Adobe

✓ Health Check has been placed Successfully

View order detail

Appointment Details

Order placed on: 13 Jul, 2021

Home Sample Collection

Venue : Test, Test, 560005, Bengaluru

Date & Time : Monday, July 19 at 8:30 AM

Note: Post Sample collection you will receive reports within 3 business days

You can use MB Gold teleconsultation platform for free doctor consultation – Select option **Lab Report Analysis** to avail free consultation



Center Visit – Process Flow

Hospital / Center Visit Package Booking Process

Adobe

Why should you book a Health Check? It's sponsored by Adobe Systems India Private Limited, and is...

- **Your biggest catch:** Detect early signs of ailments, and take preventive measures.
- **A wise move:** Detect existing issues in time, and increase the chances for treatment.

Adobe One COVID Antibody Included

MediBuddy Master Health Check Package Male + Rapid Antibody Test

Package Lab Tests: 58 Consultations: --

Home Sample Only

₹ 0 Free

[View Package](#)

Adobe One COVID Antibody Included

Adobe Master Health Check Package - Male

Package Lab Tests: 27 Consultations: 2

₹ 0 Free

[View Package](#)

Home Sample Packages

Test Adobe COVID Antibody Included

MediBuddy Master Health Check Package Male ...

Package Lab Tests: 58 Consultations: --

Home Sample Only

₹ 4602 Payable

[View Package](#)

Abhinav D COVID Antibody Included

MediBuddy Master Health Check Package Male ...

Package Lab Tests: 58 Consultations: --

Home Sample Only

₹ 4602 Payable

[View Package](#)

- Click **View Package** to proceed with center booking

Appointment Booking Screen

MediBuddy | Adobe

← Health Check > Annual Health Check > Adobe Master Health Check Package - Male

Test642
Adobe Master Health Check Package - Male

Payable Amount ₹ 0
Book Appointment

27 Lab test(s) in this package

- Bio Chemistry 1 Test
- Cardiac Profile 2 Tests
- Haemogram 2 Tests
- Kidney Function Test 4 Tests
- Lipid profile 5 Tests
- Liver Function Test 9 Tests
- Others 2 Tests
- Radiology 2 Tests

2 Consultation(s) in this package

- Clinical evaluation
- Internal Medicine Consultation

Important Instructions

- Do not eat or drink
Do not eat or drink at least 10 – 12 hours prior to the check-up
- Avoid smoking
Kindly avoid smoking 5 – 12 hours prior to the health check-up

View All Instructions

- Click **Book Appointment** Tab to avail your sponsored Health Check

Note: By clicking on Lab Test, you will see the details of the tests.

Appointment Booking Screen – Selection of Center, Date & Time

The screenshot displays the MediBuddy appointment booking interface. At the top left, the MediBuddy and Adobe logos are visible. A progress indicator shows three steps: '1. Select Provider' (active), '2.', and '3.'. A session expiration timer shows '08:27'. Below the progress indicator, the text 'Select Date, Provider and Time' is present. A date selection bar highlights the dates from Sunday, 09 May (Unavailable) to Sunday, 16 May (Unavailable), with Monday, 10 May through Saturday, 15 May marked as 'Available'. Below the date bar are two filter input fields: 'Filter locality' and 'Filter provider'. A message states 'Select any one out of 17 providers on May 11, 2021'. The main area contains a grid of provider cards for 'The Apollo Clinic' at various locations: Koramangala, Basavanagudi, Sarjapur Road, and Indiranagar. Each card includes the location name, address, and a 'Select' button. A modal window is open over the Basavanagudi card, titled 'Select slot for Center visit on May 11, 2021', showing a grid of time slots from 08:00 AM to 10:30 AM. On the right side, the 'Appointment Details' section shows a table with one item: 'Test642' with an amount of ₹ 0. Below the table, the 'Total payable' is ₹ 0. A blue 'Continue' button is located at the bottom of the details section.

- Select **Date, Center & Time** for Health check appointment booking
- Click **Continue** to proceed with placing the order

Order Confirmation Details

✔ Your Health Check has been placed Successfully !!

📅 Appointment Details

Order placed on: 23 Nov, 2020

[View order detail](#)

Book health checkups for
you and your family
members

[Browse](#)

Center Visit

Venue : The Apollo Clinic, apollo clinic, plot no. 74/1, bellandur ring road, varthur, east, bellandur ,bangalore

Date & Time : Wednesday, November 25 at 12:00 PM

Home Sample Collection

Venue : Test, Test, 560005, Bengaluru

Date & Time : Wednesday, November 25 at 7:00 AM

Order details

Annual Health Checkup - New Appointment Request

Order ID: 4023153

Order placed on

23 Nov 2020

MAHS- Advance Health Check Package - Male

The Apollo Clinic

Apollo Clinic, Plot No. 74/1, Bellandur Ring Road, Varthur, East, Bellandur ,Bangalore

Home sample collection address

Test, Test, 560005, Bengaluru

Appointment

For: Self Seven

Home sample collection : 25 Nov 2020 - 07:00 AM

Center visit : 25 Nov 2020 - 12:00 PM

[Go to your orders](#)

[Home](#)

- Once your order is confirmed with the chosen provider, you will see this screen - **Your order placed successfully**
- If you wish to Reschedule / Cancel your appointment immediately, Click on **View Order Details**
- Click **Go to your Orders**

Reschedule / Cancellation of an Appointment

A

My Orders

View as Timeline

Total orders: 2 All orders

Ordered	Order ID
20-Nov-2020	4013168

Product: [Advance Health Check Package - Male](#) Order Details

Status: **New Appointment Request**

Appointment Date: 23-Nov-2020 Reschedule Order

Patient Name: Self Seven

Ordered	Order ID
20-Nov-2020	4011792

Product: [Advance Health Check Package](#)

Status: **Cancelled**

Appointment Date: 25-Nov-2020

Patient Name: Self Seven

Select your preferred appointment date and time

Tomorrow 21 Nov Booking closed Sun 22 Nov **Mon 23 Nov Available** Tue 24 Nov Available Wed 25 Nov Available Thu 26 Nov Available Fri 27 Nov Available

08:00 AM 08:30 AM 09:00 AM 09:30 AM 10:00 AM 10:30 AM

- Employee may **Reschedule or Cancel** the appointment under **My Orders**
- Employee will receive an intimation again via SMS and Email on the new Appointment created or appointment Cancelled
- Upon confirmation of appointment employee will receive an email with the subject - **Your Appointment Confirmation Letter**
- Employee needs to carry a copy of this letter to the centre on the date of appointment with a Government ID Proof like – Aadhaar Card, Voters ID, Driving License etc.

Reschedule / Cancellation of an Appointment

B

My Orders

View as  Timeline

Total orders: 2 All orders ▾

Ordered	Order ID
20-Nov-2020	4013168

Product	Advance Health Check Package - Male	Order Details
Status	New Appointment Request	Reschedule Order
Appointment Date	23-Nov-2020	Cancel
Patient Name	Self Seven	

Ordered	Order ID
20-Nov-2020	4011792

Product	Advance Health Check Package
Status	Cancelled
Appointment Date	25-Nov-2020
Patient Name	Self Seven

Would you like to reschedule?

Reschedule Order

Or,Cancel your order.

I have booked another appointment on Medii ▾

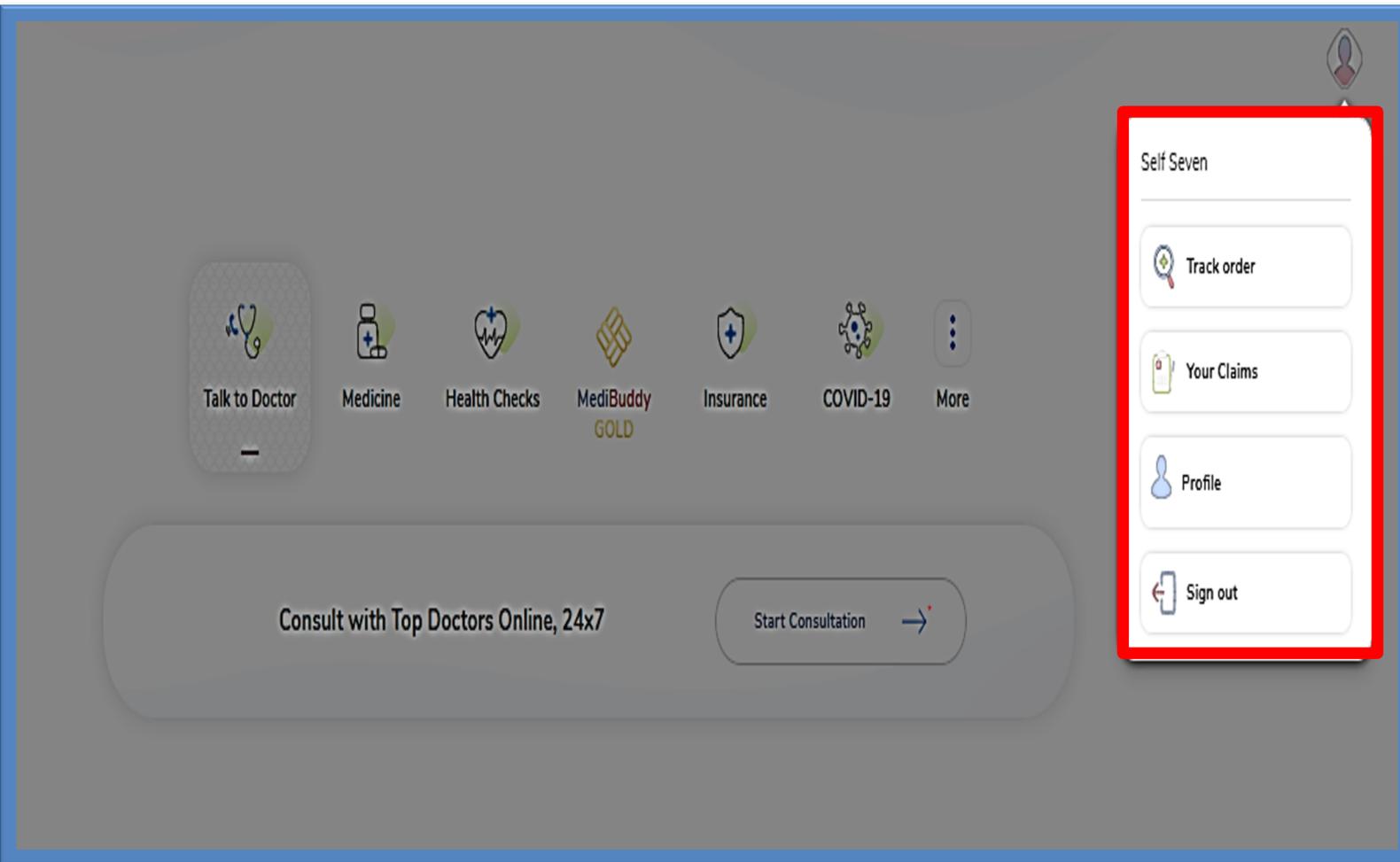
Enter your remark

Confirm Cancel

- Employee may **Reschedule or Cancel** the appointment under **My Orders**
- Employee will receive an intimation again via SMS and Email on the new Appointment created or appointment Cancelled
- Upon confirmation of appointment employee will receive an email with the subject - **Your Appointment Confirmation Letter**
- Employee needs to carry a copy of this letter to the centre on the date of appointment with a Government ID Proof like – Aadhaar Card, Voters ID, Driving License etc.

Reschedule / Cancellation of an Appointment

C



If an employee logs out of Medi Buddy portal, and wishes to Reschedule / Cancel his appointment later one has to re-login through **MediBuddy** Icon and Click on Self Icon and Select **Track Order**

Any changes done on the Infiniti portal section, employee will get an SMS and an email notification on the registered mobile number and email id provided

An appointment can be rescheduled for not more than two times during the policy period

Appointment Request & Escalation Matrix

Post successful booking, you will receive the below details;

- Booking confirmation mail to your official email Id
- SMS confirmation on your provided mobile number

Escalation Matrix:

Level 1: Customer Support

Email: adobeopd@medibuddy.in

Phone #: 99999 91555

Level 2:

Name: Vignesh RM

Email: p.vignesh@medibuddy.in

Phone #: 89718 45177

Level 3:

Name: Suma MN

Email: suma.mn@medibuddy.in



Adobe