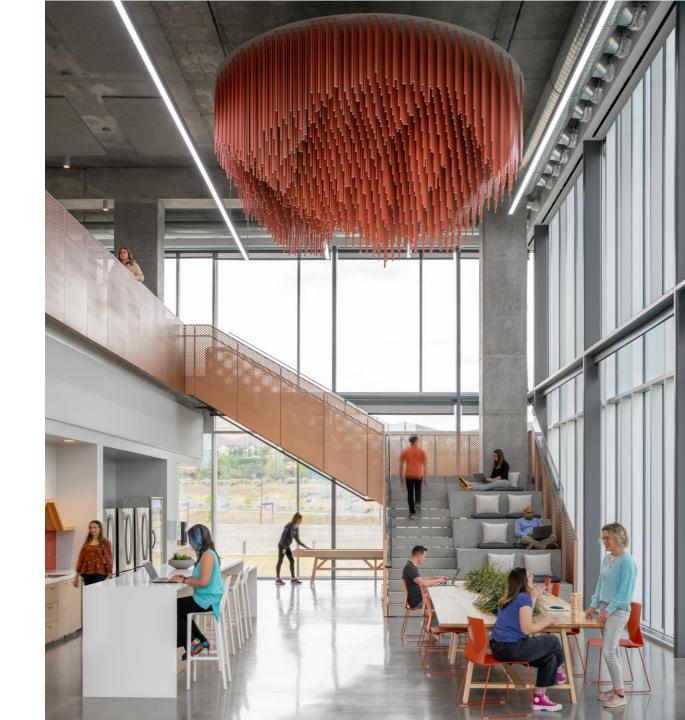
# **Global Wellbeing Strategy 2024**

# Our vision...

Employee wellbeing is a foundational business driver and key to Adobe's culture.

Prioritizing wellbeing is essential to caring for our business and employees and is core to how we perform and build resilience.

Wellbeing is part of our mindset.



### What do we care about?

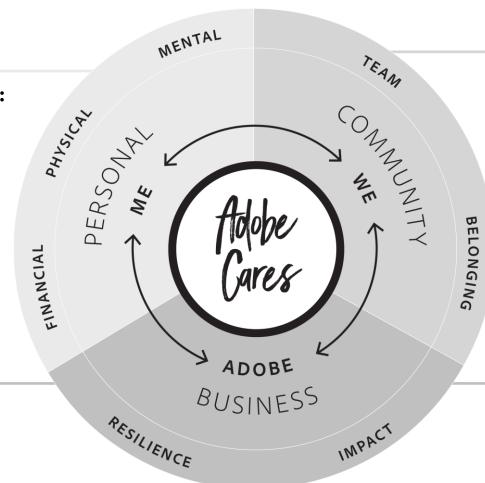
We define our core areas of wellbeing as:

#### PHYSICAL, MENTAL, FINANCIAL:

nurture the body, the mind and support financial health

**PHYSICAL:** Bon Appetite, EXOS, Ergo team

**MENTAL:** ERC, Safety & Security **FINANCIAL:** Compensation



#### TEAM:

foster trust, psychological safety within our collaborative work relationships

Site Councils, People Managers

#### **BELONGING:**

support employees with common interests, D&I initiatives, social networks and communities

D&I, Employee Networks, Site Councils, employee communities, Events team

#### **RESILIENCE:**

support our business and drive innovation in the face of change

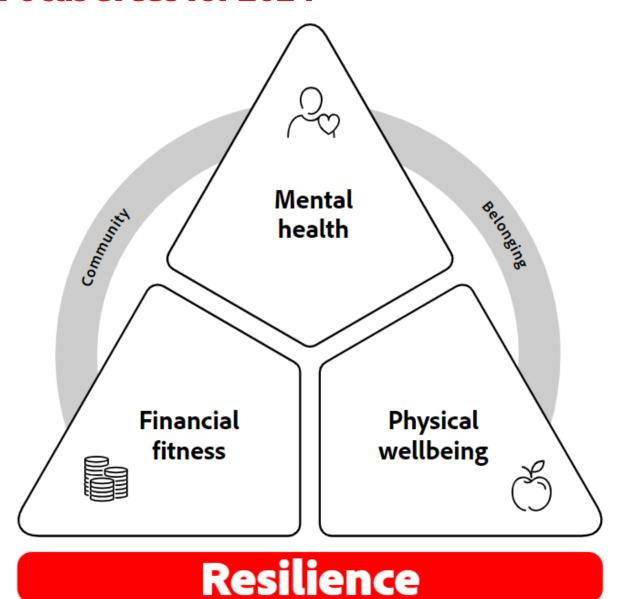
Talent, People m\Managers

#### **IMPACT:**

support programming with our sustainability and social responsibility teams

Sustainability & CSR teams

### Focus areas for 2024



### **Highlighted personas**

- Managers
- New Employees
- Caregivers

# **2024 Global Wellbeing themes**

All quarters support the theme that being resilient builds inner strength, boosts confidence, and strongly influences our success.

#### January - March

# Commit to your wellbeing

Be intentional about how you approach your wellbeing goals in 2024.

- Introduce micro-steps
- Prioritize mental, physical, and financial wellbeing
- Set goals in work and life

#### **April** – June

# Focus on personal growth and self-care

Understanding yourself and practicing self-care can help you achieve your goals and reach your highest potential.

- Care for your mental and physical wellbeing
- How can you grow and learn about yourself?
- Accepting feedback

#### July - September

#### **Get set for success**

Prioritizing what's most important leads to a sense of accomplishment, less stress, and increased motivation.

- Recharge by taking time off
- Set yourself up for success ahead of the busy season
- Create a routine that includes self care
- Check in on your retirement and savings plans
- Support your team

#### October - December

# Make connections and build community

Connecting with each other in meaningful ways allows us to be our true selves, find support, and increases our sense of wellbeing.

- Observe World Mental Health Day
- Build meaningful connections
- Participate in philanthropic and community activities

## 2024 Wellbeing benefits, resources, and activities

#### **Mental health**

#### Global

- Wellbeing Matters speaker series
- Thrive Global
- Employee Assistance Program (EAP)
- Medical plan benefits
- Headspace
- Global Wellbeing Days
- Time off benefits

### Physical wellbeing

#### Global

- Wellbeing Matters speaker series
- Wellbeing Reimbursement
- Nutrition resources
- Flu prevention

#### **Financial fitness**

#### Global

- Refreshed Financial Wellbeing strategy
- ESPP
- Financial Wellbeing Matters speakers
- Regional financial wellbeing events

# Community & belonging

#### Global

- Let's Talk sessions
- Wellbeing pop-up events
- Employee Networks
- AFA events
- Giving & volunteer opportunities
- Slack communities
- Adobe Life app
- Wellbeing Ambassadors

