

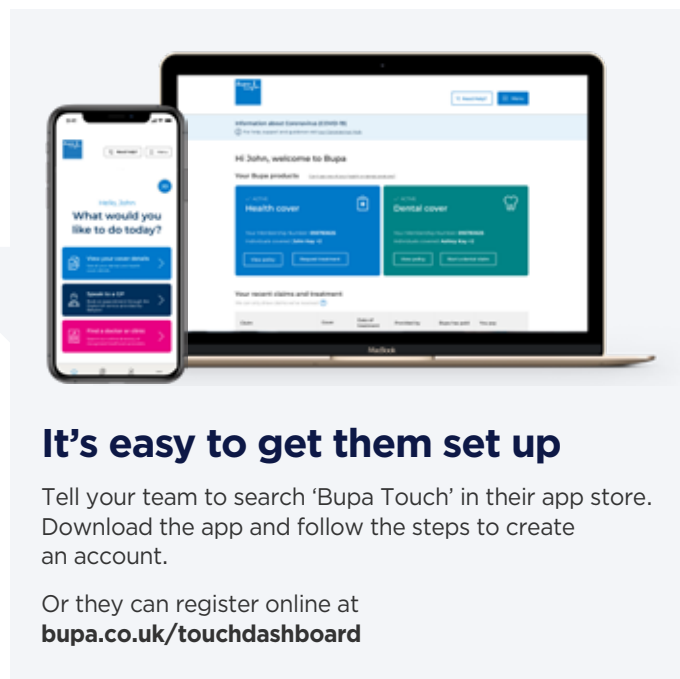
Easy access to cover, GPs and more with Bupa Touch



Helping your team make the most of their health cover

Bupa Touch is the home of your employees' health cover. They can manage their cover, stay on top of their claims and get easy access to all their wellbeing benefits. In-app or online.

Download Bupa Touch from the App Store or Google Play



It's easy to get them set up

Tell your team to search 'Bupa Touch' in their app store. Download the app and follow the steps to create an account.

Or they can register online at bupa.co.uk/touchdashboard



Book digital GP and physio appointments

Unlimited access to GPs and physios, seven days a week. Plus a private prescription ordering service.



Request treatment at any time

Employees can use Bupa Touch to ask for help or to see a consultant. There's no need to phone and they don't always need a GP referral.*



Chat to a nurse 24 hours a day

Whatever is keeping them awake, employees can speak to our nurses anytime, 365 days a year.



See all cover details and documents

Employees can see exactly what they're covered for at a glance, make changes quickly and see their claims history.

More things Bupa Touch can do

- ✓ Employees can manage their cover online, anytime
- ✓ Reach our team quickly through Live Chat
- ✓ Search 100's of health information articles
- ✓ Access mental wellbeing programmes with SilverCloud
- ✓ Access Family Mental HealthLine
- ✓ Find a Bupa recognised doctor or clinic

*Any onward referrals for consultations, tests or treatment are subject to the benefits and exclusions of your cover. Please check your guide and certificate for further details or contact us to check your eligibility.