



Published on *Adobe Benefits* (<https://benefits.adobe.com>)

[Home](#) > [Benefits enrollment](#) > Interning at Adobe

Interning at Adobe

Welcome to the team!

Adobe is a place for exceptional people—and exceptional experiences. Our University Talent Intern Program is designed to provide you with practical job-learning experience to help you develop your career.

The University Talent’s [intern survival kit](#) [1]—which covers everything from the Adobe Intern Facebook page to how to fill out a timecard—is another available resource to help you be successful.

Interns are eligible for the following benefits:

- [Holiday Pay](#) [2] [PDF]: Enjoy pay for certain holidays.
- [Time Away](#) [3] [PDF]: Up to 10 paid days of sick time
- [Employee Assistance Program \(EAP\)](#) [4]: Up to six free counseling sessions per life management issue each year
- [Fitness Benefits](#) [5]: Access to onsite gyms and Wellness Reimbursement Program
- [Voluntary Disability Insurance \(VDI\)](#) [6]: Available if you are a California intern
- Medical Benefits: Adobe offers a medical plan option to Interns working 24+ hours per week after a 90-day waiting period. If eligible, you will receive an email on your 91st day of employment with instructions on how to enroll. At that time, you may enroll yourself and your eligible dependents in the [Aetna HealthSave Basic](#) [7] [PDF] medical plan ([see cost](#) [8]) or you may waive Adobe medical coverage and receive \$25 per paycheck as additional regular earnings (a “waiver credit”). Call 855.898.4218 or email adobebenefits@conduent.com [9]
- [Retirement Plan](#) [10]: Company matching contributions
- [Employee Purchase Program](#) [11]: Discount purchase program for Adobe products
- [Fitness Benefits](#) [5]: Access to onsite gyms and Wellness Reimbursement Program
- [Sustainability & Social Impact](#) [12]: Volunteer service and charitable donations
- [Workers’ Compensation](#) [13]: Work-related injury/illness program
- [Commuter Benefits](#) [14]: Inexpensive and environmentally-friendly
- Adobe meetings and events

For more details on intern benefits, review the [Intern Benefits Summary](#) [15] [PDF], and the [Adobe Benefit Program Eligibility Chart](#) [16] [PDF].

Source URL: <https://benefits.adobe.com/benefits-enrollment/interning-adobe>

Links

[1] <https://benefits.adobe.com/node/148?width=400&height=100>

[2] <https://benefits.adobe.com/document/746>

[3] <https://benefits.adobe.com/document/662>

[4] <https://benefits.adobe.com/perks-and-other-benefits/personal-and-family-services>

[5] <https://benefits.adobe.com/health-and-wellness/use-wellness-resources>

- [6] <https://benefits.adobe.com/financial-and-survivor-benefits/disability-coverage#VDI>
- [7] <https://benefits.adobe.com/document/1636>
- [8] <https://benefits.adobe.com/health-wellness/paying-health-care#14Medical>
- [9] <mailto:adobebenefits@conduent.com>
- [10] <https://benefits.adobe.com/financial-and-survivor-benefits/401k-plan>
- [11] <http://sso.adobe.com/go/epp>
- [12] <https://benefits.adobe.com/perks-and-other-benefits/discounts-corporate-responsibility-and-awards>
- [13] <https://benefits.adobe.com/financial-and-survivor-benefits/work-illness-or-injury>
- [14] <https://benefits.adobe.com/perks-and-other-benefits/commuter-benefits>
- [15] <https://benefits.adobe.com/document/598>
- [16] <https://benefits.adobe.com/document/596>